



WHO WE ARE

- A comprehensive college-prep high school, serving 2,500 neighborhood students (80%) and choice students (20%).
- A Charter school which gives us local autonomy and the freedom to tailor curriculum and policies.
- A school with a long history of excellence in academics, athletics, arts and activities.
- A strong community committed and invested in the school.



Helix was recognized as a 2022 National Blue Ribbon School by the Department of Education based on our performance scores.

**"ONCE A SCOTTIE,
ALWAYS A SCOTTIE."**

HIGH EXPECTATIONS AND OPPORTUNITIES FOR ALL STUDENTS

- Rigorous graduation requirements that include completing the UC-A-G entrance requirements and taking at least 1 AP or college class.
- CTE career pathways focus on high-need, high-wage jobs in the following industries: Biotechnology, Business, Education, Environmental Sustainability and Patient Care.
- Authentic learning opportunities that include multiple school-wide projects and a minimum requirement of 40 hours of community service.
- Access to robust extracurricular programs.

Class of 2025

592
Graduates



4.4
Top 25% Average GPA

WORLD CLASS PROGRAMS

Arts

★★★★★

- Our programs include dance, drama, visual arts, instrumental music, vocal music, speech and debate, and a historic bagpipe program.
- New performing arts center that includes updated A/V capabilities and a black box theater for smaller productions.

400

Seat State of the Art
Theater

5

College Classes
Offered in the Arts

ASPIRE Clubs

★★★★★

- Helix receives a grant that allows us to provide before-and-after-school programs for students in sports, arts, academics, and enrichment.
- The grant allows us to pay the instructors and purchase special equipment which elevates the club experience.

\$250k

Funding Each Year

30

Before &
After School Clubs

Athletics

★★★★★

- One of the largest and most successful programs in the State of California.
- 26 different CIF sports offered.
- State of the art sports medicine facility, weight and fitness rooms.
- Freshman only teams in almost every sport.

68

Athletic Teams

50%

Of Students Play at Least
One Sport

Dual Enrollment

★★★★★

- 36 Dual Enrollment courses offered on campus.
- Dual Enrollment courses give both high school & college credit and are weighted on a 5.0 GPA scale. These classes are transferable to any college or university.
- On average, seniors graduate with at least one year of college completed.

1213

Students Enrolled
In College Classes

73

Dual Enrollment
Sections Offered

EFFECTIVE INNOVATION AND COLLABORATION

4x4 Block Schedule

★★★★

- Students take 3-4 classes at a time.
- Classes are 90 minutes vs 50 minutes, affording a longer time to digest information and complete class activities.
- Teachers only teach 3 periods per day and have a 80-minute prep period.
- Teachers have about 90 students at a time rather than 175-200.
- Students take 8 classes throughout the year, instead of 6.
- The extra time in a student's schedule allows for Academic Support Classes.



Double Dosed Math & Literacy

★★★★

- Students receive approximately double the amount of math instruction in Algebra I, Honors Algebra, Geometry and Algebra II.
- 10th-11th grade students may double up on honors math classes to take up to 3 years of calculus.
- Teachers across the curriculum support literacy. Teacher training has focused on literacy across disciplines.

Teacher Growth and Development

★★★★

- Six Teachers on Special Assignment (TOSAs) support teacher growth and development and implement professional development opportunities in each department.
- Teachers are assigned to Course Level Teams (professional learning communities) to collaborate on developing curriculum and implementing best instructional practices. All CLTs are provided 90 minutes of collaboration time each week.

SAMPLE SCHEDULE

| Term 1: Aug - Dec | | Term 2: Jan - June | |
|-------------------|------------------|--------------------|---------------------------|
| Period | Class | Period | Class |
| 1 | Math | 1 | Math |
| 2 | English | 2 | Science |
| 3 | PE | 3 | Social Science |
| 4 | Academic Support | 4 | Academic Support/Elective |

HIGH LEVELS OF SUPPORT

Academic Support Program

★★★★

- 40-50 paraprofessionals serving students on campus every day.
- Approximately 50% of students are enrolled in an academic support class during the school day.
- All students have access to 3 hours of teacher-led tutorials each week.
- 9th graders take Helix First (an intro to high school course) and Extended Learning, a support class focused on study skills, organization, and advocacy for self.


Grade Level Teams

★★★★

- All students are assigned to GLTs which have a principal, counselor, academic advisor, admin assistant and social worker.
- GLTs support students' academic and social-emotional needs over all 4 years.
- GLTs meet with every family at least once a year during summer registration.

Mental Health Support

★★★★

- Dedicated Wellness Center staffed with 4 full-time licensed social workers available to students. Social workers provide support through one-on-one appointments and small group work.
- All staff and families have access to Care Solace, a free mental health referral service.
-  Facility dog on campus to help with emotional support.