



Baylor College of Medicine Biotech
Academy at Rusk

ptoeaglesbcmrusk@gmail.com



@BCMRUSKEAGLESPTO

join our
PTO

Parent Teacher Organization
(PTO) = partnership between
parents, teachers, and staff

Focus: supporting students,
school programs, and
building community

Independent parent-led
group

Why Join PTO?

Be

Be involved in your child's education

Have

Have a voice in school activities & events

Support

Support teachers and staff

Build

Build a stronger school community

UPDATES:

Goodbye summer, Hello School

\$ 2.00 dlr dress pass

payments : Zelle / paypal

ptoeaglesbcmrusk@gmail.com

cashapp: \$PTOeaglesbcmrusk



Recent PTO Highlights

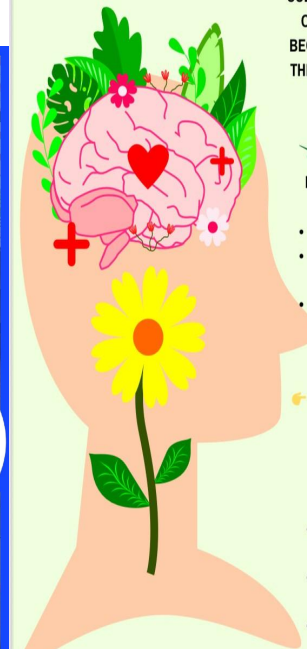


SEPTEMBER
National Self-Care Month
 for more information:
Chaney.Johnson@houstonisd.org

PLEASE JOIN US TO CELEBRATE

NATIONAL SELF-CARE MONTH

SEPTEMBER IS NATIONAL SELF-CARE MONTH, AND OUR NEW SCHOOL COUNSELOR, MS. JOHNSON, IS HELPING US CELEBRATE BY CREATING A CARING CULTURE ON OUR CAMPUS. OUR GOAL IS TO REMIND OUR STAFF OF THE IMPORTANCE OF SELF-CARE BECAUSE WHEN THEY TAKE CARE OF THEMSELVES, THEY CAN SHOW UP AND GIVE THEIR VERY BEST TO OUR STUDENTS EACH DAY.



HERE ARE A FEW ACTIVITIES THE COUNSELOR HAS PLANNED SO FAR:

- BIKING – AFTER SCHOOL ON SEPTEMBER 19TH
- COOKING DEMO – AFTER SCHOOL ON SEPTEMBER 24TH FROM 4:15-4:45 P.M.
- WORKOUT CLASSES – WE'D LOVE TO ADD A COUPLE MORE AFTER-SCHOOL CLASSES (ZUMBA, STEP, YOGA, BOOT CAMP, FITNESS ACTIVITY, OR ANY FUN CRAFT ACTIVITY).
- IF YOU KNOW ANYONE WHO CAN LEAD A CLASS FOR OUR STAFF, PLEASE LET US KNOW!

IN ADDITION, WE WILL BE:

- RAFFLING ONE SELF-CARE PRIZE EACH WEEK IN SEPTEMBER
- PROVIDING A SMALL TREAT EVERY FRIDAY TO OUR AMAZING STAFF
- IF YOU WOULD LIKE TO HELP WITH PRIZES, TREATS, OR KNOW SOMEONE WHO CAN OFFER A WORKOUT CLASS, WE WOULD LOVE YOUR SUPPORT!

POR FAVOR, ACOMPAÑENOS A CELEBRAR

EL MES NACIONAL DEL AUTOCUIDADO

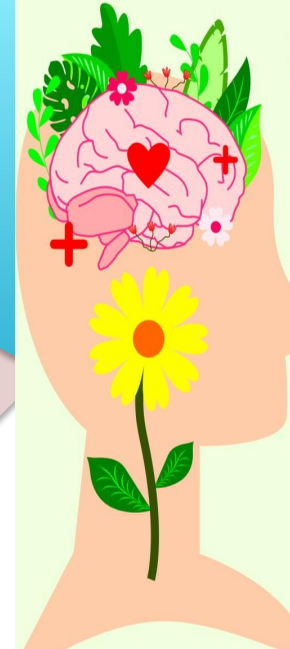
SEPTIEMBRE ES EL MES NACIONAL DEL AUTOCUIDADO. NUESTRA NUEVA CONSEJERA ESCOLAR, MS JOHNSON, NOS ESTÁ AYUDANDO A CELEBRAR CREANDO UNA CULTURA DE CUIDADO EN NUESTRO CAMPUS. NUESTRO OBJETIVO ES RECORDAR A NUESTRO PERSONAL LA IMPORTANCIA DEL AUTOCUIDADO —PORQUE CUANDO SE CUIDAN A SÍ MISMOS, PUEDEN PRESENTARSE Y DAR LO MEJOR DE SÍ A NUESTROS ESTUDIANTES CADA DÍA.

ACTIVIDADES PLANEADAS:

- PASEO EN BICICLETA – DESPUÉS DE CLASES EL 19 DE SEPTIEMBRE
- DEMOSTRACIÓN DE COCINA – DESPUÉS DE CLASES EL 24 DE SEPTIEMBRE DE 4:15 A 4:45 P.M.
- CLASES DE EJERCICIO – NOS ENCANTARÍA AGREGAR UN PAR MÁS DESPUÉS DE CLASES (ZUMBA, STEP, YOGA, BOOT CAMP O CUALQUIER ACTIVIDAD DIVERTIDA DE FITNESS).
- SI CONOCES A ALGUIEN QUE PUEDA DIRIGIR UNA CLASE PARA NUESTRO PERSONAL, POR FAVOR HÁZNOSLO SABER.

ADEMÁS ESTAREMOS:

- RIFANDO UN PREMIO DE AUTOCUIDADO CADA SEMANA EN SEPTIEMBRE
- OFRECIENDO UN PEQUEÑO ANTOJO CADA VIERNES A NUESTRO INCREÍBLE PERSONAL
- SI DESEAS AYUDAR CON PREMIOS, ANTOJITOS, O CONOCES A ALGUIEN QUE PUEDA OFRECER UNA CLASE DE EJERCICIO, ¡NOS ENCANTARÍA CONTAR CON TU APOYO!



Recent PTO Highlights

hygiene kits available for ALL students from COR of Houston. please check with school nurse!

- **female hygiene products**

next delivery is scheduled for next week Wednesday!



UPCOMING EVENTS

**Fall
Dance
oct 24
(school
cafeteria)**

**we will need
volunteers
sponsors!!**

- sales for dress pass (all week)
- chaperons during dance
- decorations
- clean up crew

**we need
sponsors**

- dj
- drinks (water, sodas)
- snacks

UPCOMING EVENTS

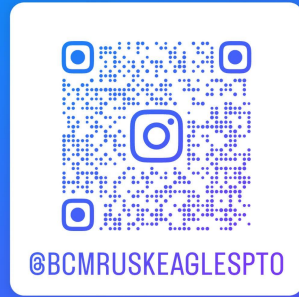
**Our
very
first!!
*GALA***

**we will
need
sponsors!!**

- theme:
 - *casino night
GALA*
- Decorations

- location
- dj
- drinks (water, sodas)
- snacks

Meeting Information



- PTO Meetings:
- After: "Coffee with the Principal"

- Contact:
ptoeaglesbcmrusk@gmail.com
Instagram
Groupme

BCM-RUSK eagles PTO



Scan the QR code to join the group



HISD Volunteer Requirement (VIPS)

HOW TO VOLUNTEER WITH HISD

VOLUNTEER ONBOARDING GUIDE



 REGISTER Use the link to register for VIPS to volunteer at any school or District event.	 SIGN UP Sign up on the site or at your campus for your volunteer assignment.
 COMPLETE ORIENTATION Before completing your registration, you will be prompted to complete the volunteer orientation.	 VOLUNTEER HOURS Track your volunteer hours using the Raptor system.
 BACKGROUND CHECK You must agree to undergo a background check in order to become an approved volunteer.	 THANK YOU! We look forward to recognizing your contributions!

In order to volunteer in **any school activity**, everyone must **register in VIPS**.

This applies to all parents, guardians, and community volunteers.

Registration helps keep our students safe and ensures compliance with HISD guidelines.

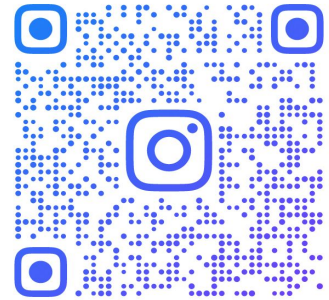
Call to Action



JOIN US AS A PTO
join our group me



TO MAKE BCM BIOTECH
ACADEMY AT RUSK THE
BEST IT CAN BE!



@BCMRUSKEAGLESPTO

follow us on social media

Thank You!



CLOSING MESSAGE



CONTACT INFO AGAIN
EMAIL OR GROUPME



“TOGETHER WE
ACHIEVE MORE.”