

Vision, Hearing, Acanthosis Nigricans, and Spinal Screenings

As required by Texas state law, health screenings will be conducted during the school year for designated grade levels and all new students. These screenings help identify potential concerns that may affect a child's ability to learn and succeed in school.

Vision & Hearing Screenings

- Conducted for students in **Pre-K, Kindergarten, 1st, 3rd, 5th, and 7th grades**, as well as **all new students**.
- Designed to identify possible vision or hearing concerns that could impact classroom performance.
- If your child wears **glasses or contact lenses**, please make sure they **wear them on the day of the screening** for accurate results.
- Students may be exempt if they have had a documented exam by a licensed physician (for vision or hearing) or an optometrist (for vision) within the past 12 months. A copy of this report must be submitted to the school along with a **written request from the parent** to waive the school screening.

Acanthosis Nigricans (AN) Screenings

- Conducted in **1st, 3rd, 5th, and 7th grades**.
- AN appears as a dark, thickened area on the skin, usually on the back of the neck.
- While not a disease, it may indicate a risk for **Type 2 diabetes** or other health concerns.
- If signs of AN are noted, parents will be notified and advised to seek follow-up with a healthcare provider.

Spinal Screenings

- Conducted to detect signs of abnormal spinal curvature (such as scoliosis) at an early stage.
- Required for **girls in 5th and 7th grades** and **boys in 8th grade**.
- Parents will be notified in advance, and students should wear appropriate clothing for the screening (for example, a thin t-shirt or sports bra under clothing for girls).
- **Screening dates: 5th grade girls- Oct. 17th**
- **7th grade girls- Nov. 3rd**
- **8th grade boys- Nov. 4th**

Important Notes for Parents

- Screenings are **not diagnostic**. They are a quick check and do not replace full exams by medical professionals.
- Parents will be notified in writing if their child does not pass a screening and will be advised to follow up with a healthcare provider.
- If you have any questions about the school screening program, please contact your campus nurse or the district nurse.

Screening Dates

- **JCF Elementary:** October 6–8
- **Hunt Elementary:** October 15–16
- **CJHS (7th grade only):** October 2
- **Spinal Screenings: Hunt Elementary:** 5th grade girls October 17th **CJHS:** 7th grade girls November 3rd and 8th grade boys November 4th