



Yoga : (Grades 1 - 3)

Take part in an interactive session where students will learn breathing techniques and play games where they move their bodies into shapes to feel strong, flexible, and balanced!

Advisors: Ms. Santopietro and Ms. Hirrel

WEDNESDAY - AM 8:00-8:40

Grade 1- 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Grade 2- 12/3, 12/10, 12/17, 1/7, 1/14, 1/21, 1/28, 2/4, 2/11,

Grade 3- 2/25, 3/4 , 3/11, 3/18, 3/25, 4/8, 4/15, 4/22, 4/29

Confirmation of session dates will be provided after all students have registered.

STUDENT: _____ GRADE: _____

EMERGENCY CONTACT: _____

PHONE #: _____ EMAIL: _____

PARENT SIGNATURE: _____

**** This is NOT an enrollment slip. The club advisor will contact you at a later date if your child is accepted into the club ****

YOGA (circle one) 1st choice 2nd choice