# October 2025 Early Excellence Breakfast



1	Monday	Tuesday	Wednesday	Thursday	Friday
	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	Our unit priced breakfast consists of 3 food components placed on the student's tray	1 Egg Croissant Fresh Fruit Low-Fat White Milk	2 Mini-Waffle 100% fruit juice Low-Fat White Milk	3 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
	6 Mini-Pancakes 100% fruit juice Low-Fat White Milk	7 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	8 Egg Croissant Fresh Fruit Low-Fat White Milk	Staff Development  Student Breakfast: \$1.50 Adult Breakfast: \$3.50	10 Staff Development 1% White Milk offered daily.
	13 Staff Development	14 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	15 Egg Croissant Fresh Fruit Low-Fat White Milk	16 Mini-Waffle 100% fruit juice Low-Fat White Milk	17 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
は一にあると	Mini-Pancakes 100% fruit juice Low-Fat White Milk	Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Egg Croissant Fresh Fruit Low-Fat White Milk	Mini-Waffle 100% fruit juice Low-Fat White Milk	Whole Grain Cereal Chilled Fruit Low-Fat White Milk
The second second	27 Mini-Pancakes 100% fruit juice Low-Fat White Milk	28 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	29 Egg Croissant Fresh Fruit Low-Fat White Milk	30 Mini-Waffle 100% fruit juice Low-Fat White Milk	31 Whole Grain Cereal Chilled Fruit Low-Fat White Milk



## **Announcements**

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com



Households must reapply every year to maintain free or reduced price meals if eligible

Online deposits to meal accounts can be made at www.schoolcafe.com with a small service fee.

Cash or check deposits to meal accounts are always accepted at the school kitchen with no fee.

Please include child's name and ID number with all cash or check deposits sent to the school cafeteria (preferably in a sealed envelope).

### Each student is given a photo ID badge

- Required to be used for every food transaction
- Also used when riding the



**Menus are Subject to Change** 

TEXAS DEPARTMENT OF AGRICULTURE **COMMISSIONER SID MILLER** 









This product was funded by USDA. This institution is an equal opportunity provider.

# October 2025 Early Excellence Lunch



Š	Monday	Tuesday	Wednesday	Thursday	Friday
	Our unit priced lunch consists of all 5 food components placed on the student's tray	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	1 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	2 Mini Bagel Pizzas Vegetables, Fruits Milk	3 Chicken Sandwich Vegetables, Fruits Milk
	Grilled Cheese Sandwich Vegetables, Fruits Milk	7 Bean & Cheese Pupusa Vegetables, Fruits Milk	8 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	Staff Development  Student Lunch: \$2.50 Adult Lunch: \$5.15	10 Staff Development  1% White Milk offered daily.
	13 Staff Development	14 Cheese Quesadilla Vegetables, Fruits Milk	15 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	16 Mini Bagel Pizzas Vegetables, Fruits Milk	17 Chicken Sandwich Vegetables, Fruits Milk
施したとので	20  Breakfast for Lunch!  Pancakes, Sausage  & Egg Patty  Hash Browns, Fruit  Milk	21 Bean & Cheese Pupusa Vegetables, Fruits Milk	22 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	23 Fish Sticks Vegetables, Fruits Milk	Cheeseburger Vegetables, Fruits Milk
T. O'CHE ST. LEWIS CO.	27 Cheese Stuffed Breadstick Vegetables, Fruits Milk	Cheese Quesadilla Vegetables, Fruits Milk	Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	Mini Bagel Pizzas Vegetables, Fruits Milk	31  Chicken Sandwich Vegetables, Fruits Milk



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