

# A Day in the Life of a VCS Upper Schooler

	Monday	Tuesday	Wednesday	Thursday	Friday
8:20–8:30	ARRIVAL / SCHOOL START				
<b>1st Period</b> 8:30–9:10	Advisory	Math	English Language Arts (ELA)	Science	Science
<b>2nd Period</b> 9:15–9:55	Coding	World Language	World Language	English Language Arts (ELA)	Art
10:00–10:15	SNACK				
<b>3rd Period</b> 10:15–10:55	Science	Social Studies	Art	World Language	Social Studies
<b>4th Period</b> 11:00–11:40	English Language Arts (ELA)	Science	Social Studies	Math	World Language
<b>5th Period</b> 11:45–12:25	Performing Arts Classes (PAC)	Advisory	Science	Performing Arts Classes (PAC)	English Language Arts (ELA)
<b>6th Period</b> 12:30–1:10	LUNCH / RECESS				
<b>7th Period</b> 1:15–1:55	Social Studies	Electives	Math	Social Studies	Electives
<b>8th Period</b> 2:00–2:40	Math	High School Placement	Community Meeting	P.E.	Math
<b>9th Period</b> 2:45–3:25	P.E.	English Language Arts		P.E.	Advisory

# Curriculum Highlights

## High School Placement

At every stage of the High School Placement process, students take on an active leadership role, leaving them empowered to enter a high school aligned with their unique ambitions and talents. Starting in the 7th Grade, students work closely with our Director of High School Placement to tackle standardized testing, coordinating school visits, preparing for interviews, and more. [Click here](#) to see our most recent matriculation and acceptance lists.

## Performing Arts Classes (PAC)

Artistic foundations are expanded upon in our PAC program. Upper School students take part in our Performing Arts Classes (PAC) program, which allows them to continue perfecting their technique in their chosen instrument (saxophone, clarinet, flute, or trumpet) or take part in classes focused on music composition, chorus, dance, or creative storytelling.

## Coding

In the 8th Grade, students engage in a text-based coding class, learning coding languages including JavaScript, Arduino, and C++. In doing so, students leave VCS with a robust technological tool belt.

## World Language

In 6th Grade, students select one language to study for three consecutive years: Latin, Mandarin, or Spanish. All VCS graduates complete the equivalent of at least a Level 1 high school course by the end of 8th Grade, resulting in students placing at Level 2 or 3 language courses upon starting their first year of high school.

## Electives

Each year, Upper School students participate in our robust Electives program, which features more than 20 courses to choose from. These courses provide students with the opportunity to further explore their preexisting interests or to uncover passion for new intellectual, artistic, or civic pursuits. Some electives include the VCS Newspaper, Model Congress, Yoga, and Woodshop.