

## **North Cape School District Athletics Rules, Expectations, and Policies**

The purpose of the extracurricular sports program at North Cape School is to allow interested students to utilize skills learned in physical education in a more competitive arena, to improve individual skills, to set goals and to work to achieve individual and team goals, to learn teamwork and cooperation, to be responsible, to practice good sportsmanship, and to meet students from other schools.

### **Student Athlete Policies:**

1. Sports permission slips are required for participation in athletics. They must be signed and turned in before the start of the first practice. Only 1 permission slip needs to be turned in for the entire school year.
2. ALL students in grades 6-8 are eligible to participate in the interscholastic sports program, provided that they are both **ACADEMICALLY AND BEHAVIORALLY ELIGIBLE** for the sport season.
3. A physical examination before participation in the sport is highly recommended, but not required.

### **Grades**

Student athletes are expected to be in good standing academically. Students will lose eligibility for a period of up to two weeks if a student receives a grade of "F" in any core subject area (English/Language Arts, Math, Science, and Social Studies) or four or more "Ds" in all subject areas. Exceptional Education Need (EEN) students may have their eligibility requirements modified according to their Individual Education Plan (IEP).

### **Behavior**

All children participating in athletic activities are expected to abide by the North Cape School's Code of Conduct and PBIS rules.

**Team Conduct & Rules:** All players are expected to follow the rules of the hosting building. Students who do not exemplify the expected code of conduct under North Cape School District policies may be suspended or removed from the team based on the infraction.

### **Team Policies:**

1. No tobacco or vaping at any time.
2. No drinking of alcoholic beverages.
3. No unauthorized use of drugs at any time.
4. No swearing on the court or in the locker rooms.
5. General conduct in and out of school shall be in accordance with the North Cape School District School-Wide Behavioral Expectations and School Board Policy.
6. All players are expected to be in school the day following a game unless legitimately ill.
7. All players are expected to attend practice.

Policy 443 and sub-rules listed in the North Cape School District policy manual cover expected behaviors and will guide decisions related to any misconduct.

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**Practice & Game Schedules:** It is the responsibility of all players to know the dates, times, and locations for all games and/or practices. Students are responsible for securing transportation to and from all sporting events.

**Unexcused Practice:** Any player who is absent from practice will be considered unexcused unless he or she has first contacted the head coach of their team. Acceptable reasons to be absent include sickness or death in the family. Other reasons may be acceptable with the coach's approval.

**Attendance:** In order to participate in practices or a game, the student must be in attendance on the day of the game or practice. If a student is not in attendance at school on a Friday, they will be ineligible for games that day, or in the case of a tournament, one game the following day. Suppose a student misses all or part of the school day. In that case, they may be allowed to participate in practices and games if their absence has been approved by the District Administrator or Athletic Director for the following reasons:

- Doctors' or dentist appointment
- Funeral

**Suspension:** Students may be suspended from playing at practices or games for infractions of rules or poor conduct at school and or at North Cape functions. Students who have been suspended (in school or out of school) or expelled are not allowed at games or practices during the days of suspension/expulsion.

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**For Parents:** Parents are responsible for the supervision of children who are spectators of the game. Children should be sitting next to their parents and watching the game. They should not be running around the school unsupervised.

Parents are encouraged to cheer on the team, but not coach their children from the stands. This is highly distracting to both the student athletes and the coaches. Parents should not argue with the calls that the referee makes. You're not going to change their mind. If a call is in question, leave it up to the coaches to argue the point.

From the Racine/Kenosha Youth League: When a parent, guardian, or attendee is distracting or arguing with a referee, the following procedure will be followed at **ALL** league basketball games.

1. The referee will give the parent, guardian, or attendee a verbal warning.
2. If the parent, guardian, or attendee continues to cause issues, the referee will stop the basketball team, and the two coaches will address the person, and a 2nd warning will be given.
3. If the parent, guardian, or attendee does not heed the warning, they will be told to leave the gym. If the individual does not comply, the District Administrator/Athletic Director on site has the option of contacting the Sheriff's Department if necessary. Failure to leave may also result in the game being cancelled and the team having to forfeit.