RALLY CAFE

Oakland Early College Lunch

October 2025

NOTES | One lunch will be served to each student daily at no charge. Lunches served at no charge must include a fruit and/or vegetable and may include 2% milk. A la carte beverages, extra milk, smart snacks, and extra meals will be subject to charge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 **Home Zone Feature:** Chili Mac'N'Cheese **Vegetarian Option:** Mac'N'Cheese	2  	3 **Jets Pizza Day** Cheese Pizza Vegetable Pizza Pepperoni Pizza Garden Salad
6 **Home Zone Feature:** Cherry Blossom Chicken w/ Vegetable Fried Rice & Egg Roll **Vegetarian Option:** Vegetable Fried Rice & Vegetable Egg Roll	7 **Home Zone Feature:** Soft Tacos - Chicken, Beef or Bean w/ Rice & Custom Toppings **Vegetarian Option:** Soft Tacos - Beans, Rice, Cheese & Lettuce w/ Custom Toppings	8 **Home Zone Feature:** Chicken Alfredo w/ Penne Pasta & Vegetables **Vegetarian Option:** Vegetable Alfredo w/ Penne Pasta	9 **Home Zone Feature:** Beefsteak Sandwich **Vegetarian Option:** Grilled Vegetable Sandwich	10 **Jets Pizza Day** Cheese Pizza Vegetable Pizza Pepperoni Pizza Garden Salad Deli Subs
13 **Home Zone Feature:** Popcorn Chicken Bowl w/ Mashed Potatoes, Gravy, Corn and Cheese **Vegetarian Option:** Veggie Chicken Nuggets, Mashed Potatoes, Gravy, Corn	14 **Home Zone Feature:** Spaghetti Bolognese w/ Garlic Bread **Vegetarian Option:** Spaghetti Marinara w/ Vegetables & Garlic Bread	15 **Home Zone Feature:** Buffalo Mac'N' Cheese **Vegetarian Option:** Mac'N'Cheese	16 **Home Zone Feature:** Chicken Wings Warm Biscuit, Carrots, Celery Sticks & Assorted Sauces **Vegetarian Option:** Veggie Chicken Nuggets,Warm Biscuit, Carrots, Celery Sticks & Assorted Sauces	17 **Jets Pizza Day** Cheese Pizza Vegetable Pizza Pepperoni Pizza Garden Salad Deli Subs
20 **Home Zone Feature:** Orange Chicken w/ Vegetable Fried Rice & Egg Roll **Vegetarian Option:** Vegetable Fried Rice & Vegetable Egg Roll	21 **Home Zone Feature:**Doritos Walking Tacos- Chicken, Beef or Bean w/ Rice & Custom Toppings **Vegetarian Option:** Doritos Walking Tacos - Beans, Cheese & Lettuce w/ Custom Toppings	22 **Home Zone Feature:** Classic Mac'N'Cheese **Vegetarian Option:** Classic Mac'N'Cheese	23 **Home Zone Feature:** Chicken & Fries Plate w/ Celery Sticks **Vegetarian Option:** Veggie Chicken Nuggets w/ Fries Plate w/ Celery Sticks	24 **Jets Pizza Day** Cheese Pizza Vegetable Pizza Pepperoni Pizza Garden Salad Deli Subs
27 **Home Zone Feature:** Crunchy Tacos - Chicken, Beef or Bean w/ Rice & Custom Toppings **Vegetarian Option:** Crunchy Tacos Beans, Rice, Cheese & Lettuce w/ Custom Toppings	28 **Home Zone Feature:** Spicy Beef & Rice Bowl w/ Cucumber Salad **Vegetarian Option:** Grilled Vegetable & Rice Bowl w/ Cucumber Salad	29 **Home Zone Feature:** Sloppy Joes w/ Potato Wedges **Vegetarian Option:** Garden Burger w/ Potato Wedges	30 **Home Zone Feature:** Nacho Fries - Chicken, Beef or Bean w/ Nacho Cheese & Custom Toppings **Vegetarian Option:** Nacho Fries - Beans, Nacho Cheese & Custom Toppings	31 **Jets Pizza Day** Cheese Pizza Vegetable Pizza Pepperoni Pizza Garden Salad Deli Subs

This institution is an equal opportunity provider. One breakfast and one lunch will be served to each student per school day at no charge.