

**Laguna Beach Unified School District**

**Board of Education Resolution No. 25-20 Supporting Efforts to Optimize Computer Screen Time and Reduce Excessive Computer Screen Time**

**WHEREAS**, the Board of Education of Laguna Beach Unified School District is committed to supporting the health, well-being, and academic success of all students; and

**WHEREAS**, research indicates that excessive computer screen time may negatively impact student health, including sleep, vision, attention, and social-emotional well-being, while balanced and purposeful technology use can enhance learning and engagement; and

**WHEREAS**, the district recognizes that technology is an essential tool for 21st-century learning, but that such use must be developmentally appropriate, intentional, and aligned with instructional best practices; and

**WHEREAS**, teachers, staff, parents, and students have expressed interest in strategies that provide a healthy balance between digital learning and non-screen activities such as reading, writing, discussion, collaboration, hands-on projects, physical movement, and creative expression; and

**WHEREAS**, the district is committed to fostering an environment that develops responsible digital citizens and models healthy technology habits;

**NOW, THEREFORE, BE IT RESOLVED** that the Board of Education of Laguna Beach Unified School District supports district efforts to:

1. Review and monitor classroom practices and curricular expectations to ensure that student screen time is optimized for learning and minimized where unnecessary.
2. Develop districtwide guidelines for age-appropriate, instructional use of technology that balance screen-based and non-screen-based learning activities.
3. Provide professional development for teachers and staff on effective strategies to balance technology integration with non-digital instructional practices.

4. Collect and analyze data on student screen time across grade levels and subjects to guide decision-making.
5. Collaborate with families to promote healthy screen use at home and at school.

**BE IT FURTHER RESOLVED**, that the Board directs the Superintendent to report annually on district progress toward optimizing student screen time, including successes, challenges, and next steps.

**PASSED AND ADOPTED** by the Governing Board on September 11, 2025, by the following vote:

AYES: 5 Members: Hills, Kelly, Malczewski, Morgan, Perry  
NOES: 0 Members:  
ABSENT: 0 Members:

STATE OF CALIFORNIA )

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COUNTY OF ORANGE )

  
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Dee Perry

LBUSD Board President