
VEGETARIAN ENTRÉE OPTIONS PER MENU

ADD ANY HOT VEGETABLE AND
FRUIT, PLUS GARDEN BAR, GRAIN
AND MILK FOR A COMPLETE MEAL

CHEF SALADS

With beans, Cheese and Egg
(Available daily)

PASTA ENTRÉE (ALFREDO, SPAGHETTI, MAC & CHEESE)

Decline the meat

EGG SALAD ON CROISSANT

With chips

SUNBUTTER & JELLY SANDWICH

With Chips

CHEESE NACHOS OR CHEESEY FRIES

BEAN & CHEESE BURRITO OR TACOS

With Salsa

COTTAGE CHEESE PLATE

With Fruit, Hummus, Savory
Crackers

CHEESE PIZZA

Every Friday

RAMEN WITH VEGETABLES

With Fruit, Boiled Egg- Decline meat

STUFFED BAKED POTATO

With Cheddar, Broccoli, Scallions,
Roll



MENU AVAILABILITY

For the vegetarian student, **meat may always be declined** and the meal completed with vegetables, fruit, grain and milk. The meatless entrees listed will be available based on the main menu for the day. For example, when Chicken Alfredo is featured, you may request no meat. When a taco or burrito meal is featured, you may request a meatless version.

The **DELI** area will feature at least one meatless option daily. The **GARDEN BAR** is available for selection everyday for students who prefer a meatless meal. Fruit and Grain items and Milk complete the meal.

VEGAN MEALS- Because the Vegan meal does not allow animal proteins (meat, eggs or dairy) it does not meet the USDA meal pattern and will require a Physician's order to replace these essential items. However, students may purchase meatless items separately without a physician's order.

Vegetarian

MEAL SERVICE

