

Laguna Beach Unified School District

Board of Education Resolution No. 25-20 Supporting Efforts to Optimize Computer Screen Time and Reduce Excessive Computer Screen Time

WHEREAS, the Board of Education of Laguna Beach Unified School District is committed to supporting the health, well-being, and academic success of all students; and

WHEREAS, research indicates that excessive computer screen time may negatively impact student health, including sleep, vision, attention, and social-emotional well-being, while balanced and purposeful technology use can enhance learning and engagement; and

WHEREAS, the district recognizes that technology is an essential tool for 21st-century learning, but that such use must be developmentally appropriate, intentional, and aligned with instructional best practices; and

WHEREAS, teachers, staff, parents, and students have expressed interest in strategies that provide a healthy balance between digital learning and non-screen activities such as reading, writing, discussion, collaboration, hands-on projects, physical movement, and creative expression; and

WHEREAS, the district is committed to fostering an environment that develops responsible digital citizens and models healthy technology habits;

NOW, THEREFORE, BE IT RESOLVED that the Board of Education of Laguna Beach Unified School District supports district efforts to:

1. Review and monitor classroom practices and curricular expectations to ensure that student screen time is optimized for learning and minimized where unnecessary.
2. Develop districtwide guidelines for age-appropriate, instructional use of technology that balance screen-based and non-screen-based learning activities.
3. Provide professional development for teachers and staff on effective strategies to balance technology integration with non-digital instructional practices.

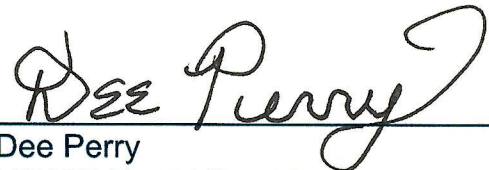
4. Collect and analyze data on student screen time across grade levels and subjects to guide decision-making.
5. Collaborate with families to promote healthy screen use at home and at school.

BE IT FURTHER RESOLVED, that the Board directs the Superintendent to report annually on district progress toward optimizing student screen time, including successes, challenges, and next steps.

PASSED AND ADOPTED by the Governing Board on September 11, 2025, by the following vote:

AYES:	5	Members:	Hills, Kelly, Malczewski, Morgan, Perry
NOES:	0	Members:	
ABSENT:	0	Members:	

STATE OF CALIFORNIA)
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COUNTY OF ORANGE)


Dee Perry
LBUSD Board President