

BEARDEN TRACK RECORDS (GIRLS)

Event	Record	Record Holder	Year
100 Meter Dash	0:11.94	Laila Rudolph	2023
200 Meter Dash	0:24.73	Judy Johnson	2005
400 Meter Dash	0:56.37	Holly Warlick	1976
800 Meter Run	2:16.05	Rebecca Stover	2011
1600 Meter Run	5:03.66	Rebecca Stover	2011
3200 Meter Run	11:32.15	Millie Lovett	2023
100 Meter Hurdles	0:14.81	Lindsey Glover	2003
300 Meter Hurdles	0:45.03	Lindsey Glover	2003
4×100 Meter Relay	0:49.54	Lydia Lively Izzy Galehouse Ryan Heitzman Laila Rudolph	2023
4×200 Meter Relay	1:42.93	Jeanna Davis Judy Johnson Jennifer Scott Kelly Kohlbusch	2005
4×400 Meter Relay	4:03.56	Lindsey Glover Merry Katherine Prince Shannen Robinson Kelly Kohlbusch	2002
4×800 Meter Relay	9:47.82	Mary Alex Rochester Merry Katherine Prince Jodie Masterman Kelly Fuller	2004
High Jump	5' 10"	Mary Hirst	2007
Long Jump	18' 3.25"	Alma Cobb	1979
Triple Jump	36' 4.75"	Judy Johnson	2004
Pole Vault	10' 0"	Sarah Harris	2018
Shot Put	45' 6"	Alma Cobb	1979
Discus	135'	Sarah Cantor	2008
Pentathlon	3328	Lindsey Glover	2003
Cross Country 5K	18:42.8	Rebecca Stover	2010