

CURRICULUM OVERVIEW

KINDERGARTEN TO GRADE 11

————— 2025-2026 —————

PROGRAMME D'ÉTUDES

MATERNELLE À 5^e SECONDAIRE



The Study

ELEMENTARY SCHOOL

SENIOR SCHOOL

THE STUDY'S MISSION

We empower each Study girl to reach her full potential by fostering academic excellence in an innovative English and French environment grounded in tradition.

The Study establishes competence in both English and French beginning in Kindergarten in a learning environment driven by academic excellence. At the Elementary School level, students spend one day immersed in English and the next in French. Both language programmes are taught at the 'mother tongue' level. This means that the French programme is the same as the one taught in French schools in Quebec, and the English programme is the same as the one taught in English schools. To support enriched learning particularly in STEM and the arts, subject specialists use an interdisciplinary approach. Computer technology is also widely integrated at all levels through a one-to-one iPad programme in Grades K-5 and the introduction of laptops in Grade 6.

Le mandat de l'école est d'établir la fluidité et la précision linguistique en anglais comme en français dès la maternelle dans un environnement d'apprentissage axé sur l'excellence scolaire. À l'école primaire, les journées se déroulent en alternance en français et en anglais. Les deux programmes sont enseignés à un niveau de "langue maternelle". Cela signifie que le programme de français est le même que celui qui est enseigné dans les écoles francophones du Québec et que le programme d'anglais est du même niveau que celui des écoles anglophones. Pour soutenir un apprentissage enrichi, notamment en STEM et en art, les enseignants adoptent une approche interdisciplinaire. L'usage de la technologie est aussi grandement répandu à tous les niveaux, grâce à un programme d'iPad individuel de la maternelle à la 5ème année et d'ordinateurs portables à partir de la 6ème année.

In the Senior School, students continue to follow an enriched programme of study. At each grade level, students take 'mother tongue' French language courses and are offered at least two other subjects taught in French. Each student is provided with her own laptop to take advantage of technological resources and to enrich her learning. Accelerated and Advanced Placement (AP) streams are available in mathematics, science, English, French, and psychology.

À l'école secondaire, les élèves continuent de suivre un programme d'études enrichi. À chaque niveau, les élèves peuvent suivre des cours de français langue d'enseignement, et au moins deux autres matières sont enseignées en français. Chaque élève dispose de son propre ordinateur portable pour profiter des ressources technologiques et pour enrichir son apprentissage. Des cours accélérés et avancés (AP) sont proposés en mathématiques, en sciences, en anglais, en français et en psychologie.

CLUBS & CO-CURRICULAR ACTIVITIES ARE SHOWN OVERLEAF →

CLUBS ET ACTIVITÉS AU VERSO →

LA MISSION DE THE STUDY

The Study donne à chaque fille les moyens d'atteindre son plein potentiel en cultivant l'excellence scolaire dans un environnement anglophone et francophone à la fois novateur et riche de ses traditions.

KINDERGARTEN & GRADES 1 & 2 CYCLE 1

English Language Arts
Mathematics
Physical Education and Health
Music
Français langue d'enseignement
Science et technologie
Arts plastiques
Culture et Citoyenneté québécoise
Art dramatique (2e année)
Information Technology and Coding

GRADES 3 & 4 CYCLE 2

English Language Arts
Mathematics
Physical Education and Health
Music
Français langue d'enseignement
Science et technologie
Univers Social
Arts plastiques
Culture et Citoyenneté québécoise
Art dramatique
Information Technology and Coding

GRADES 5 & 6 CYCLE 3

English Language Arts
Mathematics
Physical Education and Health
Music (Grade 5 Choir, Grade 6 Band)
Français langue d'enseignement
Science et technologie
Univers Social
Arts plastiques
Spanish (Grade 5)
Mandarin (Grade 6)
Culture et Citoyenneté québécoise
Robotics
Leadership
Information Technology and Coding

GRADE 7

English Language Arts
Mathematics
Français langue d'enseignement
Géographie
Histoire
Science & Technology (ST)
Physical Education and Health
Computer Science (CT)
Music (Band)
Arts visuels
Art dramatique
Culture et Citoyenneté québécoise
Leadership

OPTIONS (1)
Mandarin
Spanish

GRADE 8

English Language Arts or English Language Arts-Enriched Literature
Mathematics*
Français langue d'enseignement
Géographie
Histoire
Science & Technology (ST)
Physical Education and Health
Computer Science (CT)
Music (Band)
Arts visuels
Art dramatique
Culture et Citoyenneté québécoise
Leadership

OPTIONS (1)
Mandarin
Spanish

GRADE 9

English Language Arts or English Language Arts-Enriched Literature
Mathematics*
Français langue d'enseignement ou Français langue seconde-programme enrichi
Histoire
Science & Technology (ST)*
Physical Education and Health
Debating
Culture et Citoyenneté québécoise
Leadership

OPTIONS (3)
Mandarin
Spanish

Dance
Engineering
Sound Design

Drama
Music
Visual Arts

GRADE 10

English Language Arts or English Language Arts-Enriched Literature
Mathematics (NS or CST)*
Français langue d'enseignement ou Français langue seconde-programme enrichi
Histoire
Science & Technology (ST)*
Physical Education and Health
Culture et Citoyenneté québécoise
Leadership

OPTIONS (3)

Biology
Environment, Science, and Technology (EST)*
Introduction to Political Science – Model UN
Information Technology Management (ITM)
Introduction to Canadian Law

Drama
Music
Photography
Visual Arts

GRADE 11

English Language Arts or AP English (Women in Literature)*
Mathematics (NS, CST or AP Calculus)*
Français langue d'enseignement* ou Français langue seconde-programme enrichi*
Physical Education and Health
Culture et Citoyenneté québécoise
Leadership
Study Skills

Monde contemporain
Éducation financière

OPTIONS (3)

Chemistry or AP Chemistry*
AP Psychology*

Introduction to Civil and Criminal Law
Physics

Drama
Music
Photography
Visual Arts

* Advanced placement (AP) course offered. The AP programme offers students the opportunity to study college level curricula in secondary school. Students who obtain high scores on AP exams may receive college and university credits. Due to the demanding nature of these courses, only students in strong academic standing are admitted into the programme.

Text in pink / Texte en rose : Cours offert en français

CLUBS & CO-CURRICULARS

Students participate in a variety of co-curricular activities. This approach offers enriched experiences and allows full participation in school life.

ELEMENTARY SCHOOL

GRADE | ANNÉE

| | |
|---|--------|
| Art Club | 3 → 6 |
| Centre pédagogique | K → 6 |
| Club de français | K → 6 |
| Cooking Class | K → 4 |
| Cycle 1 Has Talent | K → 2 |
| Future CEOs Club – Club d'entrepreneuriat | 3 → 4 |
| Génies en herbe | 3 → 4 |
| Introduction à la langue italienne | 4 → 11 |
| Junior Band | 6 |
| Latin Dance | K → 6 |
| Math Club | 3 → 6 |
| Mini-Vet School | K → 6 |
| Roots & Shoots Environmental Club | 5 → 6 |
| Mini Strings Orchestra | K → 5 |
| The Mini Force | 4 → 6 |
| Ukulele Club | 4 → 5 |

SENIOR SCHOOL

GRADE | ANNÉE

| | |
|--|--------|
| Anime Club | 7 → 11 |
| Astro Pi | 7 → 11 |
| Art Club | 7 → 11 |
| Battle of the Books | 7 → 11 |
| Bazaar Committee | 7 → 11 |
| Bio-STEM Club | 9 → 11 |
| Book Club | 7 → 11 |
| Choir | 7 → 11 |
| Club de journalisme/School Newspaper | 7 → 11 |
| Club des phrases courtes (écriture) | 7 → 11 |
| Club des sorties culturelles | 7 → 11 |
| Compétitions de poésie | 7 → 11 |
| Concert Band | 7 → 11 |
| Concours d'art oratoire | 7 → 11 |
| Dance Club | 7 → 11 |
| Debating | 7 → 11 |
| Drama and Musical | 7 → 11 |
| Drone Club | 7 → 11 |
| Duke of Edinburgh | 9 → 11 |
| Earth Club | 7 → 11 |
| English Mischief | 7 → 11 |
| Fitness Club | 7 → 11 |
| Gardening Club | 7 → 11 |
| Gender and Sexuality Alliance | 7 → 11 |
| Jack Club – Wellness and Mental Health Promotion | 7 → 11 |
| Jazz Band | 7 → 11 |
| Karate Club | 7 → 11 |
| Knitting Club | 7 → 11 |
| Leadership Conference Committee | 7 → 11 |
| Math Club | 7 → 11 |
| Model UN | 9 → 11 |
| Nicaragua Scholarship Committee | 7 → 11 |
| Olympes de la Parole | 11 |
| Parlement des jeunes | 9 → 10 |
| Pink Profit Project Club – Female entrepreneurship | 7 → 11 |
| Public Speaking | 7 → 11 |
| Robotics | 7 → 11 |
| Science Club | 7 → 8 |

CLUBS ET ACTIVITÉS PARASCOLAIRES

Les élèves participent à un grand choix d'activités parascolaires. Cette approche offre des expériences enrichissantes et permet de participer pleinement à la vie de l'école.

GRADE | ANNÉE

| | |
|------------|-------|
| Unity Club | 5 → 6 |
| WebRadio | 5 → 6 |

ATHLETIC EVENTS

| | |
|----------------|-------|
| Sports Day | K → 6 |
| Winter Day | K → 6 |
| Halo Road Race | 3 → 6 |

SPORTS

| | |
|---|-------|
| After-School Athletic Activities (1 per term) | K → 6 |
| Badminton | 5 → 6 |
| Ball Hockey | 5 → 6 |
| Basketball | 5 → 6 |
| Cross Country Running | 6 |
| Morning Sports | K → 6 |
| Soccer | 5 → 6 |
| Volleyball | 5 → 6 |

| | |
|-------------------------|---------|
| Spanish Club | 7 → 11 |
| Student Council | 11 |
| The Force (House Heads) | 10 → 11 |

ATHLETIC EVENTS

| | |
|----------------|--------|
| Halo Road Race | 7 → 11 |
| Sports Day | 7 → 11 |
| Ski Day | 7 → 11 |

SPORTS (GRADES 7-11)

| | |
|-----------------------|--|
| Archery | |
| Badminton | |
| Basketball | |
| Cross Country Running | |
| Flag Football | |
| Golf | |
| Latin Dance | |
| Pickleball | |
| Soccer | |
| Swimming | |
| Rowing | |
| Rugby | |
| Tennis | |
| Track & Field | |
| Volleyball | |

TRIPS AND EXPERIENCES

| | |
|--|---------|
| Annual Class Retreat | 4 → 11 |
| Trip to Trois-Rivières | 5 |
| Trip to Quebec | 6 |
| Week Without Walls (éducation en plein air) | 6 → 8 |
| Geopoetic Adventure in les Îles-de-la-Madeleine (Select Years) | 7 → 8 |
| Band Trip | 7 → 11 |
| Ski Trip | 7 → 11 |
| Duke of Edinburgh Outdoor Adventurous Journey | 8 → 11 |
| Mathematical Adventure in Paris | 9 |
| Community Service Trip to Nicaragua (Biennial) | 10 → 11 |
| Model UN Trip | 10 → 11 |
| Graduation Trip | 11 |