



Behavioral Health Resources

Following is a list of community mental health resources. You may also contact your insurance company to locate approved providers. Please check with your insurance provider regarding your plan coverage.

Mental Health Outpatient

<p><u>Castele Williams & Associates Comprehensive Behavioral Health</u> 711 South 25th St. Tacoma, WA 98405 (253) 536-2881</p>	<p>Medicaid: Yes Private Insurance: No WISE Wraparound</p>
<p><u>Catholic Community Services</u> 5410 No 44th St Tacoma, WA 98407 (253) 759-9544</p>	<p>Medicaid: Yes Private Insurance: No WISE Wraparound</p>
<p><u>Charlie Health: Intensive Outpatient Telehealth</u> (866) 721-0962</p>	<p>Medicaid: Yes Private Insurance: Yes All School Ages</p>
<p><u>Community Health Care – School-Based Health Center</u> Serves Bethel students. Virtual and in person appts. at locations</p> <p>Bethel Middle School 22001 38th Ave. E Spanaway, WA 98387 (253) 722-1718</p> <p>Graham-Kapowsin High School 22100 108th Avenue East Graham, WA 98338 (253) 354-4315</p> <p>Spanaway Middle School 15701 B Street East Tacoma, WA 98445 (253) 544-6534</p>	<p>Medicaid: Yes Private Insurance: No</p>

<u>Comprehensive Life Resources: Children's Services</u> 1201 S Proctor St Tacoma, WA 98405 (253) 396-5800	Medicaid: Yes Private Insurance: No
<u>Consejo Counseling</u> 21120 Meridian Ave E Graham, WA 98338 (253) 285-4750	Medicaid: Yes Private Insurance: No Spanish/English
<u>Consejo Counseling</u> 5915 Orchard St W Tacoma, WA 98467 (253) 414-7461	Medicaid: Yes Private Insurance: No Spanish/English
<u>Greater Lakes Mental Health</u> 9330 59th Ave SW Lakewood, WA 98499 (253) 581-7020	Medicaid: Yes Private Insurance: Yes
<u>Greater Lakes Mental Health</u> 113 170th St S Spanaway, WA 98387 (253) 535-1935	Medicaid: Yes Private Insurance: Yes
<u>HopeSparks</u> 1420 South Meridian Puyallup, WA 98371 (253) 845-0864	Medicaid: Yes Private Insurance: No
<u>HopeSparks</u> North 9th Street South 12th Street South Union Avenue Tacoma, WA 98406 (253) 565-4484, (253) 565-4887	Medicaid: Yes Private Insurance: No

<p><u>Imagine Behavioral and Developmental Services</u> 8811 So Tacoma Way Suite 204 and 206 Lakewood, WA 98499 (253) 367-4156, (253)559-0323</p>	<p>Medicaid: Yes Private Insurance: Yes Autism and Dev. Delays-Birth to 7</p>
<p><u>Kid's Mental Health Pierce County</u> A list of resources, including:</p> <ul style="list-style-type: none"> • Crisis Services • Intellectual and Developmental Disabilities • Inpatient Mental Health Services for Youth and Families • Substance Use Disorder • LGBTQIA+ 	
<p><u>Kwawachee Counseling Center</u> 2209 East 32nd Street Tacoma, WA 98404 (253) 593-0247, (253) 593-0232</p>	<p>Check eligibility guidelines on website American Indian & Alaskan Natives Medicaid: Yes Private Insurance: Yes</p>
<p><u>MDC - The Center</u> 721 Fawcett Avenue Tacoma, WA 98402 (253) 593-2740</p>	<p>Medicaid: Yes Private Insurance: Yes</p>
<p><u>Mindful Therapy Group</u> 950 Broadway, Suite 404 Tacoma, WA 98402 (206) 774-8557</p>	<p>Medicaid: Yes Private Insurance: Yes</p>
<p><u>MultiCare Behavioral Health</u> 325 E Pioneer Ave Puyallup, WA 98372 (253) 697-8400 Tacoma, WA 98405 (253) 403-0360</p>	<p>Medicaid: Yes Private Insurance: Yes</p>

<u>Northwest ABA</u> 3680 Cedar St Suite A Tacoma, WA 98409 (206) 313-8840	Medicaid: Yes Private Insurance:Yes Adolescents w/ Autism
<u>Prosperity Wellness</u> 12201 Pacific Ave So Tacoma, WA 98446 (253) 536-6425, (253) 550-8906	Medicaid: Yes Private Insurance: No
<u>Sea Mar Community Health Center</u> Puyallup Behavioral Health (253) 864-4770	Medicaid: Yes Private Insurance:Yes
<u>Sea Mar Behavioral Health & Child Family Services</u> 2121 S. 19th Street Tacoma, WA 98405 (253) 396-1634	Medicaid: Yes Private Insurance:Yes
<u>Sea Mar Behavioral Health</u> 112 S. Cushman Tacoma, WA 98405 (253) 280-9805	Medicaid: Yes Private Insurance:Yes
<u>Sunrise Counseling Services</u> Located in Parkview Terrace 201 160th St S Spanaway, WA 98387 (253) 445-2441	Medicaid: No Private Insurance:Yes
<u>Woodcreek Pediatrics Behavioral Health</u> 1706 S. Meridian Puyallup, WA 98371 (253) 848-8797	Medicaid: Yes Private Insurance:Yes
<u>Psychology Today</u> Provides therapist contact information based on location, insurance, etc.	

Mental Health In-patient

<u>Children's Long-Term Inpatient (CLIP)</u>	Medicaid: Yes
<u>Fairfax Behavioral Health</u> (425) 296-0019 (ages 13-17)	Medicaid: Yes Private Insurance:Yes
<u>Pearl Youth Residence</u> (253) 606-5552	Medicaid: Yes Private Insurance:Yes Ages 5-18
<u>Seattle Children's Hospital; Psychiatry and Behavioral Medicine Unit (Seattle)</u> (206) 987-2055	Medicaid: Yes Private Insurance:Yes
<u>Smokey Point Behavioral Hospital Adolescent Mental Health Program</u> (360) 651-6400	Medicaid: Yes Private Insurance:Yes Ages 13-17
<u>Tacoma General Adolescent Behavioral Health Unit</u> Provider Referral Number: (253) 403-0556	Medicaid: Yes Private Insurance:Yes Ages 13-17

Crisis Services

<u>Pierce County Crisis Line, Beacon Health Options</u> (800) 576-7764	
<u>Ayuda En Español Lifeline</u> 24/7, ofrece gratuito servicios en español, no es necesario hablar inglés si usted necesita ayuda. (888) 628-9454	
Nationwide Mental Health Crisis & Suicide Prevention Number: 988	
<u>The Trevor Project</u> Crisis Line for LGBTQ+ youth (866) 488-7386 or text START to 678-678	Ages 13-25
<u>Oasis Youth Center Warmline</u> 1-253-988-2108 Not staffed by licensed counselors Can help with Youth Mobile Crisis Services	
<u>Teen Link:</u> (866) 833-6564	
<u>Washington Recovery Help Line:</u> 866-789-1511	
<u>Washington Warm Line:</u> (877) 500-9276, weekdays 5-9 pm, weekends 12:30-9 pm	
<u>Catholic Community Services:</u> Youth Mobile Crisis Services (800) 576-7764	

Substance Use Outpatient and Assessment

<u>Comprehensive Life Resources</u> 201 160th St S Spanaway, WA 98387-8508 (253) 396-5800	Medicaid: Yes Private Insurance: No Walk in Appointments: M & W 11am-1pm Ages 13-17
<u>Comprehensive Life Resources</u> 1305 Tacoma Ave S Tacoma, WA 98402-1903 (253) 396-5800	Medicaid: Yes Private Insurance: No Walk in Appointments: M & W 11am-1pm Ages 13-17
<u>Confidential Associates</u> 1219 Earnest S Brazill St (So 12th St) Tacoma, WA 98405 (253) 597-8022	Medicaid: Yes Private Insurance: Yes
<u>Consejo Counseling</u> 21120 Meridian Ave E Graham, WA 98338 (253) 285-4750	Medicaid: Yes Private Insurance: No Spanish/English
<u>Consejo Counseling</u> 5915 Orchard St W Tacoma, WA 98467 (253) 414-7461	Medicaid: Yes Private Insurance: No Spanish/English
<u>Crossroads Treatment Center</u> 8717 S Hosmer St Tacoma, WA 98444 (253) 473-7474	Medicaid: Yes Private Insurance: Yes
<u>Develop Minded Therapies</u> 4040 S Tyler St Ste 9 Tacoma, WA 98409-2143 (253) 750-2664	Medicaid: Yes Private Insurance: Some Ages 13 & Up

<u>El Camino</u> 2136 Martin Luther King Jr Way Tacoma, WA 98405 (253) 572-3214	Medicaid: Yes Private Insurance: No
<u>MDC - The Center</u> 721 Fawcett Avenue Tacoma, WA 98402 (253) 593-2740	Medicaid: Yes Private Insurance: Yes
<u>New Freedom Recovery Center</u> 10215 214th Ave E Bonney Lake, WA 98391 (253) 862-7374	Medicaid: No Private Insurance: Yes
<u>Puyallup Tribal Health Authority</u> Kwawachee Counseling Center 2209 East 32nd St Tacoma, WA 98404 (253) 593-0232, (253) 593-0247	Medicaid: Yes Private Insurance: Yes American Indian/Alaskan Native
<u>S.T.O.P</u> 13921 E Meridian Puyallup, WA 98373 (253) 770-4720	Medicaid: Yes Private Insurance: Yes
<u>Newport Academy</u> Kirkland, WA Port Townsend, WA 844-500-4617	Medicaid: No Private Insurance: Yes Ages 12-18
<u>Royal Life</u> 1723 Bonney Ave Sumner, WA 98390 877-966-6672	Medicaid: No Private Insurance: Yes Ages 18 & Up

Substance Use Outpatient and Assessment Continued

<u>Sea Mar Renacer Youth Treatment Center</u> 10001 17th Place S Seattle, WA 9816 206-766-6969	Medicaid: Yes Private Insurance: Out of Network Males, Ages 13 to 18
<u>Sea Mar Visions Youth Treatment Center</u> 1603 E Illinois Bellingham, WA 98226 360-647-4266	Medicaid: Yes Private Insurance: Out of Network Females, Ages 13 to 18
<u>Sundown M Ranch</u> 2280 State Route 821 Yakima, WA 98901 509-457-0990, 1-800-326-7444	Medicaid: Yes Private Insurance: Yes Ages up to 18