



HIGHLANDS MIDDLE SCHOOL

BELL SCHEDULE

2025 - 2026



PERIOD	TIME
1	7:44 – 8:28 (Two Minutes for Morning Announcements)
2	8:31 – 9:13
3	9:16 – 9:58
4	10:01 – 10:43
5	10:46 – 11:28
6	11:31 – 12:13
7	12:16 – 12:58
8	1:01 – 1:43
9	1:47 – 2:30 (One Minute for Afternoon Announcements)
10	2:33 – 3:15