Wednesday, March 12, 2025
Remote Meeting
2:50pm-3:55pm

Agenda: 1) Update from each building: NES, NIS, CPS, NHS
2) Review latest Vertical Wellness Teacher meeting (re: new frameworks/resources)
3) New Business

Attendees:
Michael Horton, Meri Lepore, Julie Salisbury, Pam Pellegrino, Melissa Lake, Olivia Gallugi, Beau Almodobar, Courtney Foster, Yuliya Chumak, Kelsey Perkins, Camilla McGarvey, Nancy Small, Michelle Olson, Heidi Smith, Jennifer Williams, Richelle D'Elia Beaudette

(1) Building Updates:

NES:
Cupcakes and treats are still being brought in for birthday parties. We need to confirm that there is a Gluten free option for student lunch with food services. Richelle attended vertical meeting with Dr. Mandy Bardsley to review new health frameworks.

NIS:
Some changes in cafe food; some days looks like 'real' potatoes, some days look like 'cookie cutter' processed potatoes (smiley face). Cafe is not forcing students to take a fruit. A matter of food waste. Still have cupcakes coming in from outside.

CPS:
Many more lunch choices. Pizza every day. Salad quality is good plus fresh veggies. Food brought in from 45 Surfside or Boathouse regularly. Is this an equity issue?

NHS:
Calorie needs. Nurse office is asked for snacks every day. Quality is not ideal, but better than nothing. The hope is to educate students to make healthier choices over time. 1/3 of daily nurse visits could be eliminated by providing more food. Food insecurity is a real thing. Could we extend cafe hours to be open for 'drop-in' opportunities?

(2) **New resources for new health frameworks at each school**:

NES - Spark plus Responsive Classroom
NIS - has not met with Dr. Bardsley
CPS - Catch Health
NHS - HealthSmart

(3) New Business

NPS needs an addition nurse position to 'rotate' among the 4 schools. Help with coverage when building nurses are out. Help with eyes/ears and other (SBIRT?) testing. Serena Schick has been cleared to be an 'on-call' nurse sub as needed. Meri has presented to School Committee on this need and Mike will follow-up

NEXT MEETING: Need to confirm for 4/16/25
Minutes respectively submitted by Michael Horton, CPS Principal