Sayreville Public Schools
Vision 2030
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Dr. Richard R. Labbe, Superintendent of Schools
Mr. David Knaster, Assistant Superintendent
Mr. Eric Glock-Molloy, Assistant Superintendent
Ms. Erin Hill, Business Administrator/Board Secretary

Parental Opt-Out Request for Health Education Instruction

In accordance with New Jersey Administrative Code N.J.A.C. 6A:8-3.1 and N.J.S.A 18A:35-4.7 (2024), which allows parents or guardians to excuse their children from specific parts of the health curriculum specific to family life, or sex education instruction that conflicts with their moral or religious beliefs, I am requesting that my child be exempted from the specific lesson(s) identified below.

Student Information:
• Student Name: _____ Grade Level: _____

Parent/Guardian Information:
• Parent/Guardian Name: _____
• Phone Number: _____Email Address: _____

Lessons to Be Excluded From:
After reviewing the grade level Health curriculum guide found using this link: https://www.sayrevillek12.net/district/curriculum-instruction/healthphysical-education, please identify the specific lesson(s) from the Health Curriculum that you wish your child to be excluded from (e.g., Human Sexuality, Reproductive Systems, etc.):

Assurance Statement:
By signing below, I confirm that:
• I have reviewed the Sayreville Public Schools Health Curriculum.
• I am requesting that my child be excused from the lesson(s) identified above due to personal, moral, or religious beliefs.
• I understand that my child will be assigned alternative, grade-level appropriate health education content to be completed independently in an alternate setting during the scheduled health lesson(s).

Parent/Guardian Signature: _____ Date: _____

Please submit this completed and signed form to your child's principal.

School Use Only:
• Received By: _____
• Date Received: _____ Alternate Assignment Provided by:_____
• Principal's Signature: _____

Educating Today's Learners to Be Tomorrow's Leaders