

# La Salle Service Requirements

Class of 2026 and Class of 2027

Every La Salle student is required to complete 20 total hours of service per year logged through MobileServe.

Type of Service	Hours Required	Accepted	Not Accepted
<p><b>Service to a Community You Belong To</b> (La Salle, your previous school, sports organization, etc.)</p>	<p><u>Up to</u> 10 Hours</p>	<p><b>Examples of Service to a Community You Belong To:</b></p> <ul style="list-style-type: none"> <li>Assisting with school events.</li> <li>Retreat Leading (9th-10th)</li> <li>Peer tutoring</li> <li>Student Ambassadors</li> <li>Altar Serving</li> <li>Coaching CYO Sports</li> </ul>	<p><b>Service to a Community You Belong To is not:</b></p> <ul style="list-style-type: none"> <li>Playing on a sports team</li> <li>Raking leaves for your neighbor</li> <li>Babysitting your siblings</li> <li>Paid employment</li> <li>Any service required by La Salle teams</li> </ul>
<p><b>Service to an Organization That Helps Meet Basic Needs</b> (Food, shelter, hygiene, etc.)</p>	<p>10 hours <u>minimum</u></p>	<p><b>Examples of Service to an Organization That Helps Meet Basic Needs:</b></p> <ul style="list-style-type: none"> <li>Serving at a shelter/dining hall</li> <li>Distributing materials such as food, hygiene kits, or educational materials.</li> <li>Service immersion trips</li> <li>Blanchet House</li> <li>NW Children's Outreach</li> <li>Night Strike</li> <li>Other approved activities</li> </ul>	<p><b>Service to an Organization That Helps Meet Basic Needs is not:</b></p> <ul style="list-style-type: none"> <li>Collecting food or gifts for drives</li> <li>Leading a retreat</li> <li>Fundraising</li> </ul>

# La Salle Service Requirements

Starting with the Class of 2029

## Freshman Year: Introduction to Service

Understanding the importance of service, building a foundation of empathy and compassion. Students learn the significance of service through local outreach projects and helping those within their immediate community.

## Service Requirements

Total Hours	Type of Service
<b>20 hours</b>	<ul style="list-style-type: none"><li>◦ Local outreach (e.g., helping with church and community events ).</li><li>◦ School-based service (e.g., assisting at school events, helping teachers or staff).</li><li>◦ Environmental projects (e.g., park clean-ups)</li></ul>

## Reflection

Students will complete periodic reflections and check-ins in their religious studies class, which will be compiled into a larger service portfolio.

# La Salle Service Requirements

Starting with the Class of 2028

## Sophomore Year: Expanding Outreach

Students will shift their focus from just helping others to also understanding and building relationships. This year focuses on deepening connections with the community and learning the broader implications of service.

## Service Requirements

Total Hours	Type of Service	Reflection
<b>20 hours</b>	<ul style="list-style-type: none"><li>◦ 10 hours community-focused service such as serving at La Salle, church, old school</li><li>◦ 10 hours volunteering in organizations that support marginalized groups (e.g., shelters, food pantries)</li></ul>	Students will complete periodic reflections and check-ins in their religious studies class, which will be compiled into a larger service portfolio

During second semester, toward the end of the year, students will select one area or organization to serve, which they will complete over the course of their junior and senior years

- For example, selecting food insecurity and serving at various food pantries or selecting just one organization like Oregon Food Bank