SHAC Minutes 09/16//25

Meeting called to order at 4:01pm.

Sign in to chat for attendance.

Approval of minutes from 4/29/2025 by Marie Becker & Caroline Haviland.

Department Updates:

Science/Health Curriculum - Lana Montoya - new coordinator. Parental consent has already been received for students to receive health curriculum topics. Looking into CPR certification opportunities for science/health teachers.

Counseling/Mental Health - Suicide prevention and fentanyl awareness presentations will be updated this year to maintain student engagement. Revisions will be presented to the SHAC committee.

Health Services -

- New SHAC flyer created in an effort to attract more attention from parents and students
- Save-A-Smile has partnered with 6 HEB schools, including Bellaire, Oakwood Terrace, South Euless, Shady Oaks, Harrison Lane, and Wilshire. Screening took place at Shady Oaks at the end of August, and over 500 students received dental screenings, valued at over $22,000. Screening completed at South Euless last week.
- We are continuing our Asthma 411 program, and have opened it up to anyone on campus experiencing symptoms of respiratory distress, and are training additional individuals at each campus to increase the availability of emergency albuterol during regular school hours. Previously, only the campus nurse was able to give the albuterol in emergencies.
    - As of 9/16/25, 26 doses of albuterol have already been administered to students experiencing respiratory distress. This program has drastically reduced the need for 911 to be called, and increased time for the student back in school.
- HEB Nurses will be expanding instruction of hands-only CPR to students on campus, offering a learning opportunity to those not currently being taught through athletics, UIL activities, health classes, etc.
- The district is purchasing additional AEDs for athletics and VPA to further promote our readiness for cardiac response. .

Family Engagement Updates - Adult ESL classes began this year, and there are over 200 participants in those classes. “Welcome to HEB” program beginning 9/17/25 to help new

families acclimate to HEB and HEB campuses within the district. “T3” watch party hosted by TEA. This is a virtual event for emergent bilingual families to learn how to be more involved. DPAC (District Parent Advisory Committee) coming up in October for an opportunity for HEB families to voice opinions about what they would like to see incorporated into district education opportunities. More information coming in October newsletter.

Ryan Eason, Medical City - 21 Day Snacking Challenge opportunity available again to promote staff health education and well-being. Kids Teaching Kids - elementary school nutrition education program. This program provides nutrition education and learning opportunities for culinary, graphic design, audio/visual, training/education, and marketing students.

Item for discussion:

Subsequent SHAC meetings will be held on Google Meets.

Suggestions for other programs to be reviewed by SHAC:

Implementing more opportunities to teach hands-only CPR to parents of the district. Currently it is offered annually at HEB Reads for any parent to learn.

Members attending on 9/16/25 - Lana Montoya, Caroline Haviland, Fritzie Odom, Carmen Brown, Marie Becker, Ryan Eason, Sarah Valentino, Cassandra Osterhoudt, Autumn Reo

Meeting Adjourned at 4:30pm.

Upcoming SHAC Meetings:

11/18/25, 2/24/26, 4/21/26