

RYE CITY SCHOOL DISTRICT

Food Service Department



WHAT'S NEW!

Please help us Welcome **Christine Clementz**, our new Aramark Director of Nutritional Services

What's New at the Elementary Schools?
Silk Soy Milk



What's Cooking?

-  Daily food offerings are available for lunch in all our cafeterias.
-  Breakfast is also served, but only at the HS.
-  If you don't see what you're looking for or if you need help navigating a food allergy, please let us know. We can provide other options.
-  Email: foodservice@ryeschools.org



Who's Cooking?

Aramark will be in our school kitchens continuing to provide meals to meet all our food service needs. They can assist with all your food questions & requests.



What Do We Offer?

We have a featured meal offering every day, which is displayed in every elementary cafeteria. The daily meal includes: milk, 6oz juice, fresh fruit & vegetable. **These items are located on the bottom shelf of the open-air refrigerator, which is easy to see & reach each day**

- We offer a variety of gluten-free options daily, for example: pizza, cereal, pasta & chicken
- We offer vegetarian options daily, including hummus, guacamole, & a variety of salads
- We offer fresh fruit & vegetables daily (locally sourced seasonal produce whenever possible)
- At the high school, we offer the following stations: acai bar, crepe (on Fri), daily hot food special, deli, grill, pizza from Sunrise Pizza (on Fri), ramen (Mon-Thurs), salad bar, & sushi (on Fri)
- We feature Peterson Farms (Non-GMO, Kosher, Pareve & Clean Label) fresh apple slices & unsweetened apple sauce daily
- We make our own smoothies daily using fresh strawberries, bananas, & blueberries
- Acai bowls are featured seasonally at the elementary schools, only using Sambazon Acai that is hand-harvested by local farms, certified organic & fair trade
- Each week, Piazza Pizza is offered at all three elementary schools on a rotating basis
- We make all our soups from scratch, including gluten-free chicken noodle
- We feature Yakisoba noodles for ramen & offer a rice noodle for those with a gluten allergy
- Water filling stations are available at each school
- **We never cook vegetables with butter or salt**
- **We never use margarine**
- **We never serve soda, candy, chocolate bars, or gummy fruits**
- **We never serve peanuts, tree nuts, sesame, high-fructose corn syrup, or red dye 40**

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How Do I Pay for School Lunch?

MySchoolBucks is the District's online service for managing your lunch account.

MySchoolBucks provides real time access to view your purchasing activity, account balances & a convenient way to make payments online. It's as easy as following the simple directions provided to set up & access your account for immediate use.

Go to www.myschoolbucks.com or download the mobile app & register for your free account.

We are here to help: If you are interested in applying for the Free & Reduced Lunch Program, please complete an application & return it with proof of income to Wendy Wels in Student Services.



Lunch Account Reminders:

Your account must remain in good standing in order to continue making purchases. Please make every effort to monitor your account balance.

A great way to avoid service fees:

Cash or checks (made payable to: RCSD, include the student's name) are always accepted at the register in our school cafeterias to make purchases or fund an account & avoid service fees. However, cashiers are unable to provide change.

If you need assistance obtaining your PIN please contact the school cafeteria or the district food service office.

Where Can I Find Menus?



Menus can be viewed online, so visit our page on the [District website](#). Nutrislice can be a great resource for reviewing the nutritional value of the food being served in our cafeterias.

Food Restrictions can be added to your student's food service account by contacting Stacey Falcone, Director of Food Service



September Menu Highlights @ the Elementary Schools:

- Kindergarten Bring Your Parent to Lunch
- Penne Pasta Rosé
- Taco Bowl
- GF Veggie Roll Sushi
- Grilled Tofu

RCSD & the National School Lunch Program

The Rye City School District does not participate in the National School Lunch Program (NSLP), so it is not eligible to participate in the new NYS Universal Free School Meals Program. We have taken a different approach -- one that allows us to offer freshly prepared meals, larger portion sizes, fresh fruits & vegetables, & ethnic dishes that the Program does not permit. Please note that we continue to provide free & reduced-price meals for families who qualify under NYS eligibility requirements.

If you are interested in applying for the Free & Reduced Lunch Program, please visit our page on the [District website](#). Applications are available here in [English](#) and [Spanish](#). Complete an application & return it to Wendy Wels, Student Services. **Proof of income is required.**

Pros & Cons of Participating in NSLP

If We Participate...

- ✓ All students eat free
- ✓ Simplifies access for families
- ✓ Increases meal participation
- ✗ Strict USDA/state rules limit menu options
- ✗ Risk of program deficits the District must cover
- ✗ Reimbursement may not cover actual costs
- ✗ May require additional staff/equipment

If We Do Not Participate...

- ✓ Ability to maintain menu quality & flexibility
- ✓ More freedom to adjust menus to reflect student preference
- ✓ More control over how meals are served & funded
- ✓ Program remains financially sustainable for the District
- ✓ Avoids staffing & equipment shortages from higher demand
- ✓ Avoids sudden expansion costs
- ✓ Preserves revenue from paid meals to reinvest in food service