

El Capitan Middle School

Bell Schedule

2025-26

Regular Schedule



Period 1	8:20-9:10	(50)
Advisory	9:10-9:25	(15)
Break	9:25-9:35	(10)
Period 2	9:40-10:30	(50)
Period 3	10:35-11:24	(50)
Detention Bell	11:20	
Period 4A Class	11:29-12:17	(48)
A Lunch	11:24-12:09	(45)
Period 4B Class	12:14-1:02	(48)
Detention Bell	12:13	
B Lunch	12:17-1:02	(45)
Period 5	1:07-1:56	(49)
Period 6	2:01- 2:50	(49)

All Wednesdays - Early Release

Period 1	8:20-9:00	(40)
Break	9:00-9:10	(10)
Period 2	9:15-9:54	(39)
Period 3	9:59-10:38	(39)
Detention Bell	10:33	
Period 4A Class	10:43-11:31	(48)
A Lunch	10:38-11:23	(45)
Period 4B	11:28-12:16	(48)
Detention Bell	11:27	
B Lunch	11:31-12:16	(45)
Period 5	12:21-12:58	(37)
Period 6	1:03-1:40	(37)