Wednesday, April 16, 2025
Remote Meeting
3:00pm-3:45pm

Agenda: **1) Food Services update**
2) Additional nurse position
3) Building Updates
4) New business

Attendees:
Michael Horton, Meri Lepore, Melissa Lake, Beau Almodobar, Courtney Foster, Kelsey Perkins, Nancy Small, Michelle Olson, Jennifer Williams, Richelle D'Elia Beaudette, Anthony Choronzy, Seamus Galligan, Natalie Thompson

(1) FoodServices (Chartwell's) Update:

Christian M is headed back to Melrose, so we only have Ken a few days per week. He focuses on inventory and ordering food and materials. Teresa Flores has stepped into a leadership role at NIS. Meri was able to get in touch with Erin Long to ensure that there were gluten free options at NES.

(2) Additional Nurse Position:

After Meri spoke at School Committee about the need for at least a part-time nurse to 'float' between all 4 buildings for coverage and assistance with annual screenings, Dr. Hallett has said that she working on adjusting the budget to include this position for FY26. It is likely to be part-time at 3 days per week.

(3) Building Updates:

NES:
Richelle has planned lessons for grades 1 & 2 in the Joyce Furman garden with Ella Potenza. NES staff asked about providing more movement breaks at NES? Maybe a second recess? Mr. Horton suggested they consider a 'structured' recess that has set activities that students sign up for in advance. (Responsive Classroom strategy)

NIS:
Status quo… some of the recess soccer games have become too aggressive. This is not new as soccer has been 'taken away' by staff in the past and Mr. Horton sees it in the current 6th grade during 2-hand touch football at CPS. George M is organizing a 'screen free' week for the 5/5 - 5/9. This reminded us of 'Tv Turn Off Week' hosted by F Baskett and D Avery a few years ago at NES.

CPS:
Health Class portion of Wellness has wrapped up. The focus was on identifying the differences between healthy and unhealthy relationships. Students also participated in activities to build skills to resolve conflicts.

NHS:
Freshmen have started health class. NHS still sees a lot of outside food delivered to the school: Boathouse, 45 Surfside, etc… If we 'touch it' are we serving it? Hoping for guidance from the School Committee on this part of the policy.

(4) New Business

CPS/NHS nurses have noticed that the cafe closes very early each lunch (after only 10 minutes). Students are sometimes late to lunch and others can't get seconds. Can we look into the cafes staying open longer and also later each morning?

This is a slippery slope as students do need to eat, but the school day is set to begin at 7:50am… how late should we keep cafes open? Maybe keep breakfast open until 8am? Requires approval and direction from Chartwell's. CPS & NHS could offer 'grab & go' as NES and NIS do.

NEXT MEETING: Need to confirm a date for EWD in May or June 2025 to get in our 4th meeting

Minutes respectively submitted by Michael Horton, CPS Principal