

GREAT OAKS LEGACY



CHARTER SCHOOL



Community Resource Guide

Newark, NJ



About This Guide

The GOLCS **Essex County Resource Guide** is a quick-reference tool for parents, caregivers, and youth in Newark, NJ. It brings together essential local services in one place, including:

- **Mental health support** (counseling, crisis hotlines, youth behavioral health programs)
- **Shelters and housing assistance** for families and young people
- **Food pantries and food banks** that provide free groceries and meals

This guide is designed to help families find support quickly, especially in times of stress or crisis. It includes phone numbers, addresses, and referral contacts so you know where to turn when help is needed.

GOLCS School Social Workers Mission Statement

As school social workers, our mission is to foster a supportive and inclusive school community grounded in genuine and meaningful relationships. We are committed to delivering individualized, student-centered support that meets the diverse social, emotional, and academic needs of every learner and team member. Through collaboration, advocacy, and intentional intervention, we help students overcome barriers to learning while nurturing resilience, empathy, and self-confidence. By setting and upholding high expectations, we empower all students to achieve academic growth and character development that prepares them for success in college, career, and life beyond the classroom.



GOLCS Elementary School Social Workers

Downtown Elementary School	Jessica Thompson	(862)-256-0900 ext. 2020	jesthompson@greatoakslegacy.org
Legacy Elementary School	Hebe Schafer Veronica Cargill	(973) 374-7000 ext. 2 (862) 203-8340	hschafer@greatoakslegacy.org vcargill@greatoakslegacy.org
Fairmount Heights Elementary School	Tiffany Parchment	(973)-221-3400	tifparchment@greatoakslegacy.org

GOLCS Middle and High School School Social Workers

Downtown Middle School	Ataysia Ingram	(973) 329-0793	ataingram@greatoakslegacy.org
Legacy Middle School	Erica Roseboro Veronica Cargill	(862) 203-8340	eroseboro@greatoakslegacy.org vcargill@greatoakslegacy.org
Fairmount Heights Middle School	Ikea Vandross	(862) 800-7991 ext 5015	ikevandross@greatoakslegacy.org
Great Oaks Legacy High School	Niree Kaprielian Ayna McLeod	(862) 203-6808 (862) 210-6156	nirkaprielian@greatoakslegacy.org aynmcleod@greatoakslegacy.org



Food Resources		
Organization	Resource	Contact Information
Apostles' House	Housing, Food, Clothing	24 Grant Street, Newark https://theapostleshouse.org/
Bloomfield Presbyterian Church on the Green	Food, Clothing	147 Broad Street, Bloomfield http://www.bpcog.org/foodpantry.shtml
Bridges Outreach, Inc.	Food, Clothing, Utilities Assistance	120 Morris Ave, Summit https://www.bridgesoutreach.org/
Catholic Charities	Referrals, Housing, Food, Mental Health, Addiction Services, Job Services, Immigration Services	590 North 7th Street, Newark http://www.ccannj.com/
Emergency Food and Nutrition Network of Catholic Charities	Food	37 Evergreen Place, East Orange http://www.ccannj.com/food_nutrition.php
Essex County Department of Citizen Services	Housing, Transportation, Food, Disability Services, Health Services, Veteran Services	465 Dr. Martin Luther King Jr. Blvd., Newark https://essexcountynj.org/citizen.services/
Essex County Senior Services	Housing, Food, Health Services, Transportation, Mental Health, Home Repairs	900 Bloomfield Avenue, Verona https://essexcountynj.org/senior.services/
Garden State Episcopal Community Development, Inc.	Housing, Addiction Services, Food, Utilities Assistance	118 Summit Avenue, Jersey City https://gsecdc.org/
Goodwill Rescue Mission	Food, Clothing, Addiction Services, Housing (men only)	79 University Avenue, Newark https://www.grmnewark.org/
Holy Trinity Episcopal Church and Christine's Soup Kitchen	Food, Clothing	315 Main Street, West Orange http://holytrinitywo.org/
Human Needs Food Pantry	Food, Clothing, Health Services	9 Label Street in Montclair http://www.humanneedsfoodpantry.org/



Interfaith Food Pantry of the Oranges	Food, Clothing	105 Main Street, Orange https://www.orangesfoodpantry.org/
Irvington Neighborhood Improvement Corporation	Housing, Food, Addiction Services, Utilities Assistance	346 16th Avenue, Irvington https://irvington.net/irvington-neighborhood-improvement-corporation/

Isaiah House	Housing, Food, Addiction Services, Referrals	238 North Munn Ave, East Orange www.isaiahhouse.org
Jewish Family Services	Food, Case Management, Mental Health, Utilities Assistance	570 W. Mt. Pleasant Avenue, Suite 106, Livingston https://www.jfsmetrowest.org/
Joi's Angles	Food, Housing, Addiction Services, Clothing, Job Services	114 S. Arlington Avenue, East Orange https://www.joisangels.com/
Meeting Emergency Needs with Dignity (MEND)	Food, Referrals	37 Evergreen Place, East Orange https://mendnj.org/
New Hope Baptist Church	Food, Clothing, Mental Health	106 Sussex Avenue, Newark https://www.newhopenewark.org/
North Jersey Community Research Initiative	For AIDS/HIV Impacted: Food, Health Services, Case Management, Referrals, Transportation	393 Central Ave, Newark; Various Locations https://www.njcri.org/
Nutley Family Service Bureau	Food, Clothing, Job Services, Mental Health	155 Chestnut Street, Nutley https://www.nutleyfamily.org/
Oheb Shalom Congregation	Food	170 Scotland Road, South Orange https://www.ohebshalom.org/who-we-are
Pierre Toussaint Food Pantry	Food	520 Martin Luther King Boulevard, Newark https://mendnj.org/map-location/pierre-toussaint-food-pantry-st-marys-church/?mpfy-pin=430



Saint Mary's Roman Catholic Church	Food	17 Monsignor Owens Place, Nutley https://www.stmarysnutley.org/
Saint Matthew AME Church Manna from Heaven	Food	336 Oakwood Ave, Orange https://stmatthewame.org/
Salvation Army	Housing, Clothing, Food, Utilities Assistance	13 Trinity Place, Montclair 45 Central Avenue, Newark 430 Main Street, East Orange https://newjersey.salvationarmy.org/NewJersey/
St. James Social Services	Housing, Food, Clothing, Case Management, Health Services, Job Services	604 Dr Martin Luther King Jr. Boulevard, Newark https://stjamesssc.org/
St. John's Feed the Hungry	Food, health Services	22 Mulberry Street, Newark https://www.njsk.org/
St. Rocco's Emergency Family Shelter	Food, Housing, Mental Health, Referrals	368 South 7th Street, Newark https://stmatthewame.org/
The Rock Christian Fellowship	Food, Clothing, Addiction Services, Mental Health	483 Ferry Street, Newark http://therocknewark.org/
Toni's Kitchen at St. Luke Episcopal Church	Food	73 South Fullerton Avenue, Montclair https://toniskitchen.org/
United Community Corporation	Food, Clothing, Housing, Case Management	31 Fulton Street, Newark https://uccnewark.org/



Housing Resources		
Organization	Resource	Contact Information
Affordable Housing Alliance	Housing	Various Locations https://housingall.org/contact-us/
Apostles' House	Housing, Food, Clothing	24 Grant Street, Newark https://theapostleshouse.org/
Babyland Family Services, Inc.	Housing, Health Services, Mental Health	755 South Orange Avenue, Newark http://www.babylandfs1.org/
Catholic Charities	Referrals, Housing, Food, Mental Health, Addiction Services, Job Services, Immigration Services	590 North 7th Street, Newark http://www.ccannj.com/
Circle of Life Shelter	Housing	55 Tillinghast Street, Newark 862 763- 4859
Community Hope	Housing, Mental Health, Utilities Assistance, Veterans Services	Various Locations https://www.communityhope-nj.org/
Covenant House	For Youth: Housing, Mental Health, Job Services	330 Washington Street, Newark https://www.covenanthouse.org/
East Family Success Center	Housing, Referrals, Health Services, Job Services, Life Skills, Senior Services	29 Cortland Street, Newark https://ironboundcc.org/
East Orange Family Success Center	Housing, mental Health, Health Services	60 Evergreen Place, 3rd Floor, Suite 307, East Orange http://ifsnj.org/
Essex Community Land Trust	Housing	60 South Fullerton Avenue, Suite 202, Montclair https://www.essexclt.org/
Essex County Department of Citizen Services	Housing, Transportation, Food, Disability Services, Health Services, Veteran Services	Various Locations https://essexcountynj.org/citizen_services/
Essex County Division of Housing and Community	Housing	20 Crestmont Road, Verona https://essexcountynj.org/eco



Development		nomic dev-training-employment/
Essex County Senior Services	Housing, Food, Health Services, Transportation, Mental Health, Home Repairs	900 Bloomfield Avenue, Verona https://essexcountynj.org/senior_services/
Family Connections	Housing, Mental Health, Domestic Violence Services	7 Glenwood Avenue East Orange https://www.familyconnections.nj.org/
Garden State Episcopal CDC, Inc.	Housing, Addiction Services, Food, Utilities Assistance	118 Summit Avenue, Jersey City https://gsecdc.org/
Goodwill Rescue Mission	Food, Clothing, Referrals, Addiction Services, Housing (men only)	79 University Avenue, Newark https://www.grmnewark.org/
Habitat for Humanity Newark & Greater Elizabeth	Housing, Home Repairs	Various Locations https://www.habitatnewark.org/
HANDS, Inc.	Housing	15 South Essex Avenue, Orange https://handsinc.org/
HomeCorp	Housing	1 Woodland Avenue Montclair https://homecorp.org/

Interfaith Hospitality Network of Essex County	Housing (Families Only)	105 Main Street, Orange https://www.fpessexnj.org/
Ironbound Community Corporation	Housing, Referrals, Health Services, Job Services, Life Skills, Senior Services	432 Lafayette Street, Newark https://ironboundcc.org/
Irvington Neighborhood Improvement Corporation	Housing, Food, Addiction Services, Utilities Services	346 16th Avenue, Irvington https://irvington.net/irvington-neighborhood-improvement-corporation/
Isaiah House	Housing, Food, Addiction, Referrals	238 North Munn Ave, East Orange https://www.isaiahhouse.org/
Jewish Community	Housing	760 Northfield Avenue, West



Housing Corporation		Orange http://jchcorp.org/
Joi's Angels	Housing, Food, Addiction Services, Clothing, Job Services	114 S. Arlington Avenue, East Orange https://www.joisangels.com/
La Casa De Don Pedro	Housing, Job Services, Health Services, Utilities Assistance	76 Clinton Avenue; Various Locations http://www.lacasanwk.org/
New Community Corporation	Housing, Referrals, Job Services, Mental Health	233 West Market Street, Newark https://www.newcommunity.org/
Newark Emergency Services for Families	Housing, Health Services, Job Training	Victoria Human Services Plaza, 982 Broad Street, Newark http://nesfnj.org/
Newark YMCA	Housing, Referrals	600 Broad Street, Newark https://www.newarkymca.org/
Newly Destined, Inc.	Housing	1114 Broad Street, Newark 973-242- 8088
NJ Citizen Action	Housing, Health Services, Weatherization	744 Broad Street, Suite 2080, Newark https://njcitizenaction.org/
North Ward Center	Health Services, Referrals, Housing, Job Services	346 Mount Prospect Avenue, Newark https://www.northwardcenter.org/
Project Live, Inc.	Housing, Case Management, Transportation, Addiction Services, Mental Health, Job Services, Referrals	465-475 Broadway, Newark http://www.projectlive.org/
Projects for Assistance in Transition from Homelessness (PATH)	Housing, Health Services, Case Management, Mental Health, Addiction Services	Various Locations https://www.benefits.gov/benefit/728



Salvation Army	Housing, Clothes, Food, Utilities Assistance	13 Trinity Place, Montclair 45 Central Avenue, Newark 430 Main Street, East Orange http://newjersey.salvationarmy.org/Ne wJersey/
Sierra House	For Women: Housing, Mental Health	11 South Maple Avenue, East Orange https://www.sierrahouse.org/

St. Bridget's Residence	For AIDS/HIV impacted: Housing, Case Management, Mental Health, Addiction Services	404 University Avenue, Newark http://www.ccannj.com/st_bridget_residence.php
St. James Social Services	Housing, Food, Clothing, Case Management, Health Services, Job Services	604 Dr Martin Luther King Jr. Boulevard, Newark https://stjamesssc.org/
St. Rocco's Emergency Family Shelter	Housing, Food, Mental Health, Referrals	368 South 7th Street, Newark http://www.ccannj.com/st_rocco.php
Supportive Housing Association	Housing	908-931-1131 https://www.shanj.org/
Tri-City Peoples Corporation Headquarters	Housing, Case Management, Transportation, Mental Health	55 Washington Street, East Orange http://www.tri-citypeoples.org/
Unified Vailsburg Services Organization	Housing	40-42 Richelieu Terrace, Newark https://uvso.org/
United Community Corporation	Housing, Food, Clothing, Case Management	31 Fulton Street, Newark https://ucnewark.org/
Urban League of Essex County	Housing, Job Services	508 Central Avenue, Newark http://www.ulec.org/
Urban Renewal Corporation	Housing, Legal Services, Case management, Health Services, Job Services, Addiction Services	53 South Hackensack Avenue, Kearny http://www.urbanrenewal.org/



West Family Success Center	Housing, Referrals, Health Services, Job Services, Life Skills, Senior Services	317 Elm Street, Newark https://ironboundcc.org/
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Healthcare Resources		
Organizations	Resource	Contact Information
Babyland Family Services, Inc.	Housing, health Services, mental Health	755 South Orange Avenue, Newark http://www.babylandfs1.org/
Catholic Charities	Referrals, Housing, Food, Mental Health, Addiction Services, Job Services, Immigration Services	590 North 7th Street, Newark http://www.ccannj.com/
Community Hope	Housing, Mental Health, utilities Assistance, Veterans Services	Various Locations https://www.communityhope-nj.org/
Covenant House	For Youth: Housing, Mental Health, Job Services	330 Washington Street, Newark https://www.covenanthouse.org/
East Family Success Center	Housing, Health Services, Job Services, Referrals, Life Skills, Senior Services	29 Cortland Street Newark, NJ 07105 973-344-5949
East Orange Family Success Center	Housing, Mental Health, Health Services	60 Evergreen Place, 3rd Floor, Suite 307, East Orange http://ifsnj.org/
Essex County Department of Health and Rehabilitation	Health Services, Mental Health	204 Grove Avenue, Cedar Grove https://essexcountynj.org/department-of-health-and-rehabilitation/
Family Connections	Housing, Mental Health, Domestic Violence Services	7 Glenwood Avenue East Orange https://www.familyconnections-nj.org/
FOCUS Hispanic Center for Community Development	Utilities Assistance, Job Services, Health Services	441 Board Street, Newark https://focus411.org/
Human Needs Food Pantry	Clothing, Health Services	9 Label Street in Montclair http://www.humanneedsfoodpantry.org/



Ironbound Community Corporation	Housing, Referrals, Health Services, Job Services, Life Skills, Senior Services	432 Lafayette Street, Newark https://ironboundcc.org/
Isaiah House	Housing, Food, Addiction Services, Referrals	238 North Munn Ave, East Orange https://www.isaiahhouse.org/
Jewish Family Services	Case Management, Mental health, Utilities Assistance, Food	570 W. Mt. Pleasant Avenue, Suite 106, Livingston https://www.jfsmetrowest.org/
La Casa De Don Pedro	Housing, Job Services, Health Services, Utilities Assistance	76 Clinton Avenue; Various Locations http://www.lacasanwk.org/
Mental Health Association of Essex County	Addiction Services, Housing, Job Services, Legal Services, Case Management	33 South Fullerton Avenue, Montclair 973-509-9777
New Community Corporation	Referrals, Job Services, Mental Health, Housing	233 West Market Street, Newark https://www.newcommunity.org/
New Hope Baptist Church	Mental Health, Food, Clothing	106 Sussex Avenue, Newark

		https://www.newhopenewark.org/
Newark Emergency Services for Families	Housing, Health Services, Job Training	Victoria Human Services Plaza, 982 Broad Street, Newark http://nesfnj.org/
NJ Citizen Action	Housing, health Services, Weatherization	744 Broad Street, Suite 2080, Newark https://njcitizenaction.org/
North Jersey Community Research Initiative	For AIDS/HIV impacted: food, health services, case management, transportation, referrals	393 Central Ave, Newark; Various Locations https://www.njcri.org/
North Ward Center	Health Services, Referrals,	346 Mount Prospect Avenue,



	Housing, Job Services	Newark https://www.northwardcenter.org/
Nutley Family Service Bureau	Food, Clothing, Job Services, Mental Health	155 Chestnut Street, Nutley https://www.nutleyfamily.org/
Project Live, Inc.	Housing, Case Management, Transportation, Addiction Services, Mental Health, Job Services, Referrals	465-475 Broadway, Newark http://www.projectlive.org/
Sierra House	For Women: Housing, Mental Health	11 South Maple Avenue, East Orange https://www.sierrahouse.org/
St. Bridget's Residence	For AIDS/HIV Impacted: housing, case management, Mental Health, Addiction Services	404 University Avenue, Newark http://www.ccannj.com/st_bridget_residence.php
St. James Social Services	Housing, Food, Clothing, Case Management, Health Services, Job Services	604 Dr Martin Luther King Jr. Boulevard, Newark https://stjamesssc.org/
St. John's Feed the Hungry	Food, Health Services	22 Mulberry Street, Newark https://www.njsk.org/
St. Rocco's Emergency Family Shelter	Housing, Food, Mental Health, Referrals	368 South 7th Street, Newark http://www.ccannj.com/st_rocco.php
The Rock Christian Fellowship	Food, Clothing, Addiction Services, Mental Health	483 Ferry Street, Newark http://therocknewark.org/
Tri-City Peoples Corporation Headquarters	Housing, Case Management, Transportation, Mental Health	55 Washington Street, East Orange http://www.tri-citypeoples.org/
United Way Essex County	Health Services, Referrals	303 Washington St. Newark https://uwnewark.org/
Urban Renewal Corporation	Housing, Legal Services, Case Management, Health Services, Job Services, Addiction Services	53 South Hackensack Avenue, Kearny http://www.urbanrenewal.org/



VA Medical Center	For Veterans: Health Services, Mental Health	385 Tremont Avenue East Orange https://www.newjersey.va.gov/location.s/directions.asp
West Family Success Center	Housing, Referrals, Health Services, Job Services, Life Skills, Senior Services	317 Elm Street, Newark https://ironboundcc.org/



Mental Health Services		
Organization	Resource	Contact Information
988 Suicide & Crisis Lifeline	24/7 free and confidential support for individuals experiencing mental health distress, substance use crises, or suicidal thoughts.	Call or text 988 or visit 988lifeline.org
2ND FLOOR Youth Helpline	confidential support for New Jersey youth and young adults, available 24/7	Call or text 888-222-2228 or visit 2ndfloor.org
Newark Beth Israel Hospital - Psychiatric Emergency Services (PER)	Primary Evaluation Resource (PER) for Newark, providing emergency psychiatric evaluations and clearance for school reentry when required.	Outpatient Psychiatric Appointments: (973) 926-7026 Psychiatric Emergencies: (973) 926-7444
Rutgers University Behavioral HealthCare - Crisis Services	Emergency psychiatric evaluations and crisis intervention. Offers in-person assessments, stabilization services, and referrals to ongoing care.	Contact: (800) 969-5300 Website: Rutgers Behavioral Health website Location: 183 South Orange Avenue, Newark, NJ 07103
Newark Community Health Center (NCHC)	Behavioral health screenings, Referral to behavioral psychiatric health treatment	Contact: 800.994.NCHC (6242) https://www.nchcfqhc.org/medical-services/



Resources for Families & Children

Organization	Resource	Contact Information
Babyland Family Services, Inc.	Housing, Health Services, Mental Health	755 South Orange Avenue, Newark http://www.babylandfs1.org/

Community Hope	Housing, Mental Health, Utilities Assistance, Veteran Services	Various Locations https://www.communityhope-nj.org/
Covenant House	For Youth- Housing, Mental Health, Job Services	330 Washington Street, Newark https://www.covenanthouse.org/
East Family Success Center	Housing, Referrals, Health Services, Job Services, Life Skills, Senior Services	29 Cortland Street Newark https://ironboundcc.org/
East Orange Family Success Center	Housing, Mental Health, Health Services	60 Evergreen Place, 3rd Floor, Suite 307, East Orange http://ifsnj.org/
Emergency Food & Nutrition Network of Catholic Charities	Food	37 Evergreen Place, East Orange http://www.ccannj.com/food_nutrition.php
Family Connections	Housing, Mental Health, Domestic Violence Services	7 Glenwood Avenue East Orange https://www.familyconnectionsnj.org/
FOCUS Hispanic Center for Community Development	Utilities Assistance, Job Services, Health Services	441 Board Street, Newark https://focus411.org/
Garden State Episcopal Community Development, Inc.	Housing, Addiction Services, Food, Utilities Assistance	118 Summit Avenue, Jersey City https://gsecdc.org/
Interfaith Hospitality Network of Essex County	Housing (Families Only)	46 Park Street Montclair https://www.fpessexnj.org/



Ironbound Community Corporation	Housing, Referrals, Health Services, Job Services, Life Skills, Senior Services	432 Lafayette Street, Newark https://ironboundcc.org/
Jewish Family Services	Case Management, Mental Health, Utilities Services, Food	570 W. Mt. Pleasant Avenue, Suite 106, Livingston https://www.jfsmetrowest.org/
La Casa De Don Pedro	Housing, Job Services, Health Services, Utilities Services	76 Clinton Avenue; Various Locations http://www.lacasanwk.org/
Meeting Emergency Needs with Dignity (MEND)	Food, Referrals	37 Evergreen Place, East Orange https://mendnj.org/
New Community Corporation	Housing, Referrals, Job Services, Mental Health	233 West Market Street, Newark https://www.newcommunity.org/
Newark Emergency Services for Families	Housing, Health Services, Job Training	Victoria Human Services Plaza, 982 Broad Street, Newark http://nesfnj.org/
Newark YMCA	Housing, Referrals, Children's Programs	600 Broad Street, Newark https://www.newarkymca.org/
Nutley Family Service Bureau	Food, Clothing, Job Services, Mental Health	155 Chestnut Street, Nutley https://www.nutleyfamily.org/
Project Live, Inc.	Housing, Case Management, Transportation, Addiction Services, Mental Health, Job Services, Referrals	465-475 Broadway, Newark http://www.projectlive.org/
Sierra House	For Women- Housing, Mental Health	11 South Maple Avenue, East Orange https://www.sierrahouse.org/
St. James Social Services	Housing, Food, Clothes, Case Management, Health Services, Job Services	604 Dr Martin Luther King Jr. Boulevard, Newark https://stjamesssc.org/
St. Rocco's Emergency	Housing, Food, Mental	368 South 7th Street, Newark



Family Shelter	Health, Referrals	http://www.ccannj.com/st_rocco.php
United Community Corporation	Housing, Food, Clothes, Case Management	31 Fulton Street, Newark https://ucnewark.org/
United Way Essex County	Referrals, Health Services	303 Washington St. Newark https://uwnewark.org/
Urban League of Essex County	Housing, Job Services	508 Central Avenue, Newark http://www.ulec.org/
Urban Renewal Corporation	Housing, Legal Services, Case Management, Health Services, Job Services, Addiction Services	53 South Hackensack Avenue, Kearny http://www.urbanrenewal.org/
West Family Success Center	Housing, Referrals, Health Services, Job Services, Life Skills, Senior Services	317 Elm Street, Newark https://ironboundcc.org/



Legal and Financial Services		
Organization	Resource	Contact Information
Community Health Law Project	Legal Services	650 Bloomfield Avenue, Suite 210, Bloomfield http://www.chlp.org/
Legal Services of NJ	Legal Services	5 Commerce Street, 2nd Floor, Newark https://www.lsnj.org/
Urban Renewal Corporation	Housing, Legal Services, Case Management, Health Services, Job Services, Addiction Services	53 South Hackensack Avenue, Kearny http://www.urbanrenewal.org/
Volunteer Lawyers for Justice	Legal Services	Newark 973 645-1955 http://www.vljinj.org/