

Menu Calendar Nutrient Analysis Report - October, 2025

Generated on: 9/23/2025 10:12:56 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL EEA Lunch PRE-K Wednesday 2.2 - ServingDate: 10/01/2025																			
Beef Steak Fingers - TR1937 (4 ea.)	98	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.87	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Thursday 2.2 - ServingDate: 10/02/2025																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	98	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	100	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	16.25	1.08	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Wednesday 2.2 - ServingDate: 10/01/2025	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2025 FALL EEA Lunch PRE-K Thursday 2.2 - ServingDate: 10/02/2025	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL EEA Lunch PRE-K Friday 2.2 - ServingDate: 10/03/2025																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	98	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	62.40	0.00	0.00	0.00	0.00	10.40	14.56	0.00	11.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Monday 1 Grilled Cheese - ServingDate: 10/06/2025																			
Grilled Cheese - TR1089 (1 ea.)	98	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	2	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	100	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Friday 2.2 - ServingDate: 10/03/2025	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL EEA Lunch PRE-K Monday 1 Grilled Cheese - ServingDate: 10/06/2025	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL EEA Lunch PRE-K Tuesday 1 - ServingDate: 10/07/2025																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	98	290.00	11.00	3.50	0.00	15.00	479.99	35.00	4.00	1.00	0.00	13.00	1.00	250.00	0.00	0.00	0.00	329.93	0.00
Golden Corn - TR1095 (1/2 c.)	100	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Wednesday 1 - ServingDate: 10/08/2025																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	(M)	13.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Tuesday 1 - ServingDate: 10/07/2025	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	0.00
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL EEA Lunch PRE-K Wednesday 1 - ServingDate: 10/08/2025	
Chicken Nuggets - TR1082 (5 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

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2025 FALL EEA Lunch PRE-K Tuesday 2 - ServingDate: 10/14/2025																			
Chicken Quesadilla Max 96/5oz - TR1821 (1 slice)	98	280.00	8.00	2.00	0.00	15.00	660.00	38.00	4.00	3.00	1.00	17.00	2.70	200.00	0.00	0.00	0.00	180.01	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Seasoned Pinto Beans - TR1232 (1/2 c.)	100	108.80	0.00	0.00	0.00	0.00	179.20	19.72	7.76	0.48	0.00(M)	6.24	1.67	51.20	240.00	2.88	0.00(M)	0.00(M)	0.00(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Wednesday 2 - ServingDate: 10/15/2025																			
Beef Steak Fingers - TR1937 (4 ea.)	98	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.87	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Tuesday 2 - ServingDate: 10/14/2025	
Chicken Quesadilla Max 96/5oz - TR1821 (1 slice)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Seasoned Pinto Beans - TR1232 (1/2 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL EEA Lunch PRE-K Wednesday 2 - ServingDate: 10/15/2025	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Generated on: 9/23/2025 10:12:56 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Thursday 2 - ServingDate: 10/16/2025																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	98	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	100	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	16.25	1.08	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Friday 2 - ServingDate: 10/17/2025																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	98	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Chilled Peaches - TR1504 (1/2 c.)	0	62.40	0.00	0.00	0.00	0.00	10.40	14.56	0.00	11.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Thursday 2 - ServingDate: 10/16/2025	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL EEA Lunch PRE-K Friday 2 - ServingDate: 10/17/2025	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL EEA Lunch PRE-K Monday 2 B-4- l - ServingDate: 10/20/2025																			
Turkey Sausage Link - TR1030 (1 ea)	98	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
Egg Patty - TR2020 (1 ea.)	98	60.01	4.00	1.00	0.00	0.00	110.01	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	98	70.00	1.50	0.00	0.00	0.00	100.00	14.00	1.00	3.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)
Hashbrown Rounds - TR1785 (2 ea.)	100	94.49	2.63	0.00	0.00	0.00	199.47	15.75	2.10	0.00	0.00	2.10	0.19	0.00	0.00	0.00	0.00	0.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	100	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Tuesday 2.1 - ServingDate: 10/21/2025																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	98	290.00	11.00	3.50	0.00	15.00	479.99	35.00	4.00	1.00	0.00	13.00	1.00	250.00	0.00	0.00	0.00	329.93	0.00
Golden Corn - TR1095 (1/2 c.)	100	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Monday 2 B-4- I - ServingDate: 10/20/2025	
Turkey Sausage Link - TR1030 (1 ea)	(M)
Egg Patty - TR2020 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	(M)
Hashbrown Rounds - TR1785 (2 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL EEA Lunch PRE-K Tuesday 2.1 - ServingDate: 10/21/2025	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	0.00
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Generated on: 9/23/2025 10:12:56 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL EEA Lunch PRE-K Wednesday 2.1 - ServingDate: 10/22/2025																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	(M)	13.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Thursday 2.1 - ServingDate: 10/23/2025																			
Baja Fish Sticks - TR1889 (4 ea.)	98	230.81	11.04	1.00	0.00	45.16	491.73	18.06	2.01	0.00	0.00	16.06	1.00	27.09	0.00	0.00	0.00	323.08	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	100	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Wednesday 2.1 - ServingDate: 10/22/2025	
Chicken Nuggets - TR1082 (5 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2025 FALL EEA Lunch PRE-K Thursday 2.1 - ServingDate: 10/23/2025	
Baja Fish Sticks - TR1889 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL EEA Lunch PRE-K Friday 2.1 - ServingDate: 10/24/2025																			
Cheeseburger - TR1897 (1 ea.)	98	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Raisins - TR1049 (1 pkg.)	100	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Monday 2.2 - ServingDate: 10/27/2025																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	98	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	100	68.24	0.56	0.12	0.00	0.00	163.07	12.69	3.17	4.23	0.00(M)	3.17	0.76	21.14	796.95	5.08	0.00(M)	0.00(M)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Friday 2.1 - ServingDate: 10/24/2025	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL EEA Lunch PRE-K Monday 2.2 - ServingDate: 10/27/2025	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL EEA Lunch PRE-K Tuesday 2.2 - ServingDate: 10/28/2025																			
Chicken Quesadilla Max 96/5oz - TR1821 (1 slice)	98	280.00	8.00	2.00	0.00	15.00	660.00	38.00	4.00	3.00	1.00	17.00	2.70	200.00	0.00	0.00	0.00	180.01	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Seasoned Pinto Beans - TR1232 (1/2 c.)	100	108.80	0.00	0.00	0.00	0.00	179.20	19.72	7.76	0.48	0.00(M)	6.24	1.67	51.20	240.00	2.88	0.00(M)	0.00(M)	0.00(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Wednesday 2.2 - ServingDate: 10/29/2025																			
Beef Steak Fingers - TR1937 (4 ea.)	98	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.87	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Tuesday 2.2 - ServingDate: 10/28/2025	
Chicken Quesadilla Max 96/5oz - TR1821 (1 slice)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Seasoned Pinto Beans - TR1232 (1/2 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL EEA Lunch PRE-K Wednesday 2.2 - ServingDate: 10/29/2025	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Generated on: 9/23/2025 10:12:56 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL EEA Lunch PRE-K Thursday 2.2 - ServingDate: 10/30/2025																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	98	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	100	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	16.25	1.08	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Friday 2.2 - ServingDate: 10/31/2025																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	98	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	62.40	0.00	0.00	0.00	0.00	10.40	14.56	0.00	11.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Thursday 2.2 - ServingDate: 10/30/2025	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL EEA Lunch PRE-K Friday 2.2 - ServingDate: 10/31/2025	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: Tomball Early Excellence Academy
Date: 10/01/2025 - 10/31/2025

Generated on: 9/23/2025 10:12:56 AM by Kevin White

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Elementary Regular
Menu Line: PreK - NOT OFFER VS SERVE
Serving Group: Ages 3-5
Nutrients Option: All