



# Resources for Students

**To learn more, scan the QR code below to access information on the following topics:**

- Local Resources & Supports
- Virtual Support & Hotlines
- General Mental Health
- Wellness Strategies & Activities
- Substance Use
- Social Media & Online Safety
- Grief & Loss

**[linktr.ee/PSDYouth](https://linktr.ee/PSDYouth)**



COUNTY OF SANTA CLARA  
**Behavioral Health Services**