



Shannondale School Counseling Year at a Glance

September

Lessons:

K - Listening
1 - Self-Control
2 - Problem Solvers
3 - Following Rules
4 - Preventing Problems
5 - Communication
School Counseling Dept
Mtg - Sept 15
School Counseling
Conference (Sept 20-22)
Whole Child- Sept 30

October

Lessons:

K - Self Control
1 - Standing up for me
2 - Major/Minor Problems
3 - Assertiveness/Bullying
4 - What is bullying?
5 - Conflict v. Bullying
*Book Club Groups
*Thanksgiving/Christmas
organization
*Title XI training - TBD
*Whole Child- Oct 28

November

Lessons:

K - Feelings
1 - I can solve problems
2 - Controlling my emotions
3 - Solving Conflict
4 - Standing up for others
5 - Technology Safety
*Book Club Groups
*Thanksgiving/Christmas
organization
*FAS/NAS training - Nov 4
Whole Child- Nov 25

December

Lessons:

All K-5 will get Erin's Law
(safe/unsafe touch and
identifying trusted adults)
*School Counseling Dept
Mtg - Dec 12
*Whole Child- Dec 16

January

Lessons:

All K-5 will get lesson on
career exploration.
Whole Child - Jan 27

February

Lessons:

K - Kind words and Manners
1 - Showing my feelings
2 - Motivation
3 - What I control
4 - How to express empathy
5 - Empathy in action
*Counseling techniques
training - Feb 16
Whole Child - Feb 24

March

Lessons:

K - Working Together
1 - Trying my best
2 - Including Others
3 - Improving School Work
4 - Improving Myself
5 - Different perspectives
*Test Prep groups
Whole Child - March 31

April

Lessons:

K - When I worry
1 - Positive Mindset
2 - When I don't get my way
3 - Test Prep
4 - Test Prep
5 - Test Prep
*Test Prep groups
School Counseling Dept
Mtg: Apr 2
Whole Child - April 28

May

Lessons:

K - Tattling v Reporting
1 - Perseverance
2 - Self-Confidence
3 - Gratitude
4 - Controlling my thoughts
5 - Being a leader/middle
school transition
*School Counseling Dept
mtg: May TBD
*5th grade GMS visit
Whole Child - May 19