Track Individual Honors

School Record in Red

State Champions

1974: Tommy Gouffon (DT)

1975: Tommy Gouffon (DT), Louis Delorenzo (Mile), Mike Barlow (440Y), Mike Barlow (220Y), Holly Warlick (440Y)

1976: Holly Warlick (440Y)

1979: Alma Cobb (DT)

1983: Tony Heitzman (HJ)

1990: Matthew Fleenor (SP)

1991: Matthew Fleenor (SP), **Doug Yeager (Dec)**

1998: Ryan Haynes (PV)

2002: Boys 4x800 Relay (Bobby Beeson, Ethan Trudell, Preston Kelly, Tyler Johnson)

2004: Bryan Webb (400M)

2005: Judy Johnson (200M), Bryan Webb (400M), Eric Pickle (DT)

2006: Jay Oatts (300H), **Boys 4x400 Relay (C.J. Gunn, Jay Oatts, Nathan Grace, Sean Cunningham)**, Eric Pickle (SP), Eric Pickle (DT)

2009: Mary Hirst (HJ)

2010: Rebecca Stover (1600M)

2014: Chase Hilton (800M)

2017: Joshua Sobota (SP), Joshua Sobota (DT)

2018: Joshua Sobota (SP), Joshua Sobota (DT)

2021: Christian Langlois (100M), Christian Langlois (200M)

State Runner Up

1971: Boys 2 Mile Relay (Steve Jackson, Brian Moss, Bill Dean, Robert Hewgley)

1973: Boys 880 Relay (Gary Prince, Jeff Bailey, Marvin Thomas, Mike Barlow)

1974: Mike Barlow (220Y), Girls 440 Relay

1975: Mike Barlow (100Y), Girls Mile Relay (Brenda Rasch, Holly Warlick, Nancy Buchanan, Stacey Martin)

1976: Holly Warlick (100Y), Mark Floyd (PV)

1979: Doug Reynolds (Mile), Alma Cobb (SP), Alma Cobb (Pent)

1980: Mary Rice (Mile)

1981: Tony Heitzman (HJ)

1982: Tony Heitzman (HJ)

1985: Tom Retenbach (300H)

1988: Elizabeth Yates (100H), Elizabeth Yates (300H)

1990: Matthew Fleenor (DT)

1991: Matthew Fleenor (DT)

1993: Laura Haynes (3200M)

2003: Lindsey Glover (300H), Boys 4x800 Relay (Bobby Beeson, Bryan Webb, Nathan Prince, Patrick Shires), Tyler Kohlbusch (Dec)

2005: Eric Pickle (SP)

2007: Mary Hirst (HJ), Sarah Canter (DT)

2008: Mary Hirst (HJ)

2010: Devrin Young (100M), Rebecca Stover (800M)

2011: Rebecca Stover (1600M)

2012: Boys 4x800 Relay (Skyler Winchester, Ben Pollack, J.J. Shankles, Cory Oregema)

2013: Jackson Elmore (PV)

2014: Jackson Elmore (PV)

2016: Jacob Sobota (PV), Shawn Stacy (HJ), Jacob Sobota (Dec),

2017: Shawn Stacy (HJ)

2024: Gavin Bailey (PV)

2025: Gavin Bailey (PV)

Top 4 at State

1957: Von Settlemeyer (4th – 440Y)

Top 5 at State

1971: Boys Mile Relay (5th – Mike Driver, Robert Cobb, Matt Prince, Lou Garriott)

1972: Boys Mile Relay (4th – Kevan Thompson, Lou Garriott, Robert Cobb, Stan Shirley)

1973: Boys 440 Relay (4th – Gary Prince, Jeff Bailey, Marvin Thomas, Mike Barlow), Boys 2 Mile Relay (3rd – Bruce Guyton, Jim Seymour, Louie DeLorenzo, Steve Mears)

1974: Holly Warlick (4th – 100Y), Holly Warlick (4th – 220Y), Girls 880 Relay (5th), Boys 2 Mile Relay (4th – Bruce Guyton, Jim Seymour, Louie DeLorenzo, Steve Mears), Mike Barlow (5th – 100Y), Steve Whittier (3rd – Mile), Victor Hair (5th – Dec)

1975: Boys 2 Mile Relay (4th – Allen Dance, Jim Seymour, Ronnie Brock, Steve Prince)

1976: Stacey Martin (4th – Mile), Woody Skaggs (5th – 2 Mile), Boys 2 Mile Relay (5th – Billy Dyke, James King, Marshall Myer, Ronnie Brock), Boys Mile Relay (3rd), Susan Hylton (4th – 880Y), Holly Warlick (3rd – LJ), Kay Cruze (T5th – HJ), Holly Warlick (T5th – HJ)

1977: Boys Mile Relay (5th – Billy Dyke, Buddy Sexton, Guille Cruze, Ronnie Brock)

1978: Alma Cobb (4th – LJ), Girls 2 Mile Relay (4th – Mary Beth Von Buelow, Paula Byrd, Susan Hylton, Theresa Walsh), Kaki Frincke (5th – Mile)

1979: Girls 880 Relay (5th – Alma Cobb, Sara Snyder, TBD, TBD), Girls 2 Mile Relay (3rd – Alma Cobb, Lynne Ridenour, Mary Rice, Theresa Walsh), Girls Mile Relay (3rd – Alma Cobb, Lee Beth Roberts, Lisa Outlas, Theresa Walsh), Richard Hartley (5th - Dec)

Top 6 at State

1980: Girls 2 Mile Relay (3rd – Debbie Baker, Elizabeth Hilliard, Mary Rice, Theresa Walsh), Jan Watkin (6th – Pent)

1981: Jan Watkin (3rd – SP), Susan Fehling (6th – HJ), Boys 4x800 Relay (4th)

1982: Susan Fehling (4th – HJ)

1983: Randall Hampson (5th – 200M), Tony Heitzman (6th – Dec)

1984: Tom Rentenbach (5th – Dec)

1985: Tom Rentenbach (4th – Dec), Girls 4x400 Relay (4th – Jennifer Badgett, Kelly Taylor, Lee Ann Ledbetter, Michelle McGhee)

1986: Elizabeth Yates (7th – Pent)

1987: Boys 4x400 Relay (6th – Barry Linson, Jason Legg, Maurice Muriel, Steve Temple), Elizabeth Yates (4th – Pent)

1988: Mike Weathers (6th – 100M), Boys 4x200 Relay (5th)

1989: Matthew Fleenor (6th – SP), Mike Weathers (6th – 200M)

Top 8 at State

1990: Mike Weathers (6th – 100M), Mike Weathers (5th – 400M), Mike Weathers (5th – 200M), Doug Yeager (7th – Dec)

1992: Laura Haynes (5th – 3200M)

1994: Sarah Elder (4th – 800M)

1995: Sarah Elder (8th – 100M), Sarah Elder (7th – 400M), Boys 4x400 Relay (6th)

1996: David Walters (3rd – 800M), Boys 4x100 Relay (5th)

1997: Girls 4x400 Relay (3rd), Boys 4x200 Relay (7th – Ben Kohlbush, Chris Morrison, Daniel Patton, Gary Adamson)

1998: Steve Manning (4th – SP), Girls 4x400 Relay (5th)

1999: Tiffany Thurston (6th – DT), Ryan Haynes (4th – PV)

2001: Jeremy Sielken (5th – 110H), Girls 4x200 Relay (8th)

2002: Lindsey Glover (5th – 100H), Lindsey Glover (3rd – 300H), Alex Oliver (8th – 100M), Girls 4x200 Relay (7th – Joy Spaulding, Kelly Kohlbusch, Nikki Wilson, Shannen Robinson), Boys 4x200 Relay (5th – Alex Oliver, Cedric James, Taylor Haney, Thaddeus Grace), **Girls 4x400 Relay (6th – Kelly Kohlbusch, Lindsay Glover, Merry Prince, Shannen Robinson)**, Boys 4x400 Relay (6th – Bobby Beeson, Patrick Shires, Taylor Haney, Tyler Johnson), Lindsey Glover (8th – Pent)

2003: Judy Johnson (4th – 200M), **Lindsey Glover (3rd – 100H)**, Cedric James (8th – 100M), Thaddeus Grace (4th – 200 M), Bryan Webb (4th – 400 M), Tyler Kohlbusch (5th – 110H), Tyler Kohlbusch (6th – 300H), Girls 4x200 Relay (5th – Catherine LaForce, Jenna Davis, Judy Johnson, Kelly Kohlbusch), Girls 4x400 Relay (5th – Catherine LaForce, Kelly Fuller, Lindsay Glover, Merry Prince), Boys 4x100 Relay (4th – Cedric James, Joseph Bradley, Nathan Grace, Thaddeus Grace), Boys 4x200 Relay (4th – Cedric James, Joseph Bradley, Nathan Grace, Thaddeus Grace), Boys 4x400 Relay (6th – Bobby Beeson, Bryan Webb, Nathan Grace, Patrick Shires), Mondla Harrison-Conwill (6th – LJ), Mondla Harrison-Conwill (6th – TJ), Tyler Kohlbusch (7th – TJ), Lindsey Glover (4th – LJ), **Lindsey Glover (4th- Pent)**

2004: Judy Johnson (3rd – 100M), Judy Johnson (4th – 200M), Judy Johnson (4th – 400M), Nathan Grace (8th – 100M), Nathan Grace (6th – 200M), Nathan Grace (6th – 400M), Jay Oatts (5th – 110H), Jay Oatts (5th – 300H), Jenny Randolph (6th – 3200M), Boys 2x200 Relay (7th), Boys 4x400 Relay (5th), **Boys 4x800 Relay (5th – Preston Kelly, Bobby Beeson, Ethan Trudell, Tyler Johnson)**, Mondla Harrison-Conwill (6th – LJ), Mondla Harrison-Conwill (8th – TJ), Eric Pickle (7th – SP), Girls 4x200 Relay (7th), Caite Oyler (4th – HJ), **Judy Johnson (4th – TJ)**

2005: Judy Johnson (3rd – 100M), Jenny Randolph (4th – 3200M), Bryan Webb (4th – 200M), Nathan Grace (5th – 200M), Jay Oatts (4th – 110H), Jay Oatts (8th – 300H), Jennifer Lamp (5th – TJ), Sarah Himmelreich (7th – SP), **Girls 4x200 Relay (3rd – Jeanna Davis, Jennifer Scott, Judy Johnson, Kelly Kohlbusch)**, Boys 4x400 Relay (6th)

2006: Mary Hirst (6th – HJ), Amity Mulvey (4th – DT), Sarah Canter (8th – DT), Nathan Grace (5th – 200M), Nathan Grace (3rd – 400M), Jay Oatts (4th – 110H),

2007: Taylor Rotella (5th – SP), Boys 4x800 Relay (3rd)

2008: Sarah Canter (3rd – DT), Boys 4x800 Relay (4th)

2009: Rebecca Stover (4th – 1600M), Rebecca Stover (6th – 800M), Boys 4x800 Relay (4th)

2010: Tyler Freeman (7th – 3200M), Boys 4x100 Relay (5th), Boys 4x200 Relay (7th), Devrin Young (6th – 200M), Boys 4x400 Relay (8th)

2011: Rebecca Stover (3rd - 800M), Nelson Pinkstaff (4th – PV), Boys 4x800 Relay (3rd – Ben Pollack, Chase Hilton, Cory Oregema, Skylar Winchester), Kyle Walter (7th – 1600M), Stephon Stephens (4th – 400M), Stephon Stephens (7th – 200M),

2012: Skyler Winchester (8th – 3200M), Andrew Lacamera (8th – HJ), Jackson Elmore (5th – PV)

2013: Chase Hilton (6th – 800M), Bryan Fitzsimmons (8th – 3200M), Boys 4x800 Relay (4th)

2014: Zach Lembersky (8th – DT)

2015: Joshua Sobota (5th – SP), Joshua Sobota (6th – DT)

2016: Joshua Sobota (3rd – SP), Joshua Sobota (3rd – DT)

2018: Sarah Harris, (5th – PV), Abby Mink (7th – SP), Boys 4x800 Relay (7th – Ben Cruze, Lucas Nelson, Luke Brice, Nathaniel Blalock)

2019: Boys 4x800 Relay (4th – Ben Cruze, Brigham Wilson, Nathan Worley, Preston Ruth)

2022: Lydia Lively, (5th – 300H), Laila Rudolph (7th – 200M), Cayden Douglas (8th – HJ)

2023: Laila Rudolph (5th – 100M), Gavin Bailey (8th - PV), Cayden Douglas (8th – HJ), Cade Crum (4th – 1600M)

2024: Cade Crum (8th – 1600M)

2025: Cade Crum (5th – 1600M), Cooper Jones (7th – HJ),