CISD School Health Advisory Council Minutes

Date: 9-10-2025
Time: 9 AM - 11:00 AM
Facilitator: Mr. Rodrigo Hernandez

In Attendance:

Assistant Director of Special Education, Project Manager ACE CCLC, Family Engagement Specialist CCLC, Public Relations Manager, Secondary C&I Clerk, Assistant Director Data & Accountability, District Testing Coordinator, Director Child Nutrition Program, Child Nutrition Program Finance Director, Clint ISD Head Nurse, Chief Technology Officer, Public Relations Secretary, Benefits Coordinator, Benefits Clerk, Director of Human Resources, Translator, Teachers/Coaches and Parents.

Minutes by:

Silvia Castro, Secondary Curriculum and Instruction Clerk

Presenter: Mr. Rodrigo Hernandez

Notes:
Introduction of speakers - Rodrigo Hernandez
Clint ISD core values and explanations to the committee.

Agenda: Overview

- Greeting and welcome
- Family survey - QR codes on table
- Introduction of SHAC
- Presentation
    - Circles with Ms. Bailon, Director of Counseling & Guidance
    - Cyber Awareness & Security by Mr. Alex Bustillos, FBI
    - Child Nutrition Program with Program Directors
    - Questions & Answers
    - Conclusion: Next Meeting-November 19, 2025

Mr. Rodrigo Hernandez, Assistant Director of Special Education began meeting at 9:00 a.m., welcomed all attendees, and thanked them for attending.

Introduction of meeting, Clint ISD Core Values, SHAC overview, SHAC Team Introduction and Family Survey

SHAC overview. .

What is SHAC? School Health Advisory Council. SHAC meeting requirements; we are required to have 4 meetings and send out communications to the community at least 2 weeks in advance. Flyers sent out to campus. All calls were also done to reach out to the community. Meetings are being audio and video recorded. After our meeting this morning, we have 10 days to post the meeting agenda, minutes and video on our website.

- Introduction of the SHAC team

Family Survey

Scan the QR Code for our Family Survey.

Circle Up Experience by Ms. Angie Bailon

- Circles presentation-Participation from everyone present- to stand and make a circle. This is where everyone is important and heard. Using the Koala where everyone has an opportunity to speak. How are you feeling today? On a scale of 1-5. Say your name, your role and how are you feeling today? The microphone is passed around in the circle for everyone to say their name, role, their number and how they are feeling.

- Regulated and Dysregulated brain. There are different ways to regulate our brain to read, we can do visualization. We can read or visualize. Visualize, close your eyes, breathe in, breathe out, relax, imagine strong roots growing . I am safe, I am grounded. Think of one person or one thing you are grateful for today. Provides examples of regulated brain state and how she went into a dysregulated brain state. The brain is trying to keep us safe. When was the last time you felt a dysregulated state? What did you do to get back to a regulated state? Provided an example of what she did to help her get to a regulated state.

- What does this have to do with Circles?
    - Quick check, how are you doing and how can we help? Students are coming in a dysregulated state and with this we can help them get regulated. The circle is a tool to help them, to get these tools and apply them. Tools are structured, students are safe, regulated and academic success will follow.
- Implementing Circles at schools and also at departments. This helps students feel confident and safe.
- What do School Counselors do?
    - Guidance/Teaching, Individual Planning, Responsive Services and System Support
    - New law SB 12 requires parent consent regarding brief counseling.

Parent- Parent consent form?

Ms. Bailon-It explains all the options in the Parent Consent form. We will have meetings and have more information soon.

<u>Cyber Awareness & Security by Mr. Alex Bustillos, Special Agent with the FBI.</u>

- Several years of experience in the FBI.
    - The reality of what is out there. Mr. Bustillos went to the same high school as the superintendent Dr. Martinez. He has coached football and track in high school. He knows it is not easy to be an educator.. Used to teach math & statistics.

- 80% of all new child sexual abuse material is self produced.
    - Apps your children are on. Not all applications are bad.

- Video-Popular games used to lure kids.
    - Who can you trust? No one. Trust yourself and that your kids are doing the right thing.
    - The best thing you can do for your children is talk to them;let them know you have an open door policy and they can talk to you.
    - Now it's all at the touch of a button. Why because as a society this is what we have become. We don't talk anymore. We need to take care of each other.

- What is ok to post?
    - What do moms do at the start of every school year?
    - Take pictures of their children and post them online.
    - Do you know who you are sharing this information with?
    - What did you share? His school, his name. You just told the whole world. Not just family members. When you take a picture, your phone has data of time, but most importantly and dangerously: latitude and longitude.
    - Know who you are sharing it with. If you don't know, do not accept the request.

- Video-Internet Phishing.
    - Facebook accounts with a true date of birth, true telephone number, and you wonder why your identity is being stolen

- Interactive-Go to true finder.com or whitepages.com and search for someone. This is a data website. If you can't find yourself, try another one. Why is all your information here? At one time you filled out your information for a mortgage application, etc.
    - Make your digital footprint as small as possible.
      Hidden Vault- Only function calculator. When installing it, type your passcode. You cannot see the information. Get your child's phone and go through their history, gallery and inappropriate pictures are in there.
    - This app is from 2011.
    - Seventy 2nd & 3rd grade students used this to share pornography in 2011

- Video-Think before you post. School Threats are no joke.
    - Story where a student in a plane, used an airdrop, he named his phone- he had a bomb. So the plane returned. Mother was contacted. At the end of the day. They had to pay restitution fees to American Airlines-$40,000. This is being taken seriously.

- Video- Picture of a small child, artificial intelligence made a future video with voice.
    - What you share online is a digital footprint. Protect your privacy.
    - Whatever you share online you will never be able to get back.
    - Servers are known to be hacked. What you shared is somewhere out in the world.

- The bottom 10% is the dark web. Anonymous but not for the FBI.

- Video-Search Warrants.
    - Shares a story-someone after a search warrant, was being interviewed and after 30 minutes into the interview he denied it was him. Then 50 minutes into the interview, he says he admires serial killers. His role model is a serial killer.
    - They have fake social media accounts as kids and talking to kids. Know who your kids are talking to.

- Video-Don't click on links and files of a person you don't know.
    - Sexortion. Different kinds. Gore Groups- They start by building trust. Look for signs. Do spot checks. If something does not feel right, it's not right.
    - MVE's-terrorits-they want to decentralize us. Cult-they are telling kids to cut themselves.

- Video-Website-Help take it down.
    - It's a dark , dark world. We can't do anything if you don't help us.
    - We can't help you if you don't know what is going on.

- Presentations can be done as a feeder pattern.

Parent : Question: BPM number a good thing?

Mr. Bustillos: Absolutely, yes it's a good thing. Also Life 360. You are the parent, they are the kid. Everything has a downfall with technology.

Securely by Ms. Gisela Lucero: In our district we have Securely.

- What it does is, it tells you what they are searching for throughout the day.
- As a parent you can download this application. It gives you activity feed, flags. Shows activity all the time. We get notifications. There is a team that takes these calls and notifies the campus with these types of searches that are outcry or inappropriate.

Child Nutrition Program Updates by Mr. Carlos Villalobos

- We are looking for a Menu Advisory Board.
- Upcoming limited time options for September, October, November and December.
- Partnering with the District Public Relation team to strengthen outreach.
- **Marketing by Ms. Sara Borrego:** Message to parents, community, staff and students. Our promotions are found on our website and social media.
- Vending machines are in Horizon High School, Mountain View High School and Clint High School. Students are able to enter their student ID and birthdate and are able to get a smoothie, protein bar, a quick grab and go meal.
- New tables in the middle schools with the school logos.

This concludes today's meeting.

Meeting recording available online at www.clintweb.net

Next Meeting :
November 19, 2025
9 AM - 12 PM
Central Office
Board Room (700)