

Curriculum Overview: Handball

Term / Length of Unit	Outline	Assessment	Resources	Knowledge/Skills End Points	Assessment End Point	Reading and Literacy
Year 7 (6 lessons)	N/A	N/A	N/A	N/A	N/A	N/A
Year 8 (8-10 lessons)	<p>Outwitting an opponent: Pupils will further develop the ability to outwit opponents and teams using strategies and tactics.</p> <p>Developing Physical & Mental Capacity Develop ability to perform sustained physical movements as part of a warm up and small sided game activities.</p> <p>Development & Replication of Skills Pupils will further develop the fundamental principles of play when selecting and replicating core skills and movements</p> <p>Problem Solving, Challenges & Making Decisions Pupils will be constantly faced with strategic and tactical decisions based on movement of the ball into space and choice of skill execution.</p> <p>Problem Solving, Challenges & Making Decisions . Pupils will learn to prepare for and recover from exercise safely and effectively and to know the principles used. Suggest any</p>	<p>Assessment will be carried out at end of the activity block. Students will be graded in line with GCSE assessment criteria. Scores to be inputted into tracker at the end of each activity block.</p> <p>Maximum score of 20* in year 8. *Exceptional students may exceed this mark after consultation with other department members.</p>	<p>Hand Balls Bibs Cones Goals</p>	<p>1.Replication of core skills (Passing and receiving, Shooting, Pivoting)</p> <p>2. Outwitting an opponent to gain possession</p> <p>3. Understanding of game rules and team play</p> <p>4.Development of decision making/problem solving</p>	<p>Demonstrate the core skills of shooting, passing/receiving, dribbling and start to apply to a competitive situation and begin to gain understanding of the game.</p>	<p>Subject Specific Words: Goal keeper Zone Passing Catch Target dribble</p> <p>Academic vocabulary: -teamwork -communication -leadership -core skills -technique Rules and regulation (laws) Outwitting organisation decision making</p> <p>Reading Strategy: - Visual Demonstration - Extended Questioning</p>

	handball clubs within the school and in the community. Evaluating and Improving Pupils will understand the concept of games activities and make effective evaluations of strengths and weaknesses in performance.					<ul style="list-style-type: none"> - Detailed Explanations - Live Modelling - Self/Peer Assessment - Group Discussion - Manual and Mechanical Guidance
Year 9 (8-10 lessons)	<p>Outwitting an opponent: Pupils will continue to develop the ability to outwit opponents and teams using strategies and tactics.</p> <p>Developing Physical & Mental Capacity Physical warm up's aid as a useful fitness tool in developing and testing pupil's physical capacity.</p> <p>Development & Replication of Skills Pupils will further develop the fundamental principles of play when selecting and applying core skills.</p> <p>Problem Solving, Challenges & Making Decisions Pupils should be able to recognise the importance of responding to changing situations and increase the speed of decisions made.</p> <p>Making Informed Choices About Healthy, Active Lifestyle Pupils will learn to prepare for and recover from exercise safely.</p> <p>Evaluating and Improving Be able to understand the concept of attack and defence and make effective evaluations of strengths and weaknesses of a team's performance.</p>	<p>Assessment will be carried out at end of the activity block. Students will be graded in line with GCSE assessment criteria. Scores to be inputted into tracker at the end of each activity block.</p> <p>Maximum score of 25* in year 9. *Exceptional students may exceed this mark after consultation with other department members.</p>	<p>Handballs</p> <p>Bibs</p> <p>Cones</p> <p>Goals</p>	<p>1. Develop possession and attack as a team</p> <p>2. Replication of advanced skills (Passing variations, Shooting techniques, dodging skills.)</p> <p>3. Understanding set plays, ways to create scoring opportunities and implementation of rules</p> <p>4. Developing Reflective learners/Creative thinkers/Self managers</p>	<p>Demonstrate a wide range of core skills using correct technique and decision making in a competitive situation. Understand and apply the rules of the game and start to apply strategies as a team and individually to outwit an opponent offensively and defensively.</p>	<p>Subject Specific Words: bounce pass overhead javelin chest under arm spin jump shot zonal marking</p> <p>Academic vocabulary: - strategy - problem solving</p> <p>Reading Strategy: - Visual Demonstration - Extended Questioning - Detailed Explanations - Live Modelling - Self/Peer Assessment - Group Discussion - Manual and Mechanical Guidance</p>

Year 10	Students build core technical skills in Handball, develop understanding of rules and positions, and begin applying tactics in conditioned games. Emphasis is on participation, accuracy of skill execution, and introduction to tactical awareness.	N/A	Handballs Bibs Cones Goals	<p>Perform core actions (passing, catching, dribbling, pivoting) with basic technical accuracy—some control, fluency, and consistency</p> <p>Participate effectively in conditioned drills and small-sided games, showing developing spatial awareness and basic decision-making.</p> <p>Begin to communicate and coordinate with teammates during play (e.g. calling for passes, supporting positioning).</p> <p>Show inconsistent but emerging tactical awareness, adjusting actions to opponents with variable success</p> <p>Apply basic knowledge of rules, ensuring safety in game contexts.</p>	N/A	Subject Specific Words: bounce pass overhead javelin chest under arm spin jump shot zonal marking
Year 11	Students refine advanced technical skills, apply tactical knowledge in competitive settings, and demonstrate leadership and decision-making in line with GCSE assessment criteria.	N/A	Handballs Bibs Cones Goals	<p>Demonstrate technical accuracy with precision, control, and fluency across Handball skills (passing/catching on the move, dribbling under pressure, pivoting effectively, shooting under pressure)</p> <p>Apply tactical changes effectively and consistently, responding to opponents' actions to create scoring opportunities or disrupt play</p> <p>Adapt to changing competitive conditions with effective decision-making, dominate specific gameplay scenarios, and demonstrate leadership on court</p> <p>Maintain effective communication and coordination with teammates—</p>	N/A	Subject Specific Words: bounce pass overhead javelin chest under arm spin jump shot zonal marking

				calling plays, organizing defense, supporting attacking options. Consistently enforce rules and safety expectations, modeling fair play and awareness of legal tactics and behaviors.		
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