




WEEK AT A GLANCE

Week of 9/15 to 9/19-School Pictures on Monday 9/15/25

Dear Cordova Gardens Families,

Here is your gardens' week at a glance (The EAGLE'S Nest). This is a weekly update that is posted every Sunday before the start of the school week. It is a place for you to get updates regarding the school and the district. This week at a glance, a document will also be available for you on the website on the parent tab under the "Week at a Glance" sub tab.

How to stay updated:

1. Check the week at a glance. It will be uploaded to the school website.
2. Check the main school website. Click [Cordova Gardens Academy of Arts and Sciences](#)
3. Check for Principal Texts. (Email Mr. Bliss if you do not receive them)
4. Welcome Back Title I presentation 8/14/25:  [Cordova Gardens Title I Presentation 25-26 .pdf](#)

Health and Wellness Corner

- Please read our updates regarding the district partnership with Care Solace!
- Teleotherapy information can be found here: [Click here](#)
- Mental Health Moment:

Sleep

Kids who don't get enough sleep can have trouble paying attention and experience mood swings, behavior problems, and learning difficulties. Experts recommend that elementary-aged children get between 9 and 12 hours of sleep per night. We can ease our kids into a good night's sleep by sticking to a regular bedtime (giving them a heads up 10-30 minutes beforehand), turn off all screens at least 1 hour before bedtime, and facilitate a bedtime routine that could include a bath, brushing teeth, reading a book or listening to quiet music. Sleep is crucial for health, happiness and school success. You can read more here. For any SEL or mental health related questions/concerns, please reach out to Jessica Biskner (School Social Worker): jbiskner@fcusd.org.

Attendance Corner

- Don't miss out on school!
 - Educational research shows that early childhood educational success is directly linked to higher rates of attendance.
 - We will be incentivizing positive attendance throughout the year. Attending students will be eligible for attendance prizes. Students may be coming home with prizes!
 - Please call the front office or email the school clerk at acalderon@fcusd.org if your child will be absent from school.
 - Please provide a doctor's note to excuse missed time or absences for appointments.
- If your student will be absent from school for a period of 3-15 consecutive school days due to travel or another reason, please contact our office at least 10 school days prior to the leave of absence to request an Independent Study Agreement to avoid "unexcused absences".

Class Challenge for the remainder of September!

Class with highest attendance for the month of September, beginning 9/8 will win the following:

[A visit from Enzo the Eagle](#)

[A sweet treat for each student in the class](#)

[A special treat for the teacher](#)

[Extra recess \(to be scheduled with the teacher, staff\)](#)

[Be here for a chance to win! Every School Day Counts!](#)



Important reminders and information:

- Starting on Tuesday 9/2, we will be closing off the multi-purpose room to parents during breakfast. Please drop off your child at the multi gate; we have many staff members in the morning that will help support your child with our breakfast routines! K-1/K-2 will be closed to parents at 815 AM.
- Please remember to not leave your car unattended when dropping off your children at school either in the morning or at afternoon pickup. Thank you! Unattended cars create traffic backups in the parking lot.
- Construction crews have begun work on the primary playground. We should have our primary playground structure up, starting on Monday.

Jog-a-thon Day Sept. 25th

- PTA fundraiser! The jog-a-thon is coming soon
- We are providing envelopes for cash or check donations!
- PTA is looking for all to participate and support our school!
- For more information click here: [PDF Jogathon.pdf](#)

New 5th Grade Health/Family Life Curriculum

- Growth and Development Chapter 6 and Project Protect will be taught in Late Sept/ early Oct.
- Curriculum can be reviewed in front office upon request.
- To opt out of Chapter 6 and Project Protect read here:
[PDF Copy of September 1st_ Send Opt-Out Guidelines in Parent Square .pdf](#)

Upcoming Events/Dates

Fall School Pictures Monday	9/15/2025
Site Council/ELAC Meeting 3:00 PM Tuesday	9/16/2025
School Board Meeting 6 PM ESC Thursday	9/18/2025

Have a great week!
Mr. Bliss