



A FREE PROGRAM FOR FAMILIES IN PRINCETON, TX

Free Family Group

**A free, weekly program designed to
help families in Princeton, TX:**

- ✓ Communicate better & build stronger family bonds
- ✓ Manage stress & emotions in healthy ways
- ✓ Set goals & develop confidence
- ✓ Get weekly food support
- ✓ Connect with other families & community resources

Every Wednesday

Lois Nelson Public Library -
323 McKinney Avenue
5:30 - 7:00 pm

Who Can Join?

- ✓ Families living in ZIP code 75407
- ✓ A parent/guardian & school-age child must enroll together
- ✓ At least one of the following applies:
 - Qualify for SNAP, Free/Reduced Lunch, or Medicaid
 - Have experienced family or interpersonal violence

SCAN ME TO
REGISTER



Questions?

Call/Text: (469) 946-6946
Email: BSF@theturningpoint.org
BuildingStrongFutures.com