



Matawan Regional High School

*"Home of the Huskies"*

Weekly Newsletter 2025-2026

## MRHS Weekly Updates

September 22, 2025

Greetings Huskies:

It was another great week across the campus here at Matawan Regional High School. Thank you again for a great opening to the school year. Please continue to allow extra time in the morning to ensure students are arriving to school on time. Don't forget... students should be in their Period 1 class by 7:15am.

Congratulations to the **MRHS Dawg Pound** for being named the Week 2 Winner of the **Xfinity Student Section of the Week**. Students have been out in full force to start the fall sports season. Thank you for your support!!! Remember... No Names, No Numbers, No Negativity!!!

I would like to give a **BIG SHOUT OUT!!!** to **Coach Andy Lasko** for securing his **100th Win** as our Boy's Cross Country Coach!!! Mr. Lasko is a member of the MRHS Class of 1991 and has been teaching and coaching in the district for 27 years. Congratulations Coach, thank you for your continued commitment and dedication to the students and staff of the Matawan Aberdeen Regional School District.

The After School Late Bus will begin its runs on Monday, September 22nd. Students participating in activities after school should secure a pass from their advisor and report to the main lobby. The Late Bus will depart from the front of the building at @ 4:15pm.

As part of the district's ongoing commitment to ensure parents are fully informed about certain information on any state assessment or commercially-developed standardized assessment that will be administered in that school year, [MARSD Parent Notification of Standardized Assessments](#) for the 2025-2026 school year and reach out to your child's school counselor or case manager with any questions.

Finally, I have attached the [Financial Aid Presentation](#) from the Higher Education Student Assistance Authority for anyone that was unable to attend the presentation during Back to School Night.

Reminder... School will be closed on Tuesday, September 23rd and Wednesday, September 24th in observance of Rosh Hashanah.

Let's Make it a Great Week!!!

Michael C. Wells

Principal

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**Coach  
Andy  
Lasko**

Boys  
Cross Country

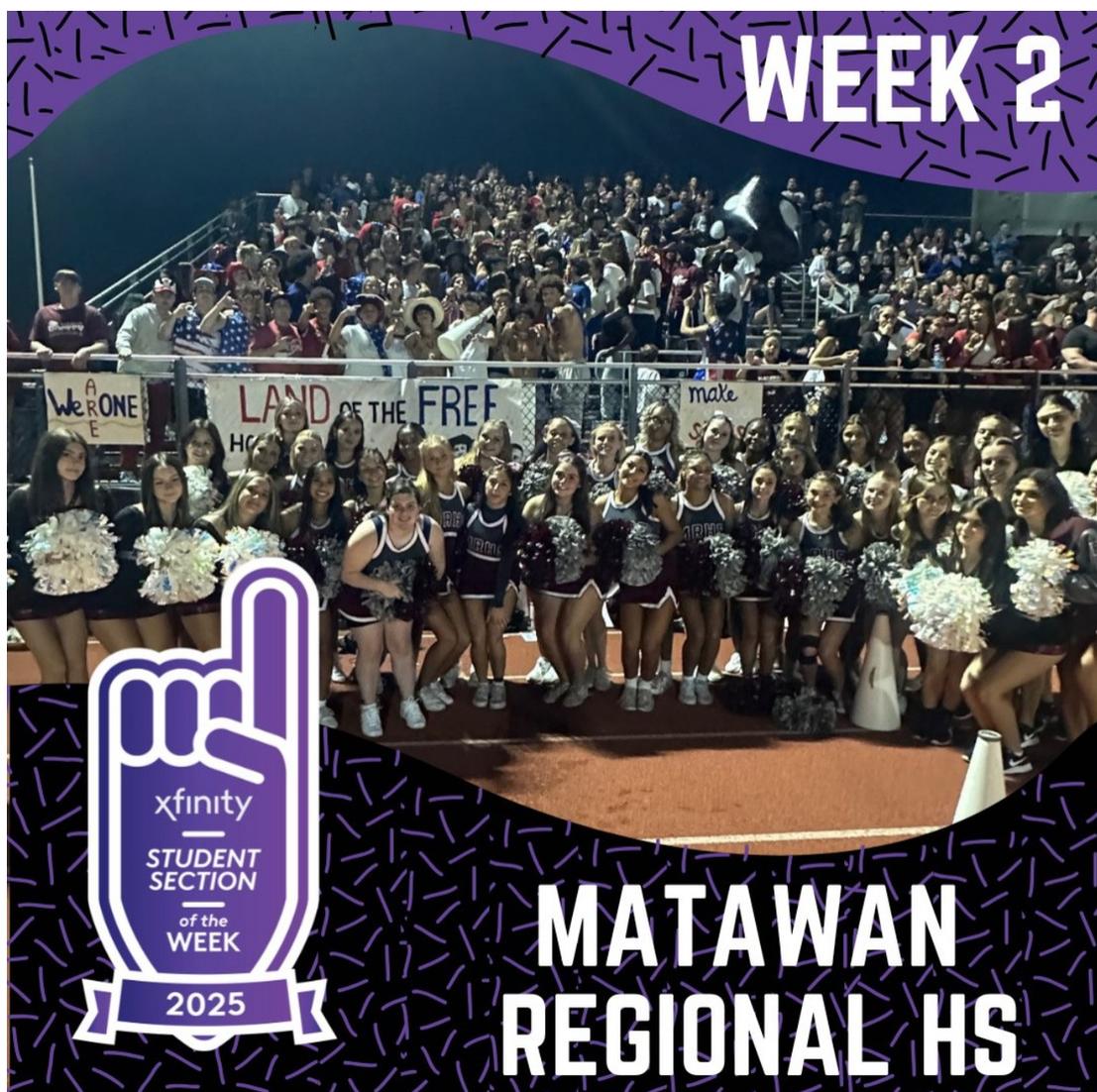


CONGRATULATIONS  
**100**  
**CAREER**  
**WINS**



Matawan Regional High School

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## SchooLinks - College & Career Readiness Program

If you have not done so already, please take a moment to review the [SchooLinks Student Introductory Letter](#). Students should begin to navigate our college and career readiness program if you have not done so already, beginning with the Find your Path Assessment that appears upon logging in. Students needing assistance should complete contact their school counselor for assistance.

- [Student Onboarding Overview](#)
- [How to use School Search](#)
- [How to Link Common App Account in SchooLinks VIDEO](#)

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## Nurses Notes

### Health Screenings

**School Nurse:** Donna Godowski - [dgodowski@marsd.org](mailto:dgodowski@marsd.org)

Each school district shall ensure that all students are provided with the opportunity to receive health screenings conducted by a school physician, school nurse, or other school personnel

properly trained pursuant to *N.J.A.C. 6A:16-2.2(l)*. Please review the required annual health screenings that will be completed throughout the year:

- **Height, Weight, Blood Pressure** - All students K-12
- **Vision** - Grade 10
- **Hearing** - Grade 11
- **Scoliosis** - Grades 9 and 11

If at any time, the parent chooses to decline these screenings, a written request must be sent to the attention of the school nurse. Parents will be notified, in writing, of any screening results that are outside of the normal parameters. Looking forward to a Healthy, Happy School Year!

## Food Allergies

In an effort to support students with dietary restrictions and life threatening food allergies, the Maschio's Nutritionist will work with identified families to ensure everyone eats a safe meal daily. If your child requires a safe meal plan, please read the attached letter from Maschio for important information and next steps.

- [Maschio's Parent Packet](#)
  - [Paquete para padres de Maschio](#)
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## Counselor's Corner

### Colleges on Campus

The following colleges will be visiting the high school on the following dates and times. Please make sure you sign up to meet with a college representative through your SchoolLinks account.

- 10/1 - University of New Haven 1:10-1:50
  - 10/6 - Rutgers University - Newark 12:20-1:00
  - 10/10 - Drew University 9:50-10:30
  - 10/10 - Monmouth University 8:15-8:55
  - 10/20 - Montclair State University 8:15-8:55
  - 10/20 - Fairleigh Dickinson University - Florham 9:05-9:45
  - 10/20 - Rider University 9:50-10:30
  - 10/20 Mount St. Mary's 1:10-1:50
  - 10/22 - Stevens Institute of Technology 9:05-9:45
  - 11/4 - University of Scranton 8:15-8:55
  - 12/9 New Jersey Institute of Technology 12:20-1:00
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## Attendance Matters!!!

### Student Attendance Guidelines

Daily attendance is essential for the academic success and personal development of high school students. Consistent participation enhances understanding of the curriculum, fosters a sense of community, and develops important skills such as punctuality and responsibility.

Students who attend classes regularly are more likely to complete assignments, perform better academically, and build positive relationships with educators. These connections provide valuable support as students navigate their high school experience. Prioritizing daily attendance is crucial for ensuring that every student has the opportunity to thrive and succeed in their educational journey.

## MRHS Attendance Policy

To receive full credit for a high school course, a student is limited to **18 total absences** for full year courses and **9 total absences** for half year/semester based courses.

### Excused Absences Include...

- Religious observance ([N.J.A.C. 6A:32-8.3\(h\)](#))
- College visits (up to 3 days per school year for students in grades 11 and 12)
- "Take Our Children to Work Day"
- Participation in observance of Veterans Day (N.J.S.A. 18A: 36-13.2)
- The closure of a busing district that prevents a student from having transportation to the school
- Participation in district board of election membership activities.

### When to Keep your Child Home From School...

- A child with heavy cold symptoms, deep or uncontrollable coughing or significant lack of energy.
- If your child has a fever, keep them home for at least 24 hours after the fever is gone without the use of fever-reducing medicines.
- If your child has pain in their ears, throat, head or chest and can not comfortably participate in school activities.
- If your child is vomiting or has diarrhea, they must have neither for 24 hours before they can return to school.

### To Report an Absence

Complete the [Attendance Reporting Form](#) or Contact our Attendance Office:  
[mrhsattendance@marsd.org](mailto:mrhsattendance@marsd.org) 732-705-5200

### Not sure how many days your child has missed this year?

1. Login to the Genesis Parent Portal using your username and password
2. Click Attendance

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**K.E.Y.S. Academy (Knowledge Empowers Youth & Sobriety)**

**Walk for Recovery**

The Matawan Aberdeen Regional School District – K.E.Y.S. Academy, **in collaboration with Preferred Behavioral and NJ4S Compass**, is thrilled to announce our **3rd Annual “[Walk for Recovery](#)”** on **Saturday, October 25th, 2025!**

Each year, this walk serves as a powerful reminder of the challenges so many of us have faced—whether personally, or through the struggles of loved ones impacted by the opioid epidemic and mental health issues. The pain and loss are real, but so is the hope for healing and recovery. That hope is why we walk together.

At K.E.Y.S. Academy, we are dedicated to advocating for the recovery and healing of our youth. We strive to serve as the **“keys”** that unlock doors of opportunity, sobriety, and brighter futures. But we cannot do this alone. We need **your support—your presence, participation, and generosity**—to walk alongside our students as they continue their journey to recovery.

#### **Event Details:**

**Date:** **Saturday, October 25th, 2025**

**Location:** Matawan Aberdeen Regional High School - Field, 450 Atlantic Avenue, Aberdeen, NJ

Please join us as we walk for a cause that unites us all—recovery, healing, and hope. Share our event with your networks and help us spread the message that together, we can make a difference. Thank you for your ongoing support of our students and our mission. We look forward to walking side by side with you!

With gratitude and excitement,  
**The K.E.Y.S. Academy Team**

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## **Educator of the Year**

The Matawan-Aberdeen Regional School District is proud to announce that we will once again participate in the New Jersey Department of Education Governor’s Educator of the Year Program (GEOY). This celebratory program integrates the Teacher of the Year Program with the Governor’s Teacher/Educational Services Professional Recognition Program to continue to recognize our state’s best teachers and educational services professionals. All nominations can be forwarded to [mrhsinfo@marsd.org](mailto:mrhsinfo@marsd.org) by **Friday, November 28, 2025**.

- [Eligibility Criteria](#)
  - [GEOY Nomination Form](#)
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## **2025-2026 Meal Applications**

As a reminder... Meal applications need to be submitted every year!!!

The 2025-2026 Meal Applications can be completed through the Genesis [Parent Portal](#). Parents who wish to complete paper applications can request a copy of the application packet from the main office.

- [Meal Application Packet](#)

- [Paquete de solicitud de comidas](#)
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## The M.O.S.T. Program

### Mentoring Our Students Together

The Matawan-Aberdeen Regional School District is proud to announce the return of [The M.O.S.T. Program](#). Students in Grades 2-12 within the MARSD will have the opportunity to work with certified staff members and dedicated community members as we work to **Mentor Our Students Together**. **The M.O.S.T.** Program will be held on select Tuesday & Wednesday afternoons from 3:00pm to 6:00pm in the [Matawan Aberdeen Middle School Cafeteria](#).

- [Click Here to Register](#).
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## School Pictures

### Senior Portraits - Final Deadline!!!

The Class of 2026: Students who did not have their Senior Portraits taken by Normandy Studio in the Spring or summer, or are new to the district need to go to their website to make an appointment. Please go to [www.normandystudio.com](http://www.normandystudio.com) and select Private Studio Session to make an appointment at their studio in Somerset ASAP to be photographed by the end of September in order to appear in the yearbook. They charge \$25 to have Senior Portraits taken at their studio. Senior Portraits taken after this date will not appear in the 2025-2026 MRHS Yearbook. Photos taken from other photography studios will not be accepted. 9/30 is the FINAL DEADLINE for Class of 2025 Senior Portraits. Please contact Mrs. Kish or Miss Shalhoub if you have any questions.

### School Picture Day - Grades 9-11

[School pictures](#) will be taken on **Friday, October 3rd** for IDs and the yearbook. Please make sure students are present on picture day. Students are not required to order pictures but need to have their picture taken. The photographer will come back for retakes at a later date to be determined. More information will come out about this in the Daily Bulletin and emails to students, parents and guardians.

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## 2025-2026 Yearbooks on Sale Now!!!

[Yearbooks](#) can be purchased now through this link ([Jostens.com](http://Jostens.com)) which is also on the HS website. Buy your book early for the cheapest price, \$135. Right now, if you purchase name personalization, you will also get 4 FREE icons. The price will increase as the year progresses. Don't wait! This is your only chance to get free icons printed on the front of the yearbook!

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## MRHS Club Corner

### Student Government

Interested in having your voice be heard and being a part of our school community? Join Student Government! We plan events such as spirit weeks, Homecoming Dance, Battle of the Classes and more. If interested please join our Google Classroom by entering the following code: [awhvc3m7](#).

\*\*Save the date: Homecoming Dance will be October 9th, 2025!\*\*

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### Matawan Aberdeen Educational Foundation

The Matawan Regional High School would like to offer its sincere appreciation to the [Matawan Aberdeen Educational Foundation](#) for their support of our programs here at the high school. We look forward to our continued partnership to benefit the students and staff of the Matawan Aberdeen Regional School District. Congratulations to our [2025 Grant Recipients](#).

- [MAEF Fall Donor Drive](#)

Mark your calendars for the 2nd Annual MAEF Battle of the Faculties

- Thursday, October 17th@ 6:00pm.

Tickets On Sale Now...

- Tickets can be purchased at <https://www.maefgrants.org/bof25>
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### MRHS Parent-Teacher Organization

The 2025-2026 [MRHS PTO Membership Drive](#) is now open. Please help support our students and staff by joining the Matawan Regional High School Parent Teacher Association this year.

Mark your calendars.... Our first event of the year will be the annual [MRHS PTO Vendor Fair](#) on Saturday, November 22nd from 9am-3pm at the high school. Crafters and Vendors can sign up by [clicking here](#).

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### MRHS Athletics

The Fall Sports Season is underway!!! Come on out to support your Huskies!!! Please check the [Athletics Schedule](#) for up to date information on the fall sports season. We are looking forward to a great fall season.

In order to provide a safe and orderly environment at all athletic events, we ask that you review and adhere to the [Spectator Code of Conduct](#). As a reminder, all guests are expected to:

- Be Respectful & Have Fun

- Signs/ Flags are not permitted in the stands, unless approved by administration
- Artificial noise makers are not permitted - (air horns, cow bells, whistles, etc.)
- Baby powder is NOT permitted as it causes significant health concerns
- Bags & Backpacks are not permitted and are subject to being searched
- There will be no admission after the third quarter. Re-entry will not be permitted.
- Students under the age of 13 should be accompanied by an adult.
- Please keep all the cheers positive, As always, profanity is NOT permitted
  - **No Names, No Numbers, No Negativity!!!!**



**Michael Wells**

Michael is using Smore to create beautiful newsletters

