



PVYA Girls Lacrosse **WINTER WORKOUTS**

Join us every Sunday starting Jan 4 – Feb 22

Ages Kindergarten to 6th grade

3 Session K-2 (12-1:30) 3-4th (1:30-3:00) 5-6th (3:00-4:30)

\$50 per player

Register at: <https://registration.teamsnap.com/form/37937>

Registration starts: 10/8-12/30

Sticks & Goggles will be available. Must bring mouthguard

Contact: Keri Deegan, pvyagirlslacrosse@gmail.com

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