WATERLOO CENTRAL SCHOOL DISTRICT

PreK-12 School Counseling Comprehensive Plan

Updated June 2025

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DEFINE

Mission, Vision, Beliefs, Goals

Waterloo Central School District Vision and Mission Statement

All Students. All Staff. One Family

The **MISSION** of the Waterloo Central School District is to put kids first every day. We support each student on a personalized journey to realize their goals. Our caring community develops learners and leaders.

Waterloo School Counseling Mission Statement

The MISSION of the Waterloo School Counseling Program is to provide services that ensure an opportunity for all students to learn and develop to their fullest potential. The program is pro-active and preventative in its approach. More specifically, the school counseling program helps facilitate and enhance academic, career, social and personal development of all students. The school counseling program is inclusive and encompasses many school professionals including school psychologists, school social workers, and school counselors. As a result of the collaborative nature of the school counseling program, the team will be referred to as the Counseling and Student Support Services Team.

School Counseling Vision Statement

The VISION of the Waterloo School Counseling Program is that every student will be given the opportunity to acquire the academic, career and personal/social skills to reach their fullest educational potential and successfully manage their lives as healthy, responsible, competent and productive citizens who respect themselves and others.

School Counseling Goals

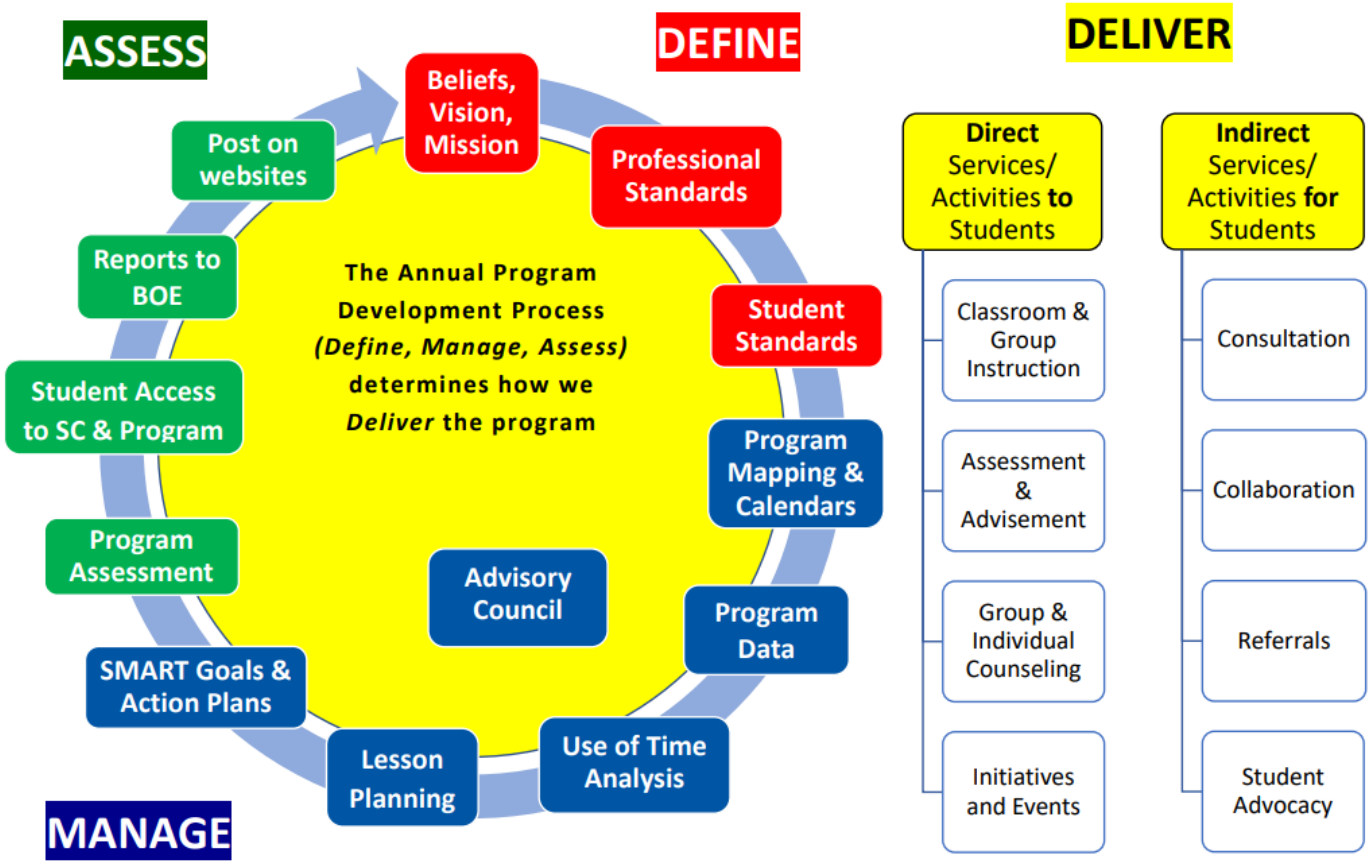
- To foster student achievement for EVERY student
- To implement a school counseling program which is data-driven, proactive, prevention-based, developmentally appropriate and supports school improvement.
- To promote and enhance the social and emotional competencies of all students.
- To increase student connectedness in Waterloo as measured by a decrease in percentage of students within the “high-risk” range according to SAEBRS data collection.

Waterloo Board of Education Goals

Board of Education Goals for the 2024-2025 School Year:

- **Improving Academic Achievement**
- **Community School Initiative**
- **Collaboration with Agencies**
- **Staff Wellness and Retention**
- **Professional Learning Opportunities**
    - **Mental Health Trainings**
    - **SEL Implementation**
    - **Bullying Prevention**
    - **Fostering Empathy**

NYS Comprehensive School Counseling Program Annual Program Development Process:



New York State School Counselor Association © 2020

COMPONENTS OF THE ASCA MODEL

The standards that define the school counseling profession are professional standards and student standards. They are included in the DEFINE component of the ASCA National Model and guide the work that school counselors do. They help school counselors determine the knowledge, attitudes and skills they want students to learn by their participation in the school counseling program.

To view individual standards, use the links below:

STUDENT STANDARDS – ASCA MINDSETS & BEHAVIORS

SCHOOL COUNSELOR PROFESSIONAL STANDARDS AND COMPETENCIES

NEW YORK STATE STANDARDS

To view individual standards, use the links below:

NEW YORK STATE HEALTH, PHYSICAL EDUCATION AND FAMILY CONSUMER SCIENCES

NEW YORK STATE CAREER AND OCCUPATIONAL STUDIES STANDARDS

NEW YORK STATE NEXT GENERATION STANDARDS

Social Emotional Learning (SEL) | New York State Education Department

MANAGEMENT

Advisory Council, Time Analysis, Professional Responsibilities, Monthly Calendars

Advisory Council

The role of the advisory council is to provide stakeholders with the opportunity to review, advise on, and support implementation of the school counseling plan and program. Membership of the advisory council will be representative of the school community and shall include school employees, students, community members, and parents. The Advisory Council will meet twice yearly to review the Waterloo Central School District Counseling Plan. Meeting minutes and a copy of the presentation will be shared via the school website.

Time Analysis

All WCSD School Counselors will log a time analysis sheet three times yearly minimally. This data will be used to analyze time spent on direct student services, indirect student services, program management, and school support. ASCA (American School Counselor Association) National Model recommends 80% of the time in direct and indirect services to students.

Professional Responsibilities

The following comprehensive list includes professional responsibilities that support students indirectly. These are not direct services but enhance the learning academically, socially, and emotionally of our students, staff, families, and community.

1. Academic Development
    - Active member on Multi-Tiered Systems of Support team (MTSS)
    - Active member of the Committee on Special Education/504 Committee. (PK-12)
    - Participate in Parent-Teacher Conferences (PreK-12)
    - Attend Open House (PreK-12)
    - Facilitate recommendations for advanced classes (6-8)
2. Career Development
    - Schoolwide displays highlighting careers (PreK-2)
    - Career Exploration Classroom Lessons (K-5)
    - Participate in district "College Tuesday" program (PreK-12)
    - Career Assessments (9-12)
    - NYS Career Plan (9-12)
    - Weekly Career Center Connection Newsletter to Families (9-12)
    - Career Assessments 8th grade classroom activities
    - Schoolwide displays highlighting careers and colleges (9-12)

3. Personal/Social Development:

    - Develop individual behavior charts, checklists, contracts and social stories (PreK-12)
    - Referral to community resource programs/outside agencies (PreK-12)
    - Collaborate with outside service providers (PreK-12)
    - Provide in-service trainings to staff on variety of topics (PreK-5)
    - Information to families on select topics of development and concerns (PreK-8)
    - Develop Functional Behavior Assessments (FBA) and Behavior Intervention Plans (BIP) (PreK-12)

4. Academic, Career and Personal/Social Development:

    - Communicate with parents through emails, phone, letters, home visits, Parent Square and newsletters. (PreK-12)
    - Regional Counselor Meetings (6-12)

Active members of many school committees:

- Attendance Team
- Trauma, Illness & Grief (TIG)
- Concussion Management
- Threat Assessment
- Positive Behavioral Interventions and Supports (PBIS) building committee
- Every Student Succeeds Act (ESSA) building committee
- MTSS Team

Monthly Calendars

Skoi-Yase Primary School Counseling Grades PreK-2

September

- Introduction of Schoolwide theme "BUCKET FILLING" to all PreK-2nd grade classes
- Assist with DASA (Dignity for All Students Act) student training
- Consultation with 3-5 LaFayette SSST members on new 3rd graders
- IEP, 504 & Behavior Plan review with staff
- Individual IEP counseling begins
- Mindful Minute - daily

October

- Attendance meetings begin
- Attendance Check ins
- Classroom lessons
- Ongoing individual counseling
- Review fall SAEBRS and mySAEBRS data and begin Fall SEL skills groups
- Mindful Minute - daily

November

- Attendance Check ins
- Ongoing individual counseling and small groups
- Mindful Minute - daily

December

- Attendance Check ins
- Classroom lessons
- Ongoing individual counseling and small groups
- Mindful Minute - daily

January

- Attendance Check ins
- Classroom lessons
- Ongoing individual counseling and small groups
- Mindful Minute - daily

February

- Attendance Check ins
- Classroom lessons
- Ongoing individual counseling and small groups
- Mindful Minute – daily
- Kindness Week

March

- Attendance Check ins
- Classroom lessons
- Ongoing individual counseling and small groups
- Mindful Minute – daily
- Review spring SAEBRS data and begin spring SEL skills groups

April

- Attendance Check ins
- Classroom lessons
- Ongoing individual counseling and small groups
- End of trimester review of DASA reports
- Mindful Minute - daily

May

- Attendance Check ins
- CDOS lessons for grades K-2
- Ongoing individual counseling and small groups
- Mindful Minute - daily

June

- Attendance Check ins
- Ongoing individual counseling
- Transition planning for 2nd graders to 3rd.
- Mindful Minute - daily
- Review end of year SAEBRS and mySAEBRS data

LaFayette Intermediate School Counseling Grades 3-5

September

- Classroom Lessons
- IEP, 504 and behavior plans are reviewed.
- DASA (Dignity for All Students Act) student training is completed in each class.
- Consultation with PK-2 SSST members on new 3rd graders
- Consultation with middle school SSST members on incoming 6th graders
- Individual and group IEP/504 counseling begins as well as new student groups

October

- Classroom lessons
- Ongoing individual and group counseling
- The SAEBRS is completed by all teachers and students and evaluated for all grade levels.
- Review fall SAEBRS data and begin small group counseling based on SAEBRS data for all grades

November

- Classroom lessons
- Ongoing individual and group counseling

December

- Classroom lessons
- Ongoing individual and group counseling.

January

- Classroom lessons
- Ongoing individual and group counseling.

February

- Classroom lessons
- Ongoing individual and group counseling.
- Review winter SAEBRS data and begin winter SEL skills groups

March

- Classroom lessons
- Ongoing individual and group counseling.

April

- Classroom lessons
- Ongoing individual and group counseling.

May

- Classroom lessons
- Ongoing individual and group counseling.

- All students learned about personal safety to satisfy requirements for Erin's Law

June

- Classroom lessons
- Fifth grade counseling transition meetings.
- Ongoing individual and group counseling.

Waterloo Middle School Counseling Grades 6-8

August

- Consultation with LaFayette support staff on incoming 6th graders
- Consultation with High School support staff on incoming 9th graders
- Prepare for and facilitate 6th grade orientation
- Schedule student staffings for the start of the new school year
- Plan and prepare materials for group counseling
- Attend home visits for chronically absent students
- Schedule outside agencies to join the Middle School Open House

September

- Assist with student schedule changes
- Facilitate student staffings
- Review IEP/504 plan services
- Host outside agencies at the Middle School Open House
- Individual and group counseling begins
- School-wide student DASA training
- Attendance check-ins
- Home visits as needed
- Career Trajectory Check-up (All current 6th grade health students)

October

- Ongoing individual and group counseling
- Review interim grades, academic advising
- Administer SAEBRS, review data and plan interventions
- Meet with students to discuss SAEBRS results and review social/emotional interventions
- Seneca County Youth Bureau Youth Summit field trip if available (Project HOPE)
- Attendance Check-ins
- Home visits as needed

November

- Ongoing individual and group counseling
- Review Quarter 1 grades, academic advising
- Five Points Correctional Facility field trip if available (Project HOPE)
- First SEL Newsletter sent out to families
- Attendance check-ins
- Home visits as needed
- Career Trajectory Check-up (All current 6th grade health students)

December

- Ongoing individual and group counseling
- Review interim grades, academic advising
- High school counselors present NYS graduation requirements to 8th grade students
- Attendance check-ins
- Home visits as needed

January

- Ongoing individual and group counseling
- Review Quarter 2 grades, academic advising
- Second SEL Newsletter sent out to families
- Attendance check-ins
- Home visits as needed

February

- Ongoing individual and group counseling
- Review interim grades, academic advising
- 8th grade students make course selections for High School
- Attendance check-ins
- Home visits as needed
- Career Trajectory Check-up (All current 6th grade health students)

March

- Ongoing individual and group counseling
- Review Quarter 3 grades, academic advising
- Middle school course selections (6th to 7th grade)
- Middle school course selection (7th to 8th grade)
- Administer SAEBRS, review data, and plan interventions

- Meet with students to discus SAEBRS results and review social/emotional interventions
- Attendance check-ins
- Home visits as needed
- Third SEL Newsletter sent out to families

April

- Ongoing individual and group counseling
- Assist as needed with PTECH assembly and application process for 8th grade students
- Attendance check-ins
- Home visits as needed
- Career Trajectory Check-up (All current 6th grade health students)

May

- Ongoing individual and group counseling
- Review interim grades, academic advising
- Facilitate 5th grade class tours of the Middle School
- Hobart & William Smith College field trip if available (Project HOPE)
- Planning and administration of Mental Health Awareness Month Activities
- Administer SAEBRS, review data, and plan interventions
- Meet with students to discuss SAEBRS results and review social/emotional interventions
- Attendance check-ins
- Home visits as needed

June

- Ongoing individual and group counseling
- Lunch with incoming 5th grade students at LaFayette
- End-of-year team meetings (summer school/retention)
- Summer school registration
- Attendance check-ins
- Home visits as needed
- 8th grade awards ceremony and graduation
- Final SEL Newsletter sent out to families

July

- Select Project HOPE students for upcoming school year
- Plan Project HOPE activities/programs
- Prepare for 6th grade orientation
- Assist with schedule conflicts

Waterloo High School Counseling Grades 9-12

August

- College application completion workshops
- Freshman Orientation
- New students Registration
- Review Tech Center Students
- Schedule Changes
- Summer School Review
- Workshops/trainings (tMHFA, TCI, Applied Suicide Intervention Skills Training)

September

- Career chat
- College/Military Visits
- Cornell Pilot Program for Engineering
- Dolee Days
- Finalization of Internships
- Gemini Registration
- Individual and Group Counseling
- Monthly regional Counselor Meeting
- Office Hours for Seniors
- PSAT Workshop
- Rochester Area College
- Schedule Changes
- Senior Parent Night
- Senior Reviews
- Workshops (College Board, Regents, etc)

October

- Career Chats
- College Letters of Recommendation
- College/Military Visits
- College Readiness Workshop
- Dolee Days
- Field Trip to Rochester in Construction
- Financial Aid Presentation
- Meet all Freshman
- Monthly Regional Counselor Meeting
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- PSAT Administration
- SAEBRS Data
- Senior Review

- Senior Success Plan
- SUNY Info Sessions

November

- ACCES-VR Presentation
- Career Chats
- College instant decision days
- College Letters of Recommendation
- College/Military Visits
- College Readiness Workshops
- Dolee Days
- Electives Presentation
- Monthly Regional Counselor Meeting
- NYSSCA Conference
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- Regents Exam Review
- Senior Success Plan

December

- 9th, 10th and 11th grade Course Catalog presentation
- Career Chats
- College/Military Visits
- College Readiness Workshop
- Dolee Days
- Financial Aid Completion Workshop
- Freshman College and Career Presentations
- Monthly Regional Counselor Meeting
- Next Year's Course Request
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- TECH Center Presentations, SEL District Network Team Training
- Senior Success Plan

January

- 8th grade Course Catalog Presentation
- Alumni Presentation
- Career Chats
- College Readiness Workshops
- Dolee Days
- End of semester grade review
- Financial Aid Completion Workshop for Parents

- Free Money Workshop for Seniors
- Freshman College and Career Presentations
- Next Year's Course Request
- Trade Talks
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- PSAT Result Presentation
- Senior Success Plan

February

- Career Chats/Trade Talks
- College Readiness Workshop
- Dolee Days
- FLTCC Sophomores Visit
- GEMINI REGISTRATION
- IST Meetings
- Junior College and Career Presentation
- Mid Year performance letters
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- SAEBR data days
- Senior Success Plan
- Student Scheduling
- Teen Mental Health First Aid
- Women in Engineering Chats

March

- Agricultural & Food Science EventSeneca County Career Fair
- Career Chats/Trade Talks
- College Campus Field Trips
- College Night for junior students and parentsHealth Career Day
- College and Military Visits
- College Readiness Workshops
- Counselor Tech Center Meeting
- Dolee Days
- Health Career Day
- High School Scheduling Completed
- Individual Career Plan- Juniors
- National College Fair Juniors
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- SAT/ACT Registration

- Senior Success Plan
- Tech Center Application Review
- Teen Mental Health First Aid
- Fingerlakes Career Day
- SUNY College Fair

April

- College Campus Visits
- Counselor Tech Center Meeting
- Diploma Types and Mastery
- Dolee Day
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- Regents Exam Review
- SAEBR Focus Groups
- Senior Success Plan
- Senior Graduation Tracking
- Sophomore Presentation

May

- Destination Day
- Dolee Day
- IST Meetings
- Law Day
- Military Visits
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- Senior Exit Survey / Interviews
- Senior Success Plan
- Summer School Projections

June

- DASA meeting
- End of year data review
- Ongoing Individual Counseling, Outreach and Engagement with student and parents
- SAEBRS data survey
- Senior Graduation Tracking
- Summer School Projections
- Wall of Fame

DELIVERY

Classroom Lessons, Small Group Activities, Individual Assessments and Interventions, Student Annual Progress Review

Grade Level	Program Activity/Service with target students and timeline (Curriculum, small group, individual, planning, appraisal, crisis, consultation, referral and advisement)	Tier (I,2,3)	Student Standards (ASCA Mindsets and Behaviors, CDOS, Health, FACS, SEL)	Program Objectives (Students will be able to ____)	Staff & Resources	Assessment and Evaluation Methods (process, perception, outcomes)
K-2	Second Step Child Protection Unit (Erin's Law)	1	Safety, Self-Awareness, B-SMS9, B-SS3, B-SS8 M1 B-SMS7 M1 B-SMS9	Students will be able to identify personal safety vocabulary and tactics.	Counselors Second Step materials for unit	Classroom activity
3-8	Erin's Law	1	Safety, Self-Awareness, B-SMS9, B-SS3, B-SS8 M1 B-SMS7 M1 B-SMS9	Students will be able to identify personal safety vocabulary and tactics.	Counselors coordinate with Safe Harbors to present curriculum	Classroom activity
PreK-12	Positive Behavioral Interventions and Supports (PBIS)	1	M3, B-LS3, B-LS8, B-SMS1, B-SMS2, SMS10, B-SS2, B-SS3, B-SS4, B-SS9	Students will identify and demonstrate the pride traits (be responsible, respectful, engaged, safe).	Teachers and other staff provide Tier 1 instruction. Counselors, Social Workers, and School Psychologist provide Tier 2/3 as needed.	Student use of terms- PBIS Discipline referral TFI (Tiered Fidelity Inventory)
Pk-5	Classroom SEL Lessons	1	Pro-social skills, problem solving, and coping strategies. M1-M6, B-SS 1-9, B-SMS1,2,7,9,10	Students will be able to identify pro-social skills, problem solving models and skills and coping strategies.	Counselor will provide lessons in classroom with counselor-made materials, or evidence based curriculum.	Class activities, observations

K-12	Individual counseling and small groups are varied but not limited to: social groups, lunch groups, identifying feelings groups, divorced parents groups, managing stress groups, etc…	2,3	Scheduling (6-12) to review yearly progress (Tier 1) Improve attendance, academics, behavior and social-emotional well-being of students.	Students will be increase: -prosocial skills -problem solving -progress to graduation -attendance -behavior -coping strategies	Counselor School Psych School Social Worker	Student self reflection and observations of staff SAEBRS Discipline referral data Progress on goals Attendance data
K-2	Career Exploration Classroom Lessons	1	M1, M4, B-S MS2, B-SMS6, B-SMS7, B-LS7	Students will be able to identify what they want to be	School counselor and classroom teacher	Student will complete "When I grow up I want to be…"
PreK-2	Mindful Minute daily in morning announcements	1	M1, B-SMS2, B-SMS7, B-SMS10	Students will learn to self regulate and become aware of surroundings	School counselor, Principal, teachers	Observations, discipline referrals data
K-5	-Check & Connect (K-2) -Check In/Check Out (3-5)	2,3	M1, M2, M3, M5, M6, B-SMS1-3, B-SMS6-7, B-SMS 10	Students will be able to improve attendance, problem-solving and coping skills/strategies	Counselor, Social Workers, School Psychologist, school staff	Observation, discipline referrals, attendance data, daily logs
PreK-12	School Based Mental Health Counseling	3	M1, M3, M5, M6, B-LS3, M-LS4, B-LS7, B-SMS1, B-SMS2, B-SMS5, B-SMS6, B-SMS7, B-SMS9, B-SMS10, B-SS1	Students will be able to identify strategies to improve individual needs as identified by mental health staff.	Seneca County Mental Health Counselors	
PreK-12	Crisis Intervention	3	M1,3,5,6, B-LS3, M-LS4, B-LS7, B-SMS1,2,5,6, B-SMS7, B-SMS9, B-SMS10, B-SS1	Students will de-escalate as needed due to crisis.	Counselor and mental health providers	Observations Discipline referral data
PreK-12	Attendance Monitoring	1	M3, B-SMS1, B-SMS10, B-SS3, B-SS9	Students will increase attendance and reduce the number of tardies	Administrators, Teachers, Counselors, School Resource Officer, Nurse, Secretary	Attendance data

6	Career Counseling and Instruction	1	M-6, B-LS9, B-LS4, B-LS3, B-LS1	Students will be able to identify career possibilities and opportunities that exist. Students will examine career goals and identify courses needed to be successful.	Counselors	
8	PTECH presentation	1	M-6, B-LS9, B-LS4, B-LS3, B-LS1	Students will identify what PTECH is. Students will identify if they are interested in this opportunity and apply as needed.	Counselors PTECH staff	Application (for those interested)
8	WFLTCC Skills Competition	2	M-6, B-LS9, B-LS4, B-LS3, B-LS1	Students will explore career and technology education.	Counselors WFLTCC staff	Points scored for competition
6-12	Student review meeting	1	M4, B-LS7, B-SS8	Students will understand requirements for course selections, graduation requirements, academic success needed for future/career and college readiness.	Counselors	Schedules, Notes from meetings
6-12	Project HOPE	2	M3, B-SMS1, B-SMS10, B-SS3, B-SS9	Students will be able to achieve academic success and develop social emotional coping strategies.	Counselors	Graduation rate School enrollment data Discipline referral data
9	Freshman Orientation	1	M3, M4, B-SMS 10, B-SS 1, B-SS 9	Students will be able to read schedules and acclimate to the HS.	Counselors Administrators	Attendance data of night

8	Transition Night	1	M2, M4, M6, B-LS6	Students will be able to explore HS requirements.	Counselors Administrators	Attendance data of night
9-12	Classroom lessons/graduation requirements/schedule change days	1	M4, B-LS6, B-LS7, B-SS3, B-LS1, B-LS9, B-SS6	Students will be able to identify graduation requirements and needs for academic success. Seniors will explore and identify post-secondary plans.	Counselors	Course selection when meeting with individuals
12	College presentations	1	M2, M4, M6, B-LS6	Students will explore and identify colleges and requirements to attend.	Counselors	Post-secondary options chosen
11-12	Access-VR	2	M2, M4, M6, B-LS6	Students will identify ways to access post-secondary supports.	Counselors Transition Coordinator	Paperwork completion
11-12	Rochester area college fair	1	M2, M4, M6, B-LS6	Students will explore local college options.	Counselors Transition Coordinator	College selection
12	Naviance workshop for seniors	1	M4, B-LS7, B-SS8	Students will explore career and post-secondary options.	Counselors Transition Coordinator	Applications for college and post-secondary careers identified
9-12	Career options field trips	1	M-6, B-LS9, B-LS4, B-LS3, B-LS1	Students will explore local opportunities for post-secondary employment.	Counselors Transition Coordinator	Attendance data to field trip
12	College 101 at FLCC	1	1.1, 3.a, 3.b	Students will explore local college options, and what college could look like.	Counselors Transition Coordinator	Attendance data to field trip
12	Financial aid night and workshops	1	3.a.6, 3.a.2	Students will identify process for gaining financial aid for college.	Counselors	Financial aid applications
11	PSAT including score interpretation	1	A:B2.1	Students will take and review scores	Counselors	PSAT

				of college entrance practice exams		
9-12	Classroom Naviance	1	M-6, B-LS9, B-LS4, B-LS3, B-LS1	Students will be introduced to career possibilities and identify goals for future career activities.	Counselors	Career plan
10	WFLTCC		1.1, 3a, 3b	Students will explore career and technology education.	Counselors WFLTCC staff	Application to WFLTCC
11-12	Knowledge of college	1	M-6, B-LS9, B-LS4, B-LS3, B-LS1	Students will learn from peers about college and their experiences.	Counselors	College selections
K-12	Psychological, emotional, academic, behavioral and developmental testing.	3	B-LS8, B-SMS-7,8, B-SS 1, 8	Ascertain the needs of individual students	School Psychologists	Standardized tests and rating scales.
K-12	FBA and BIP development	2,3	B-SMS-1-3	Reduce certain behaviors that impact learning.	School Psychologists	Data driven records

ASSESS

Closing the Gap Action Plans, Professional Development Planning, Evaluation Methods, Annual Report to Board of Education

Closing the Gap Action Plan

Data points reviewed:

- SAEBRS data
- Discipline Reports
- Attendance Data and Reports

The counseling program will work to increase student connectedness in Waterloo as measured by a decrease in percentage of students within the “high risk” range according to SAEBRS, mySAEBRS, discipline records and attendance data collection.

Professional Development Planning

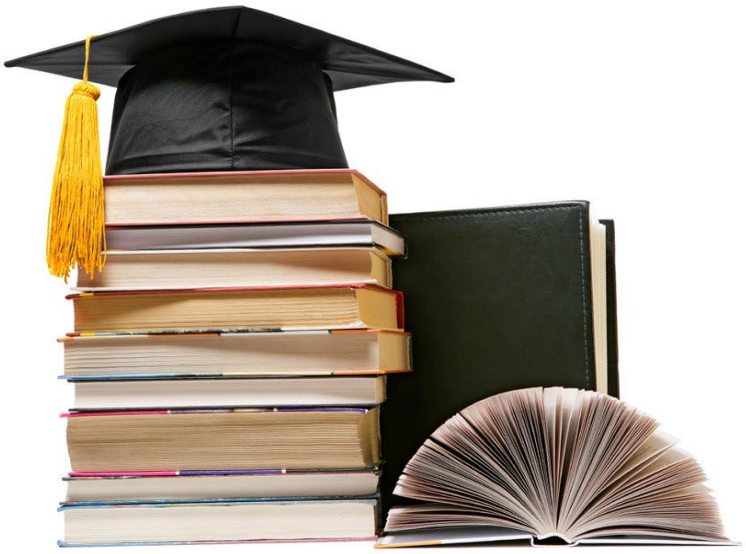
The following are topics that the Counseling Department Student Support Services have identified to be areas to pursue professional growth:

- Student Engagement
- Restorative Practices
- Trauma Informed Instruction

The department will continue to pursue professional development opportunities that align with these topics which support district and BOE goals and initiatives.

ACKNOWLEDGEMENTS

We wish to thank the Board of Education, administration and staff of the Waterloo Central School District for their support as we implement the programs described in this document.



This plan was written by the Waterloo Central School Counseling Department Student Support Services:

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