



FAMILY THERAPY

The Amherst Central School District's Family Support Center and Horizon Health Services have partnered to offer Family Therapy by a Family Counselor to help families work through problems and improve their relationships.



Help Your Family

**Communicate
without
arguments**

**Create strong
relationships**

**Set boundaries
for children**

**Learn discipline
strategies**

- ✓ Tuesday afternoon appointments at the Family Support Center located at 4007 Main Street, Amherst
- ✓ Limited appointments available. All students and families that live in the boundaries of Amherst Central School District are eligible.

**Scan the QR Code to
contact the Family
Support Center**



AMHERST CENTRAL
FAMILY SUPPORT
CENTER

