

Collegial Circle Final Report

Please complete all information on this form. After it is complete, send it to the Teacher Center along with other supporting documentation. Electronic copies are preferred whenever possible.

COLLEGIAL CIRCLE INFORMATION

Title of Circle: _____ Standards Area: Physical Education
Facilitator: Fred Ricci School(s): Mendon
Beginning Date: 6/27/24 Ending Date: 2/3/25 # of Hours: 8

Please submit copies of the following to this report:

- ✓ Collegial Circle Attendance Log
- ✓ Collegial Circle Meeting Log
- ✓ Samples of strategies implemented, materials created, or student work samples where applicable
- ✓ Collegial Circle Reflection Sheets - completed by each participant

COLLEGIAL CIRCLE DESCRIPTION

What was the anticipated goal(s) of this Collegial Circle?

Review the guidelines from state and local health and safety guidelines to answer the following questions.

- Which curricular activities are permissible for students exempt from regular participation in Physical Education?
- What are the advantages and disadvantages of weekly assignments, weekly journals, independent studies, or quarterly projects?
- What rubrics and assessment tools are recommended for evaluation?
- What procedures should be followed for student recovery?
- What components constitute a comprehensive holistic practice?
- How can we maintain options for student choice?
- What methods can we employ to assess our progress?
- What strategies facilitate effective collaboration?
- Can we delineate the support teachers can expect to receive

What grade level(s) and or subject area(s) will benefit from this Circle?

9-12

What level of Guskey's Professional Development Evaluation did you select for this Circle?

I ANTICIPATE OUR WORK WILL ALIGN PREDOMINANTLY WITH LEVEL 3 OF GUSKEY'S FIVE LEVELS OF PROFESSIONAL DEVELOPMENT EVALUATION. THIS LEVEL FOCUSES ON ASSESSING HOW MUCH PARTICIPANTS APPLY NEW KNOWLEDGE AND SKILLS IN THEIR PRACTICE. OUR APPROACH INVOLVES IMPLEMENTING RECOMMENDED BEST PRACTICES DERIVED FROM DISCUSSIONS AND DOCUMENTED RESOURCES, WHICH DIRECTLY TRANSLATE INTO ACTION AND APPLICATION WITHIN OUR EDUCATIONAL SETTING

FINAL REFLECTIONS

Was the goal of your Collegial Circle met? Please explain.

1. **Curricular Activities for Students Exempt from Regular Participation in Physical Education**
For students exempt from regular Physical Education (PE), we have ensured that permissible curricular activities align with state and local health and safety guidelines.

2. **Advantages and Disadvantages of Weekly Assignments, Weekly Journals, Independent Studies, or Quarterly Projects discussed.**
Bi-Weekly assignments have proven advantageous by keeping students engaged and promoting consistency. However, a disadvantage might be that some students find it challenging to manage their time effectively. Weekly journals offer a reflective opportunity, helping students track progress. While the advantage of independent studies lies in fostering self-discipline and autonomy, a potential disadvantage is that students can feel disconnected without sufficient guidance. Quarterly projects offer deep learning experiences and serve as a culmination of skills, but they can be overwhelming if not paced appropriately.
3. **Rubrics and Assessment Tools- Reviewed** We have implemented rubrics based on state standards for both physical and academic performance. Assessment tools include peer reviews, self-assessments, and teacher observations. For example, in physical activities, students are assessed on their progress using rubric that measures participation, effort, and improvement. For written assignments, grading rubrics focusing on content clarity, organization, and depth of analysis are used.
4. **Procedures for Student Recovery-** To support student recovery, whether from physical injury or academic setbacks, we have clarified procedures. This includes offering make-up work, alternative assignments, and extended deadlines for physical or academic recovery. For instance, a student recovering from an injury might be assigned a theoretical PE module that reviews fitness principles, rather than the physical aspect of PE until they are cleared to participate again.
5. **Reviewed the components of a Comprehensive Holistic Practice-**A comprehensive holistic practice integrates physical, emotional, and mental wellness into the curriculum. For example, we have emphasized social-emotional learning (SEL) alongside physical activity, allowing students to practice mindfulness or participate in group discussions about well-being especially if they are unable to physically perform.
6. **Is maintaining Options for Student Choice Important-**Providing students with options to choose their assignments or project topics is a key part of promoting engagement. In PE, for example, students can choose.
7. **How do we Assess Progress-** We assess progress through a combination of formative and summative assessments. For instance, ongoing quizzes, feedback on weekly assignments, and participation in activities all contribute to gauging student progress. In physical education, progress is tracked through individual fitness goals and personal bests. Furthermore, regular check-ins and reflections through journaling or discussions ensure that students are on track with their goals.
8. **Strategies for Effective Collaboration-** Effective collaboration is facilitated through structured group activities and collaborative projects center through teams.
9. **Support Teachers Can Expect to Receive-**Teachers can expect support in the form of professional development opportunities, Department leader, collaborative department meetings, and access to resources such as lesson plans and specialized materials via teams.

How did the members of this Collegial Circle assess whether the outcome was met? What evidence was utilized to assess your progress?

We currently have a Teams page available as a resource for teachers, along with a series of forms that our curriculum writing team utilized to gather direct feedback from this group. This feedback was instrumental in creating the tools used to reestablish the Alternate Physical Education district process. [Reviewed forms](#)

How did your work impact teaching and learning? [Include student work samples, lesson plans, peer reviews, etc.]

Please note about the review forms link.

Did your work align with the Level of Evaluation you identified in your proposal? Please explain.

Yes, the discussions expanded to include the roles and responsibilities of our staff, standards leaders, and department leaders. We also agreed that it was essential to review all state rules and mandates, district policies and practices, as well as past practices from other districts related to these issues.

Please included any additional comments you would like to share with the Collegial Circle Committee. This may include unanticipated outcomes, next steps, new learning, etc.

I will include the teams pages and I think the Meeting logs will contain any additional information. [Meeting Notes](#)