Avella Area School District
1000 Avella Road
Avella, PA 15312

Wellness Meeting Minutes

September 16, 2025

Attendance:

Heather Poirier, Food Service Director

Carrie Graff, Elementary Principal

Dana Davis, Central Office Manager

Lauren Paris, Parent

Ashlie Cecchetti, Parent

Reyne Georgetti, Parent

Samantha Shore, Parent

Topics Discussed

School Lunch- What makes a reimbursable meal, what is offered and what students need for a reimbursable meal

Lunch Participation- Brainstormed on how to get the Kindergarten class involved with school lunch. Some ides were: Possible lunch buddy system, walking the students through the line, mock lunch service in the morning.

Try-It Tuesdays- We will prepare a new fruit or veggie for the students to try during lunch. We will send the information to the teachers to discuss the food item with their classroom before lunch. The students who try the item will get a prize and will be able to vote on the food.

Lunch Survey- We sent out a lunch survey to the elementary. Results will be posted.

Adopt a Cow- We are looking into having Kindergarten and Life Skills adopt a cow from our dairy vendor.

Turners Assembly- We are scheduling Turner's Dairy to come out and do a presentation before Christmas.