

# Post Doc Week 2025

Audio	Video
<b>[Erika]</b> National Postdoc Appreciation Week is the time	Post Doc scanning entry code in front of sign proclaiming Celebrating L S U H S Postdoc Appreciation Week
for postdocs all over the country to	Postdocs surrounding a table loaded with a breakfast buffet
be celebrated for their hard work throughout the year.	Chocolate cake with 'thank you postdocs!' being sliced and plated
Postdocs occupy a kind of intermediate position between graduate students and faculty.	Female postdoc in white blouse and green sweater at podium giving a talk
You have completed your graduate studies, you have achieved a PhD, you have your terminal degree, but you're still looking to gain a little bit more experience before you start your own lab.	Woman with short curly hair that is dyed purple on the ends, wearing a white print blouse (Erika) addresses the camera while standing beside a Post Doc Appreciation Week poster Text: Erika Reece, P H D President, Post Doc Association
The Postdoc Association here at LSU Health Shreveport is working to try and not only be kind of a liaison and support system	Various shots of a panel featuring research specialists addresses an audience of post doc fellows
for postdocs throughout the year, but this is the one time where we	Postdoc in dark patterned button up shirt sharing research with another post doc
can organize events with the support of all of the different departments from the School of Graduate Studies	Various shots of audience listening to a panel of faculty members
and really show everyone that we appreciate how	Two post docs select some fruit from a breakfast buffet while other post docs are seated along the wall behind them eating
much they do and celebrate postdocs for all of the achievements that they have.	Multiple post docs beside their posters sharing their research
We're also holding workshops that will help to guide postdocs for any questions they may have about their future career. So postdocs are trainees, and so	Various shots of postdocs seated in a conference center listening to a panel of recently hired junior faculty talk about their career paths
we'll have panels from people who are in research specialist positions	Three research specialist seated at a table
who are in recently hired faculty positions,	New faculty member talking to audience
and also from people who normally do the hiring. So who can offer advice on the best ways to land a job in the future.	Various shots of panel of senior faculty talking to audience of post doc fellows

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We're trying to offer a series of events not only to support the future growth of postdocs here at the university, but also just to celebrate them and say that we see you.	Montage of post doc fellows standing beside their research posters sharing their findings with faculty and other post docs
We are you. And we want to help you feel supported throughout the year.	Post docs listening to a panel of junior faculty seated in a conference center