

OUR MISSION

We exist to provide community resources and support to families in the pursuit to create well-adjusted and confident children.

WE BELIEVE

- Strong families influence a child's well-being by providing guidance, skills and motivation.
- Families can change their environment to meet the situational challenges that affect most families.
- School and parents need to work together to achieve home and school success.



Contact Us!



(716) 362-3071



familysupportcenter@amherstschools.org

Visit Us!



Located at:
St. Paul's Lutheran Church
4007 Main Street
Amherst, NY 14226



Directions to the
Family Support
Center



AMHERST CENTRAL
FAMILY SUPPORT
CENTER



Where mental health matters and strong families succeed



THE FAMILY SUPPORT CENTER PROVIDES...

- Assessment of student & family needs
- Information & linkage to community resources
- Family Therapy with Horizon Health Services
- Parenting Programs
- One-on-one parent consultation
- Educational Presentations & Workshops
- School re-entry counseling
- Training & staff development
- Social Emotional lending library
- Community wellness events

HOW DO I GET HELP FOR MY FAMILY?

- Contact your child's school counselor, psychologist or social worker.
- Contact the Amherst Central Family Support Center directly at 716-362-3071.

WHAT WILL IT COST?

Many of the services and group sessions are free, however if you receive individual or family counseling with one of our partner agencies, it may go through your insurance.

*All students and families that live in the boundaries of the Amherst Central School District are eligible

MEET THE FSC STAFF

JULIANE GROVER FSC LIAISON & SCHOOL COUNSELOR



A Certified School Counselor with two decades of experience dedicated to making a positive impact in the lives of children facing social, emotional and behavioral challenges. She is passionate about family engagement, creating partnerships with community providers, and fostering vital connections between students, families, and the Amherst Central School District community.

MARLANA HOWARD, LCSW



A Licensed Clinical Social Worker with a proficiency in individual and group counseling, she specializes in child and adolescent counseling as well as postpartum and parenting issues. Her vast clinical knowledge and engagement expertise has made her an incredibly valued member at Amherst Central's Family Support Center.

CHECK OUT OUR WEBSITE



For more information, resources and our calendar of events.

**IF YOU OR YOUR CHILD
ARE IN CRISIS AND NEED
IMMEDIATE ASSISTANCE,
PLEASE CALL 988 OR :**

Crisis Services Kids Helpline
(716) 834-1144