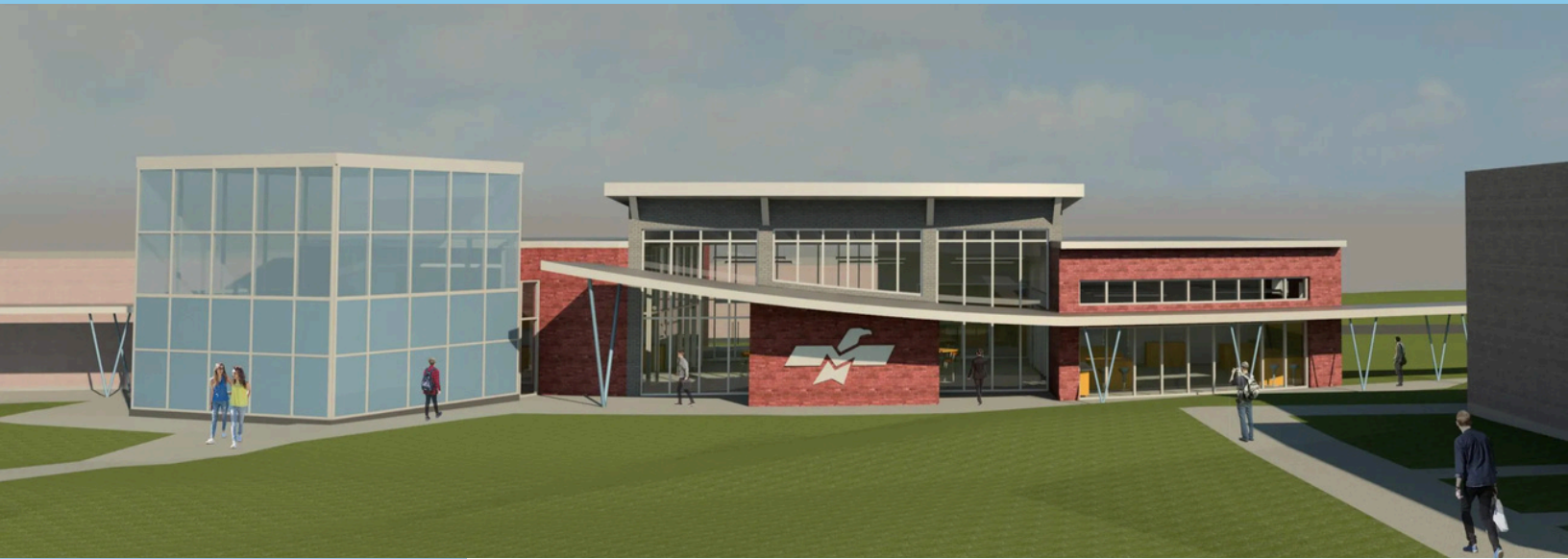


# School Counseling Newsletter

September 2025



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## Welcome Back!

Dear Students and Families,

September is here and Mahwah High School is abuzz with activity. It was great to meet so many of you at our Back to School Night, and I hope the evening helped you learn more about our school, the opportunities we offer, and the classes your student will be taking this year.

Now that all school activities are in full swing, we thought it was important to send out this newsletter with some timely information. No matter what grade your child is in, this will no doubt be a year of growth. Inevitably, that comes ups and downs, and we hope you will take advantage of all the support available to you at the high school. We will continue to make a concerted effort to communicate proactively with families and offer parent nights and presentations that are helpful as you navigate the high school years.

**Jim O'Hara**

**Director of School Counseling, K-12**



# College Corner

## Seniors!

September is here and there is no time to waste! Early deadlines are right around the corner and we must work together to make sure we achieve our goals and meet all deadlines. Below are some action steps you should take right away to make sure you are on track:

1. Make sure you created a Common App account
2. Log in to your SCOIR account and follow the directions to connect your SCOIR and Common App accounts
3. Complete your Junior Questionnaire - required for your Counselor Recommendation
4. Make sure you requested two teacher letters of recommendation through SCOIR

COUNSELORS will be visiting all Senior English classes next week to lead a College Application Workshop for all students! Come ready to work.

## College Rep Visits!

**Juniors and Seniors - sign up now!**

Each Fall, Mahwah HS provides both Juniors and Seniors the opportunity to meet with college admissions representatives from colleges across the country. These are important learning opportunities for students as they explore options for life after high school.

Log in to your SCOIR Account to register - students then need to print their confirmation and have their teacher sign prior to attending.



# *College Rep Visits in September:*

University of Miami	9/17/2025	12:23:00 PM
Mount Saint Mary College	9/22/2025	8:39:00 AM
Michigan State University	9/22/2025	9:38:00 AM
Ithaca College	9/22/2025	12:23:00 PM
University of Alabama	9/22/2025	1:22:00 PM
Boston University	9/24/2025	8:39:00 AM
University of Maine	9/24/2025	9:38:00 AM
St. Thomas Aquinas College	9/24/2025	1:22:00 PM
Pace University	9/25/2025	8:39:00 AM
Ramapo College	9/25/2025	9:38:00 AM
Lycoming College	9/25/2025	12:23:00 PM
Bryant University	9/25/2025	1:22:00 PM
Western New England University	9/26/2025	8:39:00 AM
UConn	9/26/2025	9:38:00 AM
Davidson College	9/26/2025	12:23:00 PM
Mercy University	9/26/2025	1:22:00 PM
Binghamton University	9/29/2025	8:39:00 AM
Rutgers University	9/29/2025	9:38:00 AM
Ringling College of Art & Design	9/29/2025	12:23:00 PM
Rutgers University Newark	9/29/2025	1:22:00 PM
Montclair State Univ.	9/30/2025	8:39:00 AM
SUNY at New Paltz	9/30/2025	9:38:00 AM
Marist University	9/30/2025	12:23:00 PM

# Meet Your School Counselors

*All students are assigned  
a School Counselor who  
will work with them from  
grades 9 through 12.*

*See our website for  
contact info.*



Mrs. Megan Beatty



Mr. Brian Gregson



Mr. Rayhan Jalil



Mrs. Stacy Mandel



Mrs. Joan Stewart, Student Assistance Counselor



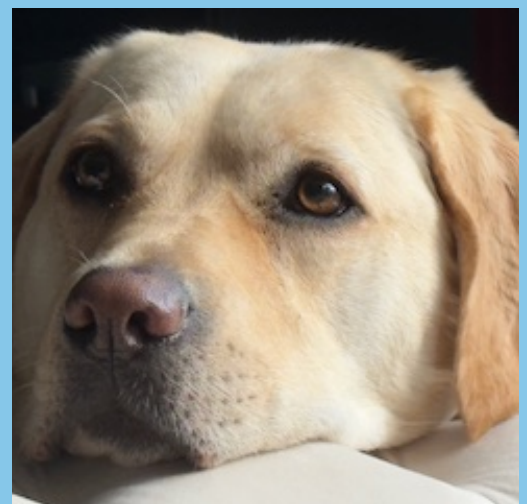
# ACADEMICS



- **Extra help** - all students should be proactive in seeking help. Teachers are available after school Monday through Thursday after school, and NHS Tutors can also be requested. Reach out to your teacher or Counselor for assistance.
- **AP Registration** - all students enrolled in Advanced Placement classes need to take care of two important tasks right now. Students must register for their AP Classroom using the Join Code provided by teachers and login to [myap.collegeboard.org](https://myap.collegeboard.org). Secondly, all students must complete the MHS AP Agreement which is a Google Form that they received. This confirms that students will sit for all AP Exams this May. Information about payment will come after both these items are complete.
- **Dual Enrollment** - Did you know that MHS offers 31 courses that qualify for MHS and college credit from seven colleges/universities. Last year, 121 students earned college credits in 184 classes. Please visit the Mahwah High School website at [Dual Enrollment](#) for more information. Students enrolled in these classes should speak to their teacher, those who are not should plan ahead for next year!

## Student Support

- **PEACHES** - Ms. Stewart, Student Assistance Counselor, is proud to once again bring her therapy dog to MHS on Friday. Peaches is friendly, loveable and a calming presence for all.
- **Freshman Advisory** - our school is lucky to have a formal advisory program to help our 9<sup>th</sup> graders transition to the high school. School Counselors visited this week to meet all 9<sup>th</sup> graders. Please ask your child about it!



# Get Involved! Club Fair Sept. 25th

Get connected - MHS offers many different clubs and activities. We encourage all students to try new clubs each year to make connections and learn about their interests.



## Important Dates and Events

- **Thursday Sept 25<sup>th</sup>** : Club Fair for Students
- **Sat. October 4<sup>th</sup>**
  - SAT at MHS
  - Practice PSAT - online - [register here](#)
- **Monday October 6<sup>th</sup> at 6pm** - HS Auditorium - *"Inspiring Happy, Healthy, and Drug Free Kids"*. Parent Presentation for grades 6-12 from Motivational Speaker Tim Shoemaker. [RSVP Here](#).
- **Thursday October 9<sup>th</sup>** - 12<sup>th</sup> Grade Student/Parent Night
- **Tuesday October 14<sup>th</sup>** - Financial Aid Night
- **Thursday October 23<sup>rd</sup>**: 9<sup>th</sup> Grade Parent Night
- **Weds. Oct. 22<sup>nd</sup>**: PSAT at MHS for all 10<sup>th</sup> and 11<sup>th</sup> Graders
- **Thursday October 30<sup>th</sup>** - 8<sup>th</sup> Grade Open House