

Free Family Group

A free, weekly program designed to help families in Princeton, TX:

- ✓ Communicate better & build stronger family bonds
- ✓ Manage stress & emotions in healthy ways
- ✓ Set goals & develop confidence
- ✓ Get weekly food support
- ✓ Connect with other families & community resources

Every Wednesday

Lois Nelson Public Library - 323 McKinney Avenue 5:30 - 7:00 pm

Who Can Join?

- √ Families living in ZIP code
 75407
- ✓ A parent/guardian & schoolage child must enroll together
- ✓ At least one of the following applies:
 - Qualify for SNAP, Free/Reduced Lunch, or Medicaid
 - Have experienced family or interpersonal violence

SCAN ME TO REGISTER



Questions?
Call/Text: (469) 946-6946
Email: BSF@theturningpoint.org
BuildingStrongFutures.com





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