

OCTOBER 2025

ELEMENTARY MENU

***Daily Entrees: Peanut Butter and Jelly Uncrustables (Everyday)
OR Yogurt Plate (Mondays, Wednesdays, Fridays)
OR Anytimer (Tuesday and Thursdays)**

**Columbia Public Schools
is an Equal Opportunity
Employer and Provider**

Menus subject to change

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| 29 Wild Mike's Cheese Bites OR Daily Entrées * Spaghetti Dipping Sauce, Seasoned Corn, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk | 30 Chicken Tenders OR Daily Entrées * Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, Whole Grain Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk | 1 Beef Taco Nachos OR Daily Entrées * Ranchero Beans, Seasoned Corn, Garden Bar with Romain Lettuce, Strawberries, Fresh Fruit, Low Fat Milk | 2 Sweet & Sour Chicken with Brown Rice OR Daily Entrées * Seasoned Carrots, Garden Bar with Fresh Broccoli, Mandarin Oranges, Fresh Fruit, Low Fat Milk | 3 Hamburger or Cheeseburger OR Daily Entrées * French Fries, Garden Bar Grape Tomatoes, Applesauce, Fresh Fruit, Low Fat Milk |
| 6 Turkey & Cheese Breadsticks (i.e. Rippers) OR Daily Entrées * Steamed Broccoli, Garden Bar with Red or Orange Fresh Peppers, Whole Grain Oatmeal Granola, Mixed Fruit, Fresh Fruit, Low Fat Milk | 7 Chicken Tenders OR Daily Entrées * Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, Whole Grain Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk | 8 Hard- or Soft- Shelled Beef or Bean Tacos OR Daily Entrées * Refried Beans, Garden Bar with Romaine Lettuce, Grape Tomatoes, Whole Grain Oatmeal Granola, Applesauce, Fresh Fruit, Low Fat Milk | 9 Early Release Chicken Sausages with Waffles OR Daily Entrées * Hot Spiced Apples, Garden Bar, with Baby Carrots, Whole Grain Oatmeal Granola, Cucumber, Mixed Fruit, Fresh Fruit, Low Fat Milk | 10 NO SCHOOL Teacher Workday |
| 13 Pizza Daily Entrees* Seasoned Peas, Garden Bar with Baby Carrots, Blue Berries, Fresh Fruit, Low Fat Milk | 14 Chicken Tenders OR Daily Entrées * Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, Whole Grain Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk | 15 Hamburger or Cheeseburger OR Daily Entrées * French Fries, Baked Beans, Garden Bar with Grape Tomatoes, Applesauce, Fresh Fruit, Low Fat Milk | 16 BBQ Chicken Teriyaki with Brown Rice OR Daily Entrées * Steamed Broccoli, Garden Bar with Cucumber, Pineapple Tidbits, Fresh Fruit, Low Fat Milk | 17 Alfredo Penne Pasta with Breadstick Daily Entrées * Seasoned Green Beans, Garden Bar with Red or Orange Fresh Peppers, Peaches, Fresh Fruit, Low Fat Milk |
| 20 Pizza Crunchers OR Daily Entrées * Spaghetti Dipping Sauce, Seasoned Peas, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk | 21 Chicken Tenders OR Daily Entrées * Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, Whole Grain Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk | 22 Chicken Patty Sandwich OR Daily Entrées * Baked Beans, Garden Bar with Cucumbers, Peaches, Fresh Fruit, Low Fat Milk | 23 Mandarin Chicken with Brown Rice OR Daily Entrées* Steamed Broccoli, Garden Bar with Red or Orange Fresh Peppers, Mixed Fruit, Fresh Fruit, Low Fat Milk | 24 Fish Strips OR Daily Entrées * French Fries, Garden Bar with Grape Tomatoes, Applesauce, Fresh Fruit, Low Fat Milk |
| 27 Wild Mike's Cheese Bites OR Daily Entrées * Spaghetti Dipping Sauce, Seasoned Corn, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk | 28 Chicken Tenders OR Daily Entrées * Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, Whole Grain Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk | 29 Beef Taco Nachos OR Daily Entrées * Ranchero Beans, Garden Bar with Romain Lettuce, Strawberries, Fresh Fruit, Low Fat Milk | 30 Sweet & Sour Chicken with Brown Rice OR Daily Entrées * Seasoned Carrots, Garden Bar with Fresh Broccoli, Mandarin Oranges, Fresh Fruit, Low Fat Milk | 31 Hamburger or Cheeseburger OR Daily Entrées * French Fries, Garden Bar Grape Tomatoes, Applesauce, Fresh Fruit, Low Fat Milk |

Allergen Advisory:

We cannot guarantee that our food is free from any allergens because we use shared space and equipment.