DECODING SOCIAL MEDIA: HELPING KIDS THRIVE IN A CONNECTED WORLD



Event Details

Where: Interactive Virtual Zoom Session

Speaker: Peter Martin, LMHC

Date: Thursday, January 15th, 2026
Time: 12:00 PM – 1:00 PM

Session Focus:

Understanding Social Platforms: Clarifying popular social media apps and their appeal to kids.

Safe & Responsible Use: Strategies for teaching digital citizenship, privacy, and online etiquette.

Parental Guidance: Tools and tips for monitoring, setting boundaries, and fostering healthy online habits.

To Register, please click the link or scan the QR code:
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Questions? Please email:

SchoolMentalHealth@northwell.edu

Frequently Asked Questions:

Is registration required for this program?

Yes. Registration is required for this webinar. Please use the link or QR code to complete registration.

When will I receive the webinar information for this program?

The webinar information will be sent to you after you register. Please do not share this information with others.

Will this session be recorded?

Due to the interactivity that we encourage during these lunch and learn sessions, to protect our participants privacy, we do not record these sessions. For recorded sessions, please visit our YouTube channel here.