


2025 Springfield Township Schools Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Daily Alternates: PB&J Sandwich Salad Platter Hot Dog	Meal Prices: \$2.15 Student Breakfast \$3.55 Adult Breakfast \$3.40 Student Lunch \$4.55 Adult Lunch	1 French Toast Sticks Sausage Patty Tasty Tater Tots Chilled Juice	2 Cheeseburger Lettuce & Tomato Sun Chips Chilled Mixed Fruit Cup	3 Cheesy Pizza Garden Tossed Salad Chilled Fruit Cup	Cal 592 T.Fat 19.66 G S.Fat 4.8 G Chol 27.2 Mg Sodm 774.44 Mg
6 Chicken Nuggets Side of Buttered Pasta Steamed Broccoli Chilled Fruit Cup	7 Turkey Club Sandwich Vegetarian Baked Beans Chocolate Chip Cookie Chilled Fruit Cup	8 Cheesesteak Sandwich French Fries Tender Corn Creamy Pudding Chilled Fruit Cup	9 Corn Dog Bites Tasty Tater Tots Mixed Vegetables Chilled Fruit Cup	10 Pizza Crunchers Garden Tossed Salad Chilled Fruit Cup	Cal 522 T.Fat 17.31 G S.Fat 5.6 G Chol 35.6 Mg Sodm 874.27 Mg
13 No School Today 	14 Ham & Cheese Melt on a Croissant Sun Chips Mixed Vegetables Chilled Fruit Cup	15 Popcorn Chicken Dinner Roll w/Butter Fluffy Mashed Potatoes Emerald Sweet Peas Chilled Fruit Cup	16 Grilled Chicken Wrap Pasta Salad Jello w/Topping Chilled Fruit Cup	17 Personal Pan Pizza Garden Tossed Salad Chilled Fruit Cup	Cal 603 T.Fat 20.06 G S.Fat 6.7 G Chol 40.8 Mg Sodm 1063.30 Mg
20 Chicken Parm Side of Spaghetti Seasoned Green Beans Chilled Fruit Cup	21 Cheeseburger Lettuce & Tomato Confetti Fries Vegetarian Baked Beans Chilled Fruit Cup	22 Meatball Sandwich Chips Seasoned Green Beans Chilled Fruit Cup	23 Nachos w/Beef & Cheese Lettuce & Tomato Cup Fluffy Rice Refried Beans Tender Corn Churro	24 French Bread Pizza Garden Tossed Salad Chilled Fruit Cup	Cal 506 T.Fat 14.83 G S.Fat 4.7 G Chol 29.3 Mg Sodm 728.20 Mg
27 Mini Pancakes Sausage Patty Tasty Tater Tots Warm Cinnamon Apples	28 Chicken Patty Sandwich French Fries Vegetarian Baked Beans Creamy Pudding w/Topping	29 Grilled Cheese Tomato Soup Goldfish Crackers Chilled Fruit Cup	30 Tangy Tangerine Chicken Fluffy Rice Steamed Broccoli Cooked Carrots Fortune Cookie	31 Creepy Cheesy Pizza Ghostly Garden Tossed Salad Spooky Sugar Cookie Chilling Fruit Cup	Cal 575 T.Fat 16.70 G S.Fat 4.9 G Chol 32.5 Mg Sodm 870.42 Mg

NOTICE: Many of our menu items may contain the following allergens: Milk, Dairy, Eggs, Soy and Wheat. Menus are subject to change. We do our best to offer the daily menu posted. Last minute changes will be announced. This may affect nutritional information for that day.

DAILY OFFERINGS: 1% White or Fat Free Flavored Milk, Fresh veggies w/dip, chilled and fresh fruit are all offered daily and included with the price of lunch. Juice or water may be purchased separately.



Grab & Go cereal breakfast kits with milk available daily



Menu questions or concerns, contact Pat Gould at pmapat@gmail.com



Gluten Free Options Offered
 Turkey Deli- Daily
 Pizza on Fridays Only
 Grilled Cheese When on Menu
 Chicken Nuggets When on Menu