

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/01/2025																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.01	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Thursday waffle - ServingDate: 10/02/2025																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Friday cereal - ServingDate: 10/03/2025																			
Cinnamon Toast Crunch - TR1612 (1 bowl)	100	100.00	2.50	0.00	0.00	0.00	160.00	22.00	4.00	6.00	6.00	1.00	1.80	60.00	300.00	3.60	1.20	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	62.40	0.00	0.00	0.00	0.00	10.40	14.56	0.00	11.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/01/2025	
Croissant - TR1953 (1/2 ea.)	0.00
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2025 FALL Breakfast Pre-K Thursday waffle - ServingDate: 10/02/2025	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast Pre-K Friday cereal - ServingDate: 10/03/2025	
Cinnamon Toast Crunch - TR1612 (1 bowl)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Generated on: 9/23/2025 9:38:25 AM by Kevin White

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Monday pancake - ServingDate: 10/06/2025																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Tuesday cereal - ServingDate: 10/07/2025																			
Cheerios - TR1611 (1 bowl)	100	100.00	2.00	0.00	0.00	0.00	140.00	21.00	3.00	1.00	1.00	4.00	2.70	60.00	300.00	3.60	1.20	94.00	0.00
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/08/2025																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.01	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Monday pancake - ServingDate: 10/06/2025	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast Pre-K Tuesday cereal - ServingDate: 10/07/2025	
Cheerios - TR1611 (1 bowl)	0.00
100% Berry Juice - TR2041 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/08/2025	
Croissant - TR1953 (1/2 ea.)	0.00
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Tuesday cereal - ServingDate: 10/14/2025																			
Cheerios - TR1611 (1 bowl)	100	100.00	2.00	0.00	0.00	0.00	140.00	21.00	3.00	1.00	1.00	4.00	2.70	60.00	300.00	3.60	1.20	94.00	0.00
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/15/2025																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.01	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Thursday waffle - ServingDate: 10/16/2025																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Tuesday cereal - ServingDate: 10/14/2025	
Cheerios - TR1611 (1 bowl)	0.00
100% Berry Juice - TR2041 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/15/2025	
Croissant - TR1953 (1/2 ea.)	0.00
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2025 FALL Breakfast Pre-K Thursday waffle - ServingDate: 10/16/2025	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Friday cereal - ServingDate: 10/17/2025																			
Cinnamon Toast Crunch - TR1612 (1 bowl)	100	100.00	2.50	0.00	0.00	0.00	160.00	22.00	4.00	6.00	6.00	1.00	1.80	60.00	300.00	3.60	1.20	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	62.40	0.00	0.00	0.00	0.00	10.40	14.56	0.00	11.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Monday pancake - ServingDate: 10/20/2025																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Tuesday cereal - ServingDate: 10/21/2025																			
Cheerios - TR1611 (1 bowl)	100	100.00	2.00	0.00	0.00	0.00	140.00	21.00	3.00	1.00	1.00	4.00	2.70	60.00	300.00	3.60	1.20	94.00	0.00
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/22/2025																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Friday cereal - ServingDate: 10/17/2025	
Cinnamon Toast Crunch - TR1612 (1 bowl)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL Breakfast Pre-K Monday pancake - ServingDate: 10/20/2025	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast Pre-K Tuesday cereal - ServingDate: 10/21/2025	
Cheerios - TR1611 (1 bowl)	0.00
100% Berry Juice - TR2041 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/22/2025	
Croissant - TR1953 (1/2 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/22/2025																			
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.01	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Thursday waffle - ServingDate: 10/23/2025																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Friday cereal - ServingDate: 10/24/2025																			
Cinnamon Toast Crunch - TR1612 (1 bowl)	100	100.00	2.50	0.00	0.00	0.00	160.00	22.00	4.00	6.00	6.00	1.00	1.80	60.00	300.00	3.60	1.20	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	62.40	0.00	0.00	0.00	0.00	10.40	14.56	0.00	11.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/22/2025	
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2025 FALL Breakfast Pre-K Thursday waffle - ServingDate: 10/23/2025	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast Pre-K Friday cereal - ServingDate: 10/24/2025	
Cinnamon Toast Crunch - TR1612 (1 bowl)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Monday pancake - ServingDate: 10/27/2025																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Tuesday cereal - ServingDate: 10/28/2025																			
Cheerios - TR1611 (1 bowl)	100	100.00	2.00	0.00	0.00	0.00	140.00	21.00	3.00	1.00	1.00	4.00	2.70	60.00	300.00	3.60	1.20	94.00	0.00
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/29/2025																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.01	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Monday pancake - ServingDate: 10/27/2025	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast Pre-K Tuesday cereal - ServingDate: 10/28/2025	
Cheerios - TR1611 (1 bowl)	0.00
100% Berry Juice - TR2041 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2025 FALL Breakfast Pre-K Wednesday croissant - ServingDate: 10/29/2025	
Croissant - TR1953 (1/2 ea.)	0.00
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA, RAE (mcg)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast Pre-K Thursday waffle - ServingDate: 10/30/2025																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast Pre-K Friday cereal - ServingDate: 10/31/2025																			
Cinnamon Toast Crunch - TR1612 (1 bowl)	100	100.00	2.50	0.00	0.00	0.00	160.00	22.00	4.00	6.00	6.00	1.00	1.80	60.00	300.00	3.60	1.20	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	62.40	0.00	0.00	0.00	0.00	10.40	14.56	0.00	11.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Elementary Regular
Menu Line: PreK - NOT OFFER VS SERVE
Serving Group: Ages 3-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - October, 2025

Site: ALL
Date: 10/01/2025 - 10/31/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Thursday waffle - ServingDate: 10/30/2025	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast Pre-K Friday cereal - ServingDate: 10/31/2025	
Cinnamon Toast Crunch - TR1612 (1 bowl)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)