



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

SEPTEMBER 21, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
 is a welcoming Catholic community,
 which inspires faith in God,
 through prayer, sacraments, and service,
 while living Gospel values,
 as faithful followers of Jesus Christ.



25TH SUNDAY IN ORDINARY TIME

"No servant can serve two masters."
 - Lk 16:13

PARISH CALENDAR

Sunday September 21

Twenty-Fifth Sunday in Ordinary Time

9:00 AM **Mass**
11:00 AM **Mass** with CLOW
12:30 PM Sunday School
2:00 PM Children's Sacramental Prep Class
5:00 PM **Mass** (Hosted by SHS 8th Grade Class)
Youth Group **Mass** & Dinner

Monday September 22

Weekday

8:15 AM Rosary
8:45 AM **Mass**
6:30 PM OCIA Class
7:00 PM Rosary Group

Tuesday September 23

Saint Pius of Pietrelcina, Priest

10:00 AM Stitchers with Heart Group
6:00 PM Bereavement Group
7:00 PM Sacred Heart Book Group

Wednesday September 24

Weekday

8:00 AM Rosary
8:15 AM Confessions
8:45 AM **Mass** (school attending)

Thursday September 25

Weekday

8:15 AM Rosary
8:45 AM **Mass**
11:30 AM Carpe Diem Potluck Lunch
& Movie
2:00 PM - 4:00 PM *Eucharistic Adoration Canceled*

Friday September 26

Saints Cosmas and Damian, Martyrs

8:15 AM Rosary
8:45 AM **Mass Canceled**

Saturday September 27

Saint Vincent de Paul, Priest

8:00 AM Women's Group
8:00 AM Men's Group
3:00 PM Confessions - Reconciliation Chapel
5:00 PM Vigil **Mass**

Sunday September 28

Twenty-Sixth Sunday in Ordinary Time

9:00 AM **Mass**
11:00 AM **Mass** with CLOW
12:30 PM Sunday School
2:00 PM Children's Sacramental Prep Class
3:00 PM *Divine Mercy Prayer Canceled*
5:00 PM **Mass**

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith
Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data
& Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications
& Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental
Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)



Autumn 50+ Potluck Lunch & Movie
 Sponsored by Carpe Diem
11:30am, Thurs., Sept. 25th
 In the Narthex
Food Assignments (by last names):
A-C: dessert for 8+
D-I: salad/side for 8+
J-Z: main dish for 8+
 Info: Linda Geere, 425-450-3908
 or lgeere@sacredheart.org



Behold the Lamb

Quick Weekly Lessons on the Sacred Liturgy

As we enter into the Liturgy of the Word, we move from a posture of standing to sitting. Our gestures and postures during Mass are a reflection both of our unity with each other and our interior postures of prayer. When we stand we take on the ancient posture of prayer and reverence. When we sit we take on the posture of listening and attention. When we kneel, we take on the posture of humble adoration. (Etienne, *The Work of Redemption*).



Sacred Heart Parish

Ministry Fair

October 4th & 5th, 2025

We invite you to join us in the Narthex after all Masses during the weekend of October 4th and 5th to learn more about our many parish ministries, and how you can become involved. Please consider a gift of your time to volunteer, share your talents and journey together in faith and fellowship with our Sacred Heart community.

"God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another" - 1 Peter 4:10-11

PARISH STEWARDSHIP OF TALENT.

YOUR TALENT IS GOD'S GIFT TO YOU. HOW WILL YOU USE IT FOR HIM?



2025 Altar Server Training
 Calling all altar servers!!
 Open to all youth in 4th grade and up, altar serving is a beautiful way to learn more about the liturgy, grow in love for the Eucharist, and serve both God and His people. As an altar server, you take on the responsibility of serving the priest and directing the congregation in worship.
 Scan QR code for more information
 Training is for ALL returning and new servers
 pkwan@sacredheart.org Church Nave

ADMINISTRATION & STEWARDSHIP

Sacred Heart Liturgical Schedule Updates

Fr. Joseph is currently visiting his family in Nigeria and will return on October 1st. During his absence, Fr. Nagel will be dividing his time between our Parish Family of Sacred Heart and St. Monica for Masses and parish commitments. Additionally, Fr. Joseph Mitchell, a Senior Priest in the Archdiocese of Seattle, will assist by presiding at various weekend Masses. Please note the following changes to Sacred Heart's Liturgical schedule during Fr. Joseph's vacation:

- ◆ There will be no 8:45 AM Daily Mass on Fridays, and will resume on Friday, October 3rd.
- ◆ There will be no Eucharistic Adoration on Thursdays and will resume on Thursday, October 16th.
- ◆ The First Friday of the Month Mass will resume on Friday, October 3rd.
- ◆ The First Friday of the Month Eucharistic Adoration will resume on Friday, October 3rd.

Please visit St. Monica parish at www.stmonicami.org, for a listing of Mass and Eucharistic Adoration times. Please keep Fr. Joseph in your prayers for safe travels and prayers for Fr. Nagel as he navigates the schedules and commitments of our Parish Family.



One Parish Planning

Stage Two: Who are we?

During this current stage in One Parish Planning for our Parish Family, we will be asking ourselves "Who are we?" to help develop an understanding and appreciation of the history, the people, the gifts and the ministries that have been central to Sacred Heart and St Monica parishes. This question will also help our community explore the opportunities and challenges present in our parishes today. Every parishioner will have opportunities to participate through surveys and listening sessions throughout the different stages of the process.

This weekend, September 20th and 21st, at all Masses, there will be another opportunity to share your thoughts as Fr. Nagel will be preaching on this topic and inviting you to participate in a brief survey.

Your feedback is crucial. To read more about our Parish Family and the One Parish Planning process visit: parish.sacredheart.org/about-us/our-parish-family



WEEKLY READINGS

Sunday 9/21

Amos 8:4-7
Psalm 113:1-2,4-8
1 Timothy 2:1-8
Luke 16:1-13

Monday 9/22

Ezra 1:1-6
Psalm 126:1b-6
Luke 8:16-18

Tuesday 9/23

Ezra 6:7-8,12b,14-20
Psalm 122:1-5
Luke 8:19-21

Wednesday 9/24

Ezra 9:5-9
(Psalm) Tobit 13:2-4,7-8
Luke 9:1-6

Thursday 9/25

Haggai 1:1-8
Psalm 149:1b-6a,9b
Luke 9:7-9

Friday 9/26

Haggai 2:1-9
Psalm 43:1-4
Luke 9:18-22

Saturday 9/27

Zechariah 2:5-9
(Psalm) Jeremiah 31:10-12b,13
Luke 9:43b-45

Sunday 9/28

Amos 6:1a,4-7
Psalm 146:7-10
1 Timothy 6:11-16
Luke 16:19-31

MASS INTENTIONS

Sunday 9/21

9:00 AM Mass:
INT THE ELDERLY OF SACRED HEART PARISH
11:00 AM Mass:
INT THE YOUTH OF SACRED HEART PARISH
5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 9/22

RIP PRIVATE INTENTION

Wednesday 9/24

RIP RUDY PLANCICH
by Sacred Heart Parish & School Staff

Thursday 9/25

RIP PATRICIA PAULSEN by the Paulsen Family

Friday 9/26

MASS IS CANCELED

Saturday 9/27

INT THE PARISHIONERS OF SACRED HEART

Sunday 9/28

9:00 AM Mass:
RIP RICARDO TERRAZAS LUNA
by the Terrazas Ortega Family
11:00 AM Mass:
INT THE PARISHIONERS OF SACRED HEART
5:00 PM Mass: PRIEST PRIVATE INTENTION

POPE'S PRAYER INTENTION - SEPTEMBER

FOR OUR RELATIONSHIP WITH ALL OF CREATION

Let us pray that, inspired by Saint Francis,
we might experience our interdependence
with all creatures who are loved by God
and worthy of love and respect.

PLEASE PRAY FOR:

The Sick

Pray for the sick of
Sacred Heart & St. Monica Parish Family

The Deceased

Pray for the deceased of
Sacred Heart & St. Monica Parish Family

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is canceled while Fr. Joseph is visiting family in Nigeria. Adoration is canceled from Thursday, August 28th, through Thursday, October 9th. It will resume on Thursday, October 16th. Additionally, First Friday Eucharistic Adoration, will resume on Friday, October 3rd.



EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Sunday School this Sunday
September 21st, 2025
Grades K—5th, 12:30 to 1:30 PM

Scan the QR code for registration or visit sacredheart.org/Parish/

Join us for Children's Liturgy of the Word at the 11: 00 AM Mass



SACRED HEART SCHOOL

Open House
Pre-K through 8th Grade

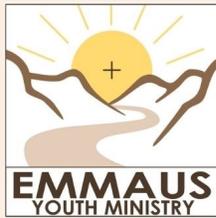
THURSDAY
NOVEMBER 6, 2025
6:00-7:30PM



REGISTER
ONLINE TODAY!

school.sacredheart.org

REGISTRATION IS OPEN!!!



PLEASE EMAIL KELSEY HEINTZ
IF YOU HAVE ANY QUESTIONS!
KHEINTZ@SACREDHEART.ORG



EMMAUS YOUTH MINISTRY
MIDDLE AND HIGH SCHOOLERS

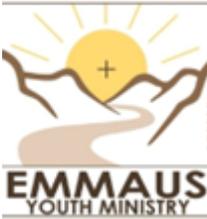


CONFIRMATION
7th GRADE AND UP



Emmaus Youth Ministry Kickoff

Join together with the teens of our parish family on **Wednesday October 1st from 5:30-8:30pm** to kickoff this year's youth ministry program at the Tukwila Family Fun Center! Please register by Sunday, September 28th by scanning the QR code.



Please contact Sharon Phillips, High School Youth Minister, sphillips@sacredheart.org, for more information. We look forward to seeing you at the kickoff!

WE ARE HIRING

JOIN OUR TEAM

ESS STAFF

- \$20/hr
- Monday-Friday
- Part Time
- Grades K-8th
- Supervise and engage students in a safe, positive environment

SEND YOUR RESUME
psullivan@sacredheart.org

Volunteer - Emmaus Youth Ministry!
Our Emmaus Youth Ministry and Confirmation team needs volunteers! Scan the QR code to learn more.



COMMUNITY OUTREACH—COMMUNITY EVENTS



St. Vincent de Paul

Brown Bag Sunday Collection

This Weekend - September 20th - 21st

Please don't forget to bring back the brown grocery bags this weekend on September 20th and 21st. You can fill them with non-perishable grocery items and household paper products before placing them in the bin located in the Narthex. This is part of our monthly collection for *Hopelink*, which helps support our local community in need. Your generosity is greatly appreciated. Thank you!



Missed a Sacrament?

It is never too late! If you or someone in your family has missed celebrating a sacrament such as Baptism, First Communion or Confirmation, please contact the parish office at 425-454-9536. We are here to assist and guide your family in sacramental preparation.

Sacred Heart Bereavement Group



Sacred Heart invites anyone who has experienced the loss of a loved one, including those through miscarriage, to join a bereavement support group led by Linda Geere. This group will meet for 8 weeks, starting on **Tuesday, September 16th, from 6:00 to 7:30 PM** in the Parish Youth Room, with the entrance off NE 14th Street. You do not need to be Catholic to participate, so please feel free to invite a family member or friend who has also experienced the loss of someone special. To sign up or if you have any questions, please contact Linda Geere, Pastoral Assistant for Pastoral Care at lgeere@sacredheart.org or 425 454-9536.

Did You Know?

The Crozier Society is the largest local Catholic social group focused on supporting seminarians.



Membership benefits include:

- Four events with the archbishop including a retreat every year. ...
- Being part of a fun and welcoming Catholic community. ...
- Quarterly prayer intentions.



Sacred Heart Book Discussion Group Tuesday, September 23rd at 7:00 PM Parish Conference Room 1

(Located through main entrance of parish office)

We would love to have you join us for the next Sacred Heart Book Group meeting! .

New members always welcome!

UPCOMING BOOK:

Seven Things You Can't Say About China
by Tom Cotton

Contact Annelies Smith at 425-444-9450 or ybugmom@comcast.net if you would like more information or to be added to the email list.

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

English Retreat -October 10- October 12, 2025

Spanish Retreat -October 31- November 2, 2025

English Retreat - March 6 - March 8, 2026

Please call or email for information regarding the Project Rachel ministry or future healing retreat.

To leave a confidential message please call Frances - English: (206) 920-6413 Alejandra - Spanish: (206)-450-7814 Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel or www.facebook.com/projectrachelww. Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!



Join today
archseattle.org/crozier



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- Julie Nelson



Parishoners Matt & Christina with Client Julie



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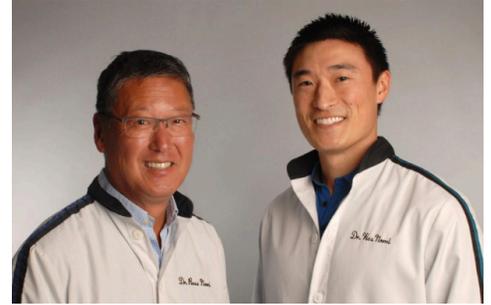
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