

OCTOBER MENU MIDDLE/HIGH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DAILY OFFERINGS
		1	2	3	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST DAILY
		Honeybun Sausage Patty Oranges	Grits Toast Smoked Sausage Banana	Sausage and Cheese Toaster Mixed Fruit	CEREAL FRUIT JUICE CHOICE OF MILK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH DAILY
		Hamburger Steak Corn dog Rice/Gravy Mustard Greens Roasted Squash Diced Pears/Frozen Fruit Cup Cobread	Chicken Tetrizzini Pepperoni Hot Pocket/ Marinara Green Peas Candied Sweet Potatoes Strawberries/ Banana Roll	Chicken Sliders BBQ Ribette Baked Beans Coleslaw Apples/Tropical Fruit	CHOICE OF MILK T/TH CHEF SALADS
		International Coffee Day Homemade Cookie Day			
6	7	8	9	10	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST DAILY
Pancake Bites Sausage Link Apples	Breakfast Pizza Pineapple	Breakfast Rounds Yogurt Mixed Fruit	Chicken Fried Steak Biscuit White Gravy Banana	Chocolate Swirl Pears	CEREAL FRUIT JUICE CHOICE OF MILK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH DAILY
Hotdog/ Chili Cheese Dog Cheezy Hotz Chili Beans Sliced Carrots Strwaberies/ Pears	Spaghetti Taco Snack Burrito/Salsa Green Beans Roasted Squash Peaches/Apples Garlic Toast	Crispitos/ Salsa Pepper Jack Enchiladas Romaine Salad Fiesta Corn Applesauce w/Jello/ Mixed Fruit	Chicken Wings Steak Fingers Roasted Potatoes Lima Beans Sweet Potato Bread Tangerines/ Cantaloupe	Cheeseburger/ LTP Hot Pocket Tater Tots Broccoli/Ranch Grapes/Pineapples	CHOICE OF MILK T/TH CHEF SALADS
13	14	15	16	17	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST DAILY
FALL BREAK					
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH DAILY
FALL BREAK					
20	21	22	23	24	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST DAILY
STUDENT VIRTUAL DAY	Chicken Biscuit Banana	Breakfast Bar Toast Grapes	Eggstravaganza Toast Peaches	Cinnamon Roll Sausage Link Sliced Apples	CEREAL FRUIT JUICE CHOICE OF MILK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH DAILY
STUDENT VIRTUAL DAY	Beef Tips and Rice Cheezy Hots Mustard Greens Field Peas Apples/Strawberries Cobread	Oven Fried Chicken Cheeseburger/LTP Cheesy Mashed Potatoes Lima Beans (Canned) Grapes/Mandarin Oranges Roll	Chili Mac Chicken Nuggets Romaine Salad Green Beans Tropical Fruit/Cantaloupe Roll	Pizza / Marinara Cup Hot dog/ Chili Cheese Dog Corn Carrots with Ranch Pears/ Frozen Fruit Cup	CHOICE OF MILK T/TH CHEF SALADS
	National Apple Day				
27	28	29	30	31	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST DAILY
Cinnamon French Toast Sausage Link Sliced Peaches	Waffle Sandwich Tropical Fruit	Pancake on a Stick Tropical Fruit	Oatmeal Toast Smoked Sausage Banana	Cereal Bar Maybe Yogurt Mixed Fruit	CEREAL FRUIT JUICE CHOICE OF MILK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH DAILY
Orange Chicken Lo Mein Noodles Hamburger Steamed Broccoli Peas/Carrots Oranges/Tropical Fruit	Tacos/ Taco cup Chicken and Cheese Quesadilla Refried Beans Salsa Cup Strawberries/ Banana Sweet Potato Bread	Spicy Chicken Sandwich/LTP BBQ Ribette Romaine Salad Tomato/Cucumber Cup Tater Tots Jeweled Pears/ Apples	BBQ/Baked Chicken Corn dog Baked Beans Roasted Vegetables Cinnamon Apples/Grapes Roll	Jambalaya Fish Sticks Candied Sweet Potatoes Green Beans Mixed Fruit/Tangerines Garlic Toast	CHOICE OF MILK T/TH CHEF SALADS
This institution is an equal opportunity provider. This menu is subject to change based on availability.					