October 2025 Pre-K Breakfast



(1)	Monday	Tuesday	Wednesday	Thursday	Friday
	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	Our unit priced breakfast consists of 3 food components placed on the student's tray	1 Egg Croissant Fresh Fruit Low-Fat White Milk	2 Mini-Waffle 100% fruit juice Low-Fat White Milk	3 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
	6 Mini-Pancakes 100% fruit juice Low-Fat White Milk	7 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	8 Egg Croissant Fresh Fruit Low-Fat White Milk	9 Staff Development 1% White Milk offered daily.	10 Staff Development Student Breakfast: \$1.50 Adult Breakfast: \$3.50
	13 Staff Development	14 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	15 Egg Croissant Fresh Fruit Low-Fat White Milk	16 Mini-Waffle 100% fruit juice Low-Fat White Milk	17 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
1000000000000000000000000000000000000	20 Mini-Pancakes 100% fruit juice Low-Fat White Milk	21 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Egg Croissant Fresh Fruit Low-Fat White Milk	Mini-Waffle 100% fruit juice Low-Fat White Milk	Whole Grain Cereal Chilled Fruit Low-Fat White Milk
The second second	Mini-Pancakes 100% fruit juice Low-Fat White Milk	28 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Egg Croissant Fresh Fruit Low-Fat White Milk	Mini-Waffle 100% fruit juice Low-Fat White Milk	31 Whole Grain Cereal Chilled Fruit Low-Fat White Milk



Announcements

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com



Households must reapply every year to maintain free or reduced price meals if eligible

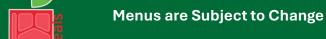
Online deposits to meal accounts can be made at www.schoolcafe.com with a small service fee.

Cash or check deposits to meal accounts are always accepted at the school kitchen with no fee.

Please include child's name and ID number with all cash or check deposits sent to the school cafeteria (preferably in a sealed envelope).

Each student is given a photo ID badge

- Required to be used for every food transaction
- Also used when riding the



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October 2025 Pre-K Lunch



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1	Monday	Tuesday	Wednesday	Thursday	Friday
	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	Our unit priced lunch consists of all 5 food components placed on the student's tray	1 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	2 Stuffed Crust Cheese Pizza Vegetables, Fruits Milk	3 Chicken Sandwich Vegetables, Fruits Milk
	Grilled Cheese Sandwich Vegetables, Fruits Milk	7 Cheese Quesadilla Vegetables, Fruits Milk	8 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	9 Staff Development 1% White Milk is offered daily.	Staff Development Student Lunch: \$2.50 Adult Lunch: \$5.15
	13 Staff Development	14 Cheese Quesadilla Vegetables, Fruits Milk	15 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	Stuffed Crust Cheese Pizza Vegetables, Fruits Milk	17 Chicken Sandwich Vegetables, Fruits Milk
A NOTE OF	Breakfast for Lunch! Pancakes, Sausage & Egg Patty Hash Browns, Fruit Milk	21 Cheese Quesadilla Vegetables, Fruits Milk	Chicken Nuggets Vegetables, Fruits Breadstick & Milk	23 Steak Fingers Vegetables, Fruits Milk	Cheeseburger Vegetables, Fruits Milk
-	27 Cheese Stuffed Breadstick Vegetables, Fruits Milk	Cheese Quesadilla Vegetables, Fruits Milk	29 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	30 Stuffed Crust Cheese Pizza Vegetables, Fruits Milk	31 Chicken Sandwich Vegetables, Fruits Milk



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Square www.SquareMeals.org

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