



Wall Township Public Schools
Office of Intervention Services & Student Wellness K-12
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Ms. Tiffany Steiner
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August 28, 2025

Dear Parents and Guardians,

Welcome to the start of your child's educational journey! Student wellness is a key focus of Wall Township Public Schools, helping children develop healthy decision-making skills and positive coping strategies. To support this, we use a research-based program called *The 7 Mindsets*.

The 7 Mindsets program was created following three years of research aimed at discovering what the happiest and most successful people share in common. This research identified seven mental habits that contribute to their success and happiness. We teach the *7 Mindsets* from kindergarten through 12th grade using various methods, including morning meetings, classroom lessons, morning announcements, parent newsletters, and staff workshops.

For parents interested in learning more about student wellness, I invite you to our third annual **VIRTUAL KINDER MEET AND GREET**. This meeting is scheduled for Monday, October 6th, from 6:00 PM to 7:00 PM. I will be joined by our elementary principals, school counselors, and our District School Social Worker, Cailyn Gilvary. Together, we will share insights into our district wellness programs and answer any questions you may have. Please scan the QR code to access the meeting.

You can also dial in at: (US)+1 252-316-6660
PIN: 396 524 251#



I hope to see you virtually on October 6th!

Best regards,

Tiffany Steiner

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