

A Day in the Life of a VCS Lower Schooler

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|------------------------------|-----------------------------|-------------------------------|-----------------------------|-----------------------------|
| 8:20–8:30 | ARRIVAL / SCHOOL START | | | | |
| 1st Period 8:30–9:10 | English Language Arts (ELA) | Math | Social Studies | Math | P.E. |
| 2nd Period 9:15–9:55 | Spanish | English Language Arts (ELA) | English Language Arts (ELA) | Spanish | Social Studies |
| 10:00–10:15 | SNACK | | | | |
| 3rd Period 10:15–10:55 | Arts Rotation | Social Studies | Science | Science | Writing Lab |
| 4th Period 11:00–11:40 | Social Studies | Vocabulary Lab | Library | English Language Arts (ELA) | Arts Rotation |
| 5th Period 11:45–12:25 | LUNCH / RECESS | | | | |
| 6th Period 12:30–1:10 | Math | STEAM | Music | Homeroom | Homeroom |
| 7th Period 1:15–1:55 | STEAM | Spanish | Math | Social Studies | Science |
| 8th Period 2:00–2:40 | Music | P.E./Sports Practice | Homeroom/ Dismissal (2:30) | Instrument Class | English Language Arts (ELA) |
| 9th Period 2:45–3:25 | Lower School Chorus/Homeroom | | | Arts Rotation | Math |

Curriculum Highlights

Arts Rotation

To ensure each student can experience the breadth of our Arts offerings, we divide our Arts Curriculum into semester-long periods for all Kindergarten–4th Grade students, and trimester-long periods for all 5th Grader students. In doing so, all students enjoy Woodshop, Drama (5th Grade only), and Art throughout the year, broadening their creative horizons and allowing them to fully explore their identities as artists.

Spanish

Our Spanish Curriculum begins in the 2nd Grade, opening up new worlds of communication and cultural understanding for students. Throughout the course of their Lower School studies, students receive direct instruction on linguistic mechanics, vocabulary, and the varied cultures of Spanish-speaking countries.

Sports Practice

5th Grade students have the opportunity to play alongside our Upper School students in our Athletics Program, competing on interscholastic teams against local independent schools that are part of the Downtown Independent School Consortium (D.I.S.C.). Sports available to 5th Graders are Soccer, Volleyball, Basketball, and Flag Football.

Instrument Classes

4th and 5th Grade students benefit from weekly, specialized instrumental music classes. At the beginning of the year, students choose to learn either saxophone, clarinet, flute, or trumpet, and spend the next two years honing their technical skills and growing as proficient musicians.