

Curriculum Overview: Boys Football

Term / Length of Unit	Outline	Assessment	Resources	Knowledge/Skills End Points		Assessment End Point	Reading and Literacy
Year 7 (8-10 lessons)	<ul style="list-style-type: none"> Introduction to tennis rules and court layout Basic strokes: forehand, backhand Simple rallying and cooperative play Basic scoring system 	<ul style="list-style-type: none"> Teacher observation of technique and engagement Peer/self-assessment of stroke execution Short quiz on rules and court layout 	<ul style="list-style-type: none"> Mini tennis rackets and foam balls Marked courts or temporary lines Visual aids and posters Video demonstrations 	<ul style="list-style-type: none"> Demonstrate correct grip and basic stroke technique Sustain a short rally with a partner Move effectively to position for shots 	<ul style="list-style-type: none"> Understand basic rules and court layout Identify key areas of the court Recognise basic scoring terms 	<ul style="list-style-type: none"> Demonstrate forehand and backhand in isolation and rally Explain basic rules and scoring Sustain a rally of 5+ shots 	<ul style="list-style-type: none"> Grip, Forehand, Backhand, Rally, Court, Net, Serve, Baseline
Year 8 (8-10 lessons)	<ul style="list-style-type: none"> Refinement of forehand/backhand Introduction to volley Basic tactical awareness Singles and doubles play 	<ul style="list-style-type: none"> Skill drills (e.g., target accuracy) Modified game performance Peer feedback and video analysis 	<ul style="list-style-type: none"> Full-size rackets and tennis balls Target cones/hoops Tactical diagrams Video recording tools 	<ul style="list-style-type: none"> Controlled forehand, backhand, volley Effective movement and positioning 	<ul style="list-style-type: none"> Understand basic tactics (e.g., positioning) Know roles in singles vs doubles Apply rules in modified games 	<ul style="list-style-type: none"> Serve into correct area 3/5 times Rally with varied strokes Apply positioning and tactics in game play 	<ul style="list-style-type: none"> Volley, Serve, Rally, Positioning, Doubles, Singles, Spin
Year 9 (8-10 lessons)	<ul style="list-style-type: none"> Focus on accuracy of forehand/backhand Introduction to serve Building tactical awareness Singles and doubles play 	<ul style="list-style-type: none"> Skill drills (e.g., target accuracy) Modified game performance Peer feedback and video analysis 	<ul style="list-style-type: none"> Full-size rackets and tennis balls Target cones/hoops Tactical diagrams Video recording tools 	<ul style="list-style-type: none"> Controlled and accurate forehand, backhand, volley Effective movement and positioning Fluent movement of the serve 	<ul style="list-style-type: none"> Understand basic tactics (e.g., positioning) Know roles in singles vs doubles Apply rules in modified games Understanding of movements 	<ul style="list-style-type: none"> Serve into correct area 3/5 times Rally with varied strokes Apply positioning and tactics in game play 	<ul style="list-style-type: none"> Volley, Serve, Rally, Positioning, Doubles, Singles, Spin

Year 10 (8-10 lessons)	<ul style="list-style-type: none"> Advanced groundstrokes and spin Serve and return strategies Game rules and etiquette Introduction to match play 	<ul style="list-style-type: none"> Match scoring and tactical decision-making Self-reflection journals Peer coaching 	<ul style="list-style-type: none"> Match scorecards Tactical scenario cards Peer coaching sheets 	<ul style="list-style-type: none"> Use topspin/backspin effectively Vary serve and return strategies Tactical shot selection 	<ul style="list-style-type: none"> Understand full scoring system (deuce, advantage) Apply tactical principles in match play Recognise opponent strengths/weaknesses 	GCSE PE Spec	<ul style="list-style-type: none"> Topspin, Backspin, Strategy, Return, Advantage, Deuce
Year 11 (8-10 lessons)	<ul style="list-style-type: none"> Refining all strokes under pressure Match play with tactical focus Fitness for tennis (agility, endurance) Use of shots depending on oppositions strengths Variation of shots 	<ul style="list-style-type: none"> Match scoring and tactical decision-making Self-reflection journals Peer coaching Video analysis 	<ul style="list-style-type: none"> Match scorecards Tactical scenario cards Peer coaching sheets 	<ul style="list-style-type: none"> Use topspin/backspin effectively Vary serve and return strategies Tactical shot selection Identification of weaknesses of opposition 	<ul style="list-style-type: none"> Understand full scoring system (deuce, advantage) Apply tactical principles in match play Recognise opponent strengths/weaknesses 	GCSE PE Spec	<ul style="list-style-type: none"> Topspin, Backspin, Strategy, Return, Advantage, Deuce