NORWALK - LA MIRADA
UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

Freshmen 101:
Credits and GPA



Pre-Survey

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NORWALK - LA MIR
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AGENDA

1. HIGH SCHOOL GRADUATION REQUIREMENTS

2. UNDERSTANDING CREDITS, GPA & TRANSCRIPTS



ASCA Student Standard

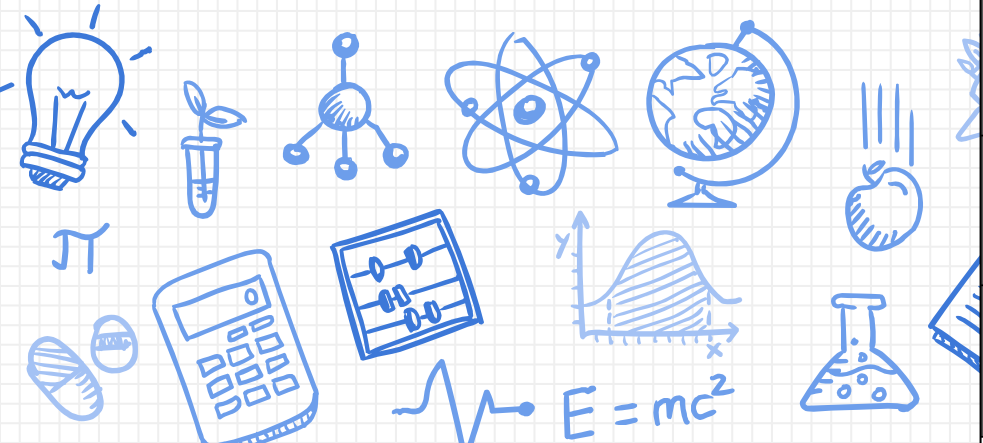
B-LS 7.
Long- and short-term academic, career and social/emotional goals



LEARNING OBJECTIVE

By the end of this lesson, students will identify the total number of credits and cumulative GPA required to meet the long-term academic goal of graduating from high school.

LMHS COUNSELORS!



COUNSELOR	Alpha Counselor	Academic Pathway	Phone Number	Email
Mrs. Lopes Ext. 525113	A - Dang	APPLE	(562) 210- 3328	llopes@ nlmusd.k12.ca.us
Ms. Mota Ext. 525817	Dargo-Hernandez	Biomedical Science	(562) 210-3427	dmota@ nlmusd.k12.ca.us
Mr. Hallum Ext. 525118	Herrera-Montoya	VAPA	(562) 210- 3333	dhallum@ nlmusd.k12.ca.us
Mr. Sahagun Ext. 525120	Moody-Salazar	ACE	(562) 210- 3335	dsahagun@ nlmusd.k12.ca.us
Mrs. Nguyen Ext. 525112	Salcido-Z	Engineering	(562) 210-3378	mnguyen@ nlmusd.k12.ca.us
Mr. Arenzana Ext. 525119	Intervention 9th - 12th Grade	AVID	(562) 210-3334	jarenzana@ nlmusd.k12.ca.us
Ms. Hamilton Ext. 525124	College and Career 9th - 12th Grade	Public Safety, Sports Medicine, Welding	(562) 210-3338	mhamilton@ nlmusd.k12.ca.us

WHY SHOULD I MEET WITH MY COUNSELOR?

- ✘ Set goals for High School
- ✘ Create academic and career plans
- ✘ Problem solving
- ✘ Individual and small-group counseling
- ✘ Emotional/Personal concerns
- ✘ Individual/family/school crisis intervention
- ✘ Bullying/harassment
- ✘ Referrals *if necessary*
- ✘ See something Hear something → Say something!



NLMUSD is committed to making our schools safe and supportive for ALL students.

Need someone to talk to? We are available to meet with you and/or your family to figure out how we can best support.









HIGH SCHOOL SUCCESS BEGINS WITH YOU!

SUBJECT AREA	Years	Credits
LANGUAGE ARTS	4 years	40
SOCIAL SCIENCE	3 years	30
SCIENCE	3 years	30
MATHEMATICS	3 years	30
PHYSICAL EDUCATION	2 years	20
FINE ARTS, WORLD LANG, CAREER TECH ED (CTE)	2 years	20
TOTAL ELECTIVE CREDITS		50
TOTAL MINIMUM CREDITS		220



GRADES MATTER!!



HIGH SCHOOL

- ✘ **Minimum 2.0 GPA required for Graduation**
- ✘ Sports Eligibility 2.0 GPA required.



AFTER HIGH SCHOOL

- ✘ Meet requirements and be competitive for college admission & other post-secondary options
- ✘ Earn Scholarships for College (FREE MONEY!)



HIGH SCHOOL REQUIREMENTS

- ✘ How do I earn credits?
- ✘ What grades are PASSING?
- ✘ What grades are FAILING?
- ✘ **What is the minimum cumulative GPA and total number of credits to graduate high school?**

GRADUATION REQUIREMENTS
EARN 220 TOTAL CREDITS & 2.0 CUMULATIVE GPA
BREAK DOWN:
9TH GRADE= 60 CREDITS
10TH GRADE= 120 CREDITS
11TH GRADE= 180 CREDITS
12TH GRADE= 240 CREDITS

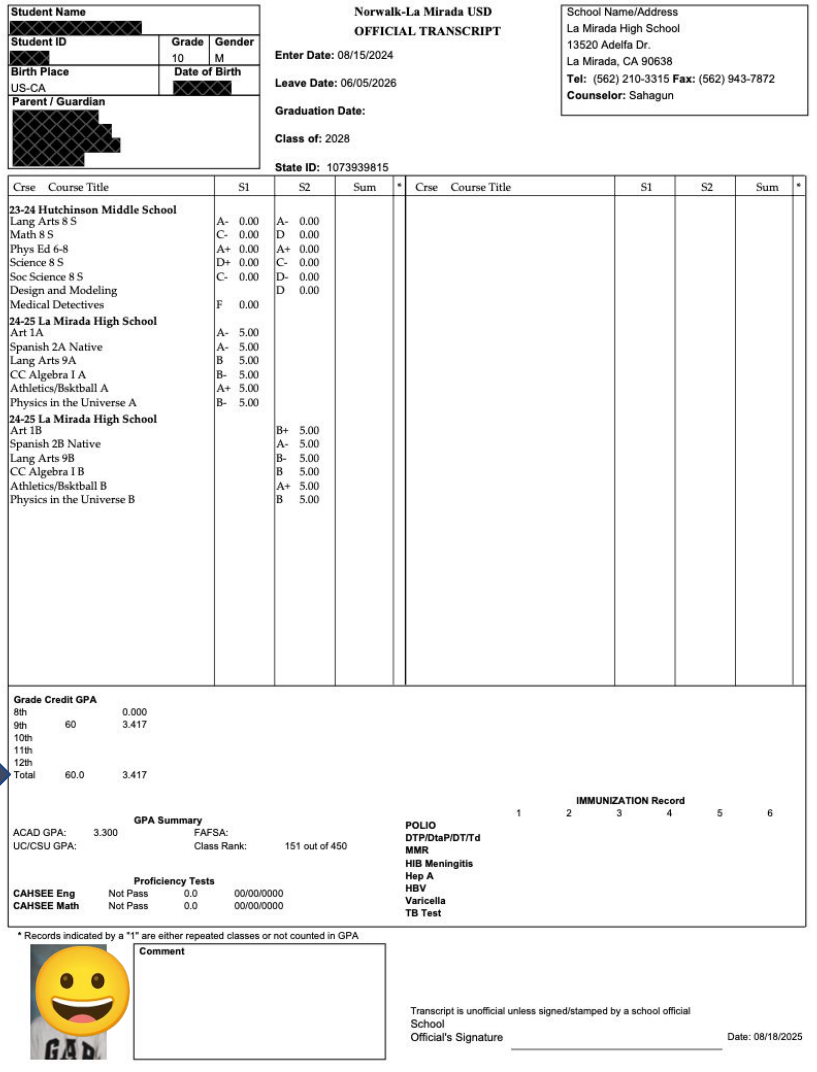
HIGH SCHOOL REQUIREMENTS REVIEW

- **How do I earn credits?**
  - Credits are earned by receiving a passing grade in your classes (5 credits per class)
- **What grades are PASSING?**
  - A, B, C, or D
- **What grades are FAILING?**
  - F
- **What is the minimum cumulative GPA and total number of credits to graduate high school?**
  - 2.0 GPA and 220 CREDITS



- A transcript is an official record of the classes, credits and grades we earn throughout all four years of high school.
- Semester grades are the grades that go on your transcript.
- Colleges will ask to see a copy of your transcript to verify that you graduated from high school and met the College Entrance (A-G) requirements.

HOW DO I READ A TRANSCRIPT at the end of 9th grade?



Student Name [redacted]

Student ID [redacted] | **Grade** 10 | **Gender** M

Birth Place US-CA | **Date of Birth** [redacted]

Parent / Guardian [redacted]

Norwalk-La Mirada USD
OFFICIAL TRANSCRIPT

Enter Date: 08/15/2024
Leave Date: 06/05/2026
Graduation Date:
Class of: 2028
State ID: 1073939815

School Name/Address
La Mirada High School
13520 Adelfa Dr.
La Mirada, CA 90638
Tel: (562) 210-3315 **Fax:** (562) 943-7872
Counselor: Sahagun

Crse	Course Title	S1	S2	Sum	*
23-24 Hutchinson Middle School					
	Lang Arts 8 S	A- 0.00	A- 0.00		
	Math 8 S	C- 0.00	D 0.00		
	Phys Ed 6-8	A+ 0.00	A+ 0.00		
	Science 8 S	D+ 0.00	C- 0.00		
	Soc Science 8 S	C- 0.00	D- 0.00		
	Design and Modeling		D 0.00		
	Medical Detectives	F 0.00			
24-25 La Mirada High School					
	Art 1A	A- 5.00			
	Spanish 2A Native	A- 5.00			
	Lang Arts 9A	B 5.00			
	CC Algebra I A	B- 5.00			
	Athletics/Bsktball A	A+ 5.00			
	Physics in the Universe A	B- 5.00			
24-25 La Mirada High School					
	Art 1B		B+ 5.00		
	Spanish 2B Native		A- 5.00		
	Lang Arts 9B		B- 5.00		
	CC Algebra I B		B 5.00		
	Athletics/Bsktball B		A+ 5.00		
	Physics in the Universe B		B 5.00		

Crse	Course Title	S1	S2	Sum	*

Grade Credit GPA

8th		0.000
9th	60	3.417
10th		
11th		
12th		
Total	60.0	3.417

GPA Summary

ACAD GPA: 3.300
UC/CSU GPA:
FAFSA:
Class Rank: 151 out of 450

Proficiency Tests

CAHSEE Eng	Not Pass	0.0	00/00/0000
CAHSEE Math	Not Pass	0.0	00/00/0000

IMMUNIZATION Record

	1	2	3	4	5	6
POLIO						
DTP/DtaP/DT/Td						
MMR						
HIB Meningitis						
Hep A						
HBV						
Varicella						
TB Test						

* Records indicated by a "1" are either repeated classes or not counted in GPA

Comment

Transcript is unofficial unless signed/stamped by a school official
School Official's Signature _____ Date: 08/18/2025

Course Breakdown

Crse	Course Title	S1	S2	Sum
24-25 La Mirada High School				
	Art 1A	A- 5.00		
	Spanish 2A Native	A- 5.00		
	Lang Arts 9A	B 5.00		
	CC Algebra I A	B- 5.00		
	Athletics/Bsktball A	A+ 5.00		
	Physics in the Universe A	B- 5.00		
24-25 La Mirada High School				
	Art 1B		B+ 5.00	
	Spanish 2B Native		A- 5.00	
	Lang Arts 9B		B- 5.00	
	CC Algebra I B		B 5.00	
	Athletics/Bsktball B		A+ 5.00	
	Physics in the Universe B		B 5.00	

Credits/GPA/Class Rank



Grade	Credit	GPA
8th		0.000
9th	60	3.417
10th		
11th		
12th		
Total	60.0	3.417

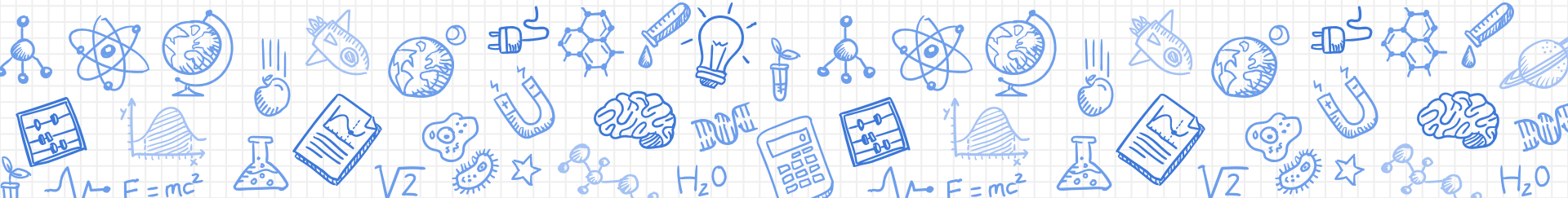
GPA Summary

ACAD GPA:	3.300	FAFSA:	
UC/CSU GPA:		Class Rank:	151 out of 450

Transcript Analysis Activity

With your Team or Partner analyze two transcripts.

1. What is each's student GPA and Credits Earned
2. Discuss if each student is on target for graduation. Why or why not?



Sample Transcript #1

Crse	Course Title	S1	S2	Sum	*	Crse	Course Title	S1	S2	Sum	*
22-23 Benton Middle School											
	Advanced Guitar	A+ 0.00	B- 0.00								
	Advanced Drama	A- 0.00	A+ 0.00								
	Lang Arts 8 Honors S	B 0.00	A- 0.00								
	Math 8 S	C- 0.00	B- 0.00								
	Phys Ed 8	B- 0.00	A 0.00								
	Science 8 Honors S	B 0.00	B- 0.00								
	Soc Sci 8 Honors S	C+ 0.00	C+ 0.00								
	Leadership	A 0.00	A+ 0.00								
23-24 La Mirada High School											
	Guitar A	A- 5.00									
	Spanish 1A	D 5.00									
	Lang Arts 9A H	A- 5.00									
	CC Algebra I A	A- 5.00									
	Athletics/Wrstling	A+ 5.00	A+ 5.00								
	Physics in the Universe A	C- 5.00									
23-24 La Mirada High School											
	Guitar B		A+ 5.00								
	Spanish 1B		C 5.00								
	Lang Arts 9B H		B 5.00								
	CC Algebra I B		B 5.00								
	Physics in the Universe B		C- 5.00								

Grade	Credit	GPA
8th		0.000
9th	60	3.250
10th		
11th		
12th		
Total	60.0	3.250

Sample Transcript #2

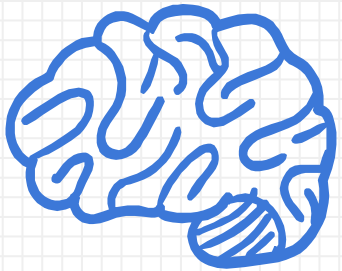
Crse	Course Title	S1	S2	Sum	*
20-21 Benton Middle School					
	Stagecraft	A+ 0.00	A+ 0.00		
	Cartooning	A+ 0.00	A+ 0.00		
	Media Arts	A+ 0.00	A+ 0.00		
	Lang Arts 8 Honors S	A+ 0.00	A+ 0.00		
	Math 8 S	A- 0.00	A- 0.00		
	Phys Ed 6-8	A- 0.00	A+ 0.00		
	Science 8 Honors S	A- 0.00	A- 0.00		
	Soc Sci 8 Honors S	A- 0.00	B 0.00		
21-22 La Mirada High School					
	Spanish 1A	B- 5.00			
	Lang Arts 9A H	A- 5.00			
	CC Mathematics I A	A- 5.00			
	Athletics/Soccer	A+ 5.00			
	Physics in the Universe A	A- 5.00			
	AVID 9 A	A 5.00			
21-22 La Mirada High School					
	Spanish 1B		C+ 5.00		
	Lang Arts 9B H		B+ 5.00		
	CC Mathematics I B		C+ 5.00		
	Athletics/Football		A+ 5.00		
	Physics in the Universe B		B+ 5.00		
	AVID 9 B		A- 5.00		
21-22 La Mirada High School Summer					
	Chemistry in the Earth System A			NC 0.00	1
	Chemistry in the Earth System B			NC 0.00	1
22-23 La Mirada High School					
	Spanish 2A	C 5.00			
	Lang Arts 10A	B 5.00			
	CC Mathematics II A	C- 5.00			
	Athletics/Football	A+ 5.00			
	Chemistry in the Earth System A	C 5.00			
	Wld Hist A	D- 5.00			
22-23 La Mirada High School					
	Spanish 2B		C 5.00		

Crse	Course Title	S1	S2	Sum	*
22-23 La Mirada High School					
	Lang Arts 10B		B- 5.00		
	CC Mathematics II B		B- 5.00		
	Athletics/Track		A+ 5.00		
	Chemistry in the Earth System B		B- 5.00		
	Wld Hist B		B- 5.00		
23-24 La Mirada High School					
	Finance A	A- 5.00			
	Art 1A	A- 5.00			
	Lang Arts 11A	A 5.00			
	CC Algebra II A	D 5.00			
	Living Earth A	A- 5.00			
	US Hist A	A 5.00			
23-24 La Mirada High School					
	Finance B		B- 5.00		
	Art 1B		A 5.00		
	Lang Arts 11B		B- 5.00		
	CC Algebra II B		F 0.00		
	Living Earth B		B- 5.00		
	US Hist B		A 5.00		

Grade	Credit	GPA
8th		0.000
9th	60	3.583
10th	60	2.667
11th	55	3.167
12th		
Total	175.0	3.139

THINK - PAIR - SHARE

What is one new thing that you learned?





Lesson Review

- ✘ It is important to accomplish the long-term academic goal of graduating from high school
- ✘ 220 total credits and a 2.0 cumulative GPA are a requirement for graduation!
- ✘ Use your transcript to monitor your cumulative GPA and total number of credits



Post-Survey

Click Here For Link



THANK YOU!

QUESTIONS?

